

New Evening Programs

Programming especially for working people and those desiring evening activities. Ping Pong, Exercise Studio, Card Games, Billiards, & more. Visit us soon! Park Place makes being 55 and over fun!

Tuesday 8:00 am—8:00 pm	Wednesday 8:00 am—8:00 pm	Thursday 8:00 am—8:00 pm
<p>November 4 6:30 pm—Strength & Stamina Exercise</p> <p>November 11 Closed for Veterans Day</p> <p>November 18 6:30 pm—Strength & Stamina Exercise</p> <p>6:00 pm—7:00 pm—Latin Dancing</p> <p>November 25 6:30 pm—Strength & Stamina Exercise</p>	<p>November 5 Board Game Night. ~ play dominoes, chess, scrabble, rummy and other board games.</p> <p>November 12 5:30 —7:00 pm Park Place Music Night ~Bring Your Favorite CD to Park Place</p> <p>November 19 6:30—8:00 pm Ballroom Dancing \$3 per person. Singles invited. Dress up, bring snacks and dance!</p>	<p>November 6 6:00 pm—Gentle Yoga</p> <p>November 13 6:00 pm—Gentle Yoga</p> <p>November 20 6:00 pm—Gentle Yoga</p> <p>November 27 Closed for Thanksgiving</p>

Patricia Jones, Waukegan Township Supervisor

Trustees: Katherine Rothwell-Francis, Mario Pena, Percy L. Johnson, Janet E. Kilkelly
Senior Citizen Service Committee: Ann Conroy, *Chair*, Betty Christmas, *Vice-Chair*, Della Steele, *Secretary*,
 Ezra Banks, Dorothea Bea, Nancy Bjerstedt, Sydelle Brahin, Faith Clark, Robert Conroy, Shirley Goldman, Mattie Hutch,
 Angela Hutten, Janet E. Kilkelly, Sara Lopez, Emma Rodriguez, Gloria Rogers, Rose Sajan, Thomas Strus, Ruth Tyler.

Para información en Español, sobre los programas o servicios que el Waukegan Township Park Place ofrece a los adultos 55 años o más, favor de llamar al

847-244-9242

VISIT THE PARK PLACE GIFT SHOPPE FOR UNIQUE GIFTS, GREETING CARDS & MORE....



RENT THE PARK PLACE DINING ROOM * Reasonable Rates * Full Kitchen * Call 847-244-9242

Park Place Preview

414 South Lewis Ave., Waukegan, IL. 60085
 847-244-9242 * www.waukegantownship.com

Newsletter Editor: Marty Williams

November 2008

Park Place Preview



Dear Friends,



As many of us prepare to **celebrate the holidays** with family and friends, please remember that in the United States, over **4.5 million children** under 18 are growing up in **grandparent headed households**. Often these families **face** legal, emotional and financial **challenges** unlike any others. Waukegan Township provides a **monthly support group** to relatives having **primary responsibility for raising children**. Each month, a **group of 12—25** grandparents, aunts, uncles and other relatives **meet at Park Place with their children**, for approximately 2 hours to discuss topics **relative to their challenging lives**. Call 847-244-9242 to learn more, or plan on attending the next Grandparents Raising Grandchildren Support Group on **Wednesday, November 12 at 5:30 pm** at Park Place. The speaker will discuss Identity Theft.

Help us **honor our Veterans** on **Saturday, November 8**, from **11:30 am—1:30 pm** at Park Place. This **Pre-Veterans Day Tribute** will include a full lunch, speakers and entertainment by the ROTC Drill Team from Waukegan High School.

Waukegan Township and a group of community partners are hosting a **Community Health Fair** on **Saturday, December 6 from 10:00 am—2:00 pm** at Park Place. Parents must complete a **registration form** available at Park Place by November 7 for **free dental screenings** for children by Smiles Illinois Dental. There will also be workshops, motivational speakers, complimentary health screenings, including **HIV testing**, blood pressure, diabetes, and cholesterol. Dr. Katrina Bonaparte will discuss "Healthy Lifestyles for the Entire Family". Call Naveen at **847-244-9242** for information.

Help us celebrate life on **Saturday, November 1st from 1—3 pm** for a **Cancer Awareness Candle Lighting Ceremony** at Park Place. Call 847-244-9242 for reservations.

To further enhance our evening and week end programming, please join our new **"Chicago Line Dancing"** on **Saturdays from 1—3 pm**, beginning November 15.

Auditions for the **5th Annual Musical Extravaganza** benefiting the Staben Center and Staben House will be held **November 18th and 20th** at Park Place. Call 847-274-3274 for information.

Park Place will be closed on **Tuesday, November 11** for Veterans Day and **Thursday, November 27, Friday, November 28** and **Saturday, November 29** for the Thanksgiving Holidays.

Enjoy your holiday!

Patricia Jones
 Waukegan Township Supervisor

Waukegan Township's Park Place Senior Center
 414 S. Lewis Ave., Waukegan, IL. 60085

Phone: 847-244-9242 * Fax: 847-244-9258 * www.waukegantownship.com



November 2008

MOVIES

Tue 4 **Indiana Jones and the Kingdom of the Crystal Skull** PG-13 123 min

Starring: Harrison Ford, Shia LaBeouf, Karen Allen, Cate Blanchett, Ray Winstone, John Hurt – Indiana meets rebellious young Mutt, who carries a grudge against the adventurous archaeologist. If Mutt helps on a mission with deeply personal stakes, Indy could very well make one of the most spectacular archaeological finds in history.

Wed 5 **The Love Guru** PG-13 87 min
Starring: Mike Myers, Jessica Alba, Justine Timberlake, Ben Kingsley – An American was left at the gates of an ashram in India as a child and raised by gurus. He comes back to the U.S. to seek fame and fortune in the world of self help and unorthodox spirituality.

Tue 11 **Closed for Veterans Day**

Wed 12 **Payback** R 93 min
Starring: Costas Mandylor, Angie Everhart, Christopher Atkins – An ex-con escapes and sets out to get even with the cop who put him away.

Tue 18 **The Memory Keeper's Daughter** R 90min
Starring: Dermot Mulroney, Gretchen Mol, Emily Watson, Lita Llewellyn – A doctor and his wife give birth to a set of twins when the husband makes the heartbreaking discovery that one of the children has Down's syndrome. Completely unprepared with the situation, he sends the baby away.

Wed 19 **Short Track** PG 98 min
Starring: Pepper Sweeney, Barabar Niven, Joshua Snyder – The son of a stock car racing legend is a racing champion. The daily life experiences of his family and crew are exposed through unique characters that work and play through the weeks that culminate in 120 mph Saturday nights.

Tue 25 **All She Wants for Christmas** G 100 min
Starring: Monica Keena, Tobias Mehler, Steve Bacic – A woman uncovers secrets while evaluating a Christmas ornament company in her hometown.

Wed 26 **Holiday in Handcuffs** G 120 min
Starring: Melissa Joan Hart, Mario Lopez, Timothy Bottoms, Markie Post – A struggling artist working as a waitress kidnaps one of her customers to meet her parents at Christmas.

Join us at the Park Place Cinema. Each week enjoy a new movie, free popcorn and pop. Watch movies in the company of others, instead of at home, alone! Movies start at 1:30 pm on Tuesdays and Wednesdays.



FITNESS & WELLNESS

Monday

9:00 am-SeniorSize Class
10:00 am-SeniorSize Class

Tuesday

10:00 am-Country Line Dancing
6:30 pm - Strength & Stamina

Wednesday

9:00 am-Strength & Stamina
10:00 am-SeniorSize Class

Thursday

10:00 am-SeniorSize Class
6:00 pm-Yoga

Friday

9:30 am-Strength & Stamina

Saturday

10:30 am- Tai Chi

NEW 1:00—3:00 pm Line Dancing—begins 11/15
Fitness participants must have medical clearance.

Lake Forest Hospital Care Coach

Tuesday, November 4, 11:00 am-3:00 pm
Free health screenings

LCHD Blood Pressure Check

Monday, November 10, 10:30 am—12:00 pm

Free Foot Care at Park Place

Rosalind Franklin University
Tuesday, December 9, 1:00 pm—3:00 pm

Medicare Help Desk/Blue Cross-Blue Shield

November 17, 9:30 am—11:30 am

“A Bra Intervention”

Friday, November 21, 11:00 am—1:00 pm
Learn how to buy a bra that fits, Ladies! Essential Bodywear will help anybody, from 32A—44G with fitting and ordering. Make appointment 847-244-9242.



WELLNESS WORKSHOPS

Presented by Waukegan Township, partially funded by the Healthcare Foundation of Lake County

Building Mental Muscle/Brain Games

Wednesday, November 26, 1—2 pm
Presented by Jill Reardon, HCR ManorCare

Smart Tips for Holiday Indulgence!

Wednesday, December 3, 1—2 pm
Presented by Dr. Maxey Smart, Northwestern Healthcare

EVENTS

TOUR OF LIGHTS

December 10, 5:30 pm

View the winning houses of the City of Waukegan's Annual Holiday Home Decorating contest.
Call 847-244-9242 for information.

LATIN AMERICAN LUNCHEON

December 11, 11:30 am, \$5.00

Reservations are required by December 9th.
Call 847-244-9242 for information.

WAUKEGAN HIGH SCHOOL HOLIDAY CONCERT AND DINNER

Thursday, December 11, 3:30 pm

The Park Place bus will transport you to Waukegan High School for a complimentary concert and dinner.

CELEBRATING THE HOLIDAYS

Sunday, December 7, 2—5 pm

Park Place, with the help of Sugar Young, Vista Health and the Greenbelt Cultural Center celebrate the holidays in style with good food, entertainment and holiday spirit with a complimentary gathering at the Greenbelt Cultural Center. RSVP at 847-244-9242. Seating is limited.

SENIOR MOUSE CLUB

No classes in December.

Watch for exciting changes in 2009!



TRIPS

Holiday Murder Mystery

Tuesday, December 16 ~ \$84

This event takes place on a beautiful eight-acre mansion in Geneva, IL. To solve the murder and find out who-dun-it, you will be given a character and a clue. The cost includes the mystery show, lunch and luxury motor coach transportation. **50 minimum to go.**

Events and trips must be paid in full at the time of sign-up. Trip participants must have a current medical application on file. Cancellations must be made 2 weeks in advance. Less than 24-hour notice jeopardizes refund.

PARK PLACE SENIOR CITIZEN SERVICE COMMITTEE

Wednesday, November 19, 11:30 am

Speaker: Ernest Vasseur, Executive Director, Healthcare Foundation of Lake County.
The public is welcome.

SUPPORT SERVICES

ALZHEIMERS SUPPORT GROUP

Monday, November 24, 11:30 am—Ruth Leffler.
For family members and caregivers.

ARTHRITIS SUPPORT GROUP

Wednesday, November 19, 5:00 pm—Dianne Daluga

CANCER SUPPORT GROUP

Saturday, November 8, 10:00 am—Striving & Surviving invites families and survivors to participate
Monday, November 17, 1:00 pm—American Cancer Soc.

DIABETES SUPPORT GROUP

Tuesday, November 4, 12:00 pm—Vista Health
Tuesday, November 18, 4:30 pm—Vista Health

GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP

Wednesday, November 12, 5:30 pm, the topic is Identity Theft. Includes childcare and dinner

LIFE SUPPORT GROUP

MAGIC JOHNSON FAMILY HEALTH FAIR

Attend a conference acknowledging **World Aids Day on Saturday, December 6, 2008 from 10:00 am—2:00 pm at Park Place.** This will be a Family Health Fair with speakers, testing and testimonials for residents of all ages. There will even be dental screening for children.
Call 847-244-9242 to learn more.

LOLLIE DREW LOW VISION SUPPORT GROUP

Special holiday party, Tuesday, December 9, 10:00 am

RED HAT SOCIETY

Thursday, November 20, 2:00 pm

SINGLES SUPPORT GROUP

Monday, November 17, 2:30 pm,

SPANISH SUPPORT GROUP

Friday, November 14, 11:30 am

Call 847-244-9242 for information on Park Place Support groups.

CLC DISCOVERY CLASSES AT PARK PLACE

The History of the Genesee Theatre

Friday, November 7, 1:00—3:00 pm
CDIS 27-301 #4298 Fee \$15
onlinewww.clcillinois.edu/noncredit/register
or telephone 847-543-2022. Call the Discovery Hotline at 847-543-6705 to request a brochure.