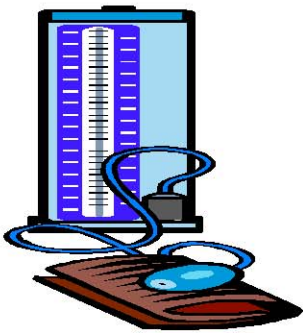


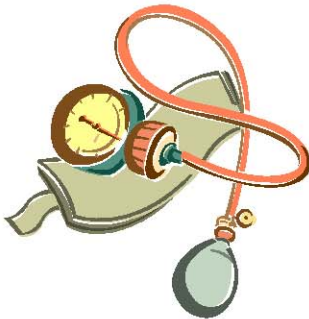
Waukegan Township Park Place Senior Center and Vista Health System

5th Annual Senior Health & Wellness Fair Thursday, April 23, 2009



FREE Health SCREENINGS:

- Blood Pressure Testing
- Cholesterol Screening
- Glucose Screening
(Fasting required up to 8 hours or 2 hours minimum)
- Foot Screening
- Bone Density Testing



FREE WORKSHOPS by Vista Health:

- 9:00am
"The Newest Advancements in Joint & Hip Replacement",
Margie Taylor
- 9:45am
"Heart Disease & Intervention", Dr. Onsager
- 10:30am
"Stroke, Signs and Symptoms", Cathy Goodale

- ✓ Health Care Exhibitors
- ✓ Complimentary Give-Aways
- ✓ Free Lunch
- ✓ Exciting Door Prizes

FREE *Transportation will be provided to
Waukegan Township Residents by reservation only!
Please call 847-244-9242 by Thursday, April 16th to reserve
your space.*



Sponsored by: Waukegan Township & Vista Health System