

# Park Place Preview

May, 2011

Serving the  
communities of  
Waukegan,  
North Chicago,  
Beach Park and  
Park City

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## A Message from Patricia Jones, Township Supervisor



Spring is finally here, after a long, cold winter! It is so nice to see flowers blooming, hear the birds singing and know that summer will be here soon.

Special thanks to AARP, Alderman Edith Newsome and Lynda Paul for sponsoring the spectacular Women's History Luncheon. Thanks also to the models, vendors, awardees and Dress Barn for helping to make this event fun and memorable!

Thanks also to Vista Health for co-sponsoring the Annual Senior Health & Wellness Fair. This was another very successful event, with important information and screenings for over 100 seniors in attendance.

We hope you will attend the 13th Annual Senior Prom, at the Ramada, on Friday, June 10. The theme is A Red Carpet Affair, and we expect a big crowd! Make your reservations today!

We are very disappointed to report that the Northwestern Lake Forest Hospital Care Coach will no longer be

available for community screenings. Please take advantage of the free screenings that continue to be available at Park Place.

*The Park Place Dining Program* is our effort to support our local restaurants and offer seniors an affordable outing. In May we will dine at Big Ed's on Genesee St. and in June we will dine at Jerry's Tacos. Park Place will issue \$5 discount ticket to 25 seniors each month (first come first serve). Discounts are good on meals of \$8.00 or more.

Special thanks to AARP volunteers who spent countless hours providing free tax services to 685 seniors at Park Place.

The Park Place 20th Birthday Celebration is in full swing for 2012. A committee is meeting to plan monthly events to help make the year special! Call 847-244-9242 for information.

Order your taxi tickets online and they will be mailed to your home. Email [cpwhite@waukegantownship.com](mailto:cpwhite@waukegantownship.com).

We will keep you posted on the very hopeful progress on an Adult Day Care facility in Waukegan Township. Vista Health and Addus Health are in discussions. A Community Assessment is on its way. It looks good!

Enjoy your month and our new Spring hours!

## DON'T FORGET TO GET YOUR TICKETS FOR

**"THAT'S ENTERTAINMENT" - OFF BROADWAY AT THE GENESEE  
SATURDAY, MAY 7TH AT 7:00 PM**

**Tickets available at the Genesee Box Office and Park Place - \$20.00**

**All proceeds benefit the Staben House, a transitional housing facility for women with children and the Staben Center, a transitional housing facility for men.**

## New Spring Hours

Monday	9:00 AM - 7:00 PM
Tuesday	9:00 AM - 4:30 PM
Wednesday	9:00 AM - 4:30 PM
Thursday	9:00 AM - 9:00 PM
Friday	9:00 AM - 4:30 PM
Saturday	9:00 AM - 3:00 PM
Sunday	Closed

## HEALTH AND WELLNESS PROGRAM INFORMATION

### Park Place Exercise Classes

#### Stay FIT at Park Place

##### Monday

SeniorSize - 10:15 am

Chicago Line Dancing-5:30 pm \$2

##### Tuesday

Country Line Dancing - 10:00 am

##### Wednesday

SeniorSize - 10:15 am

##### Thursday

SeniorSize - 12:30 pm

For Younger Seniors

##### Friday

Strength & Stamina—9:30 am

Free Chair Massages by

#### Natural Balance Massage

Tuesday, May 3, 10:00 am

### First United Methodist Church

128 N. Martin Luther King Dr,  
Waukegan

Saturday, May 14, 9:30 am -1:00 pm

Mini Health & Wellness Fair with  
Free Health Screenings , Presenta-  
tions and Chair Massage

#### Wellness Workshop

“Is Someone You Love  
Drinking Too Much?”

Wednesday, May 25, 1:00-2:30 pm

Presenter –Nancy Wohlrabe, LCSW  
Lake County Counseling for Seniors

### Scholl College of Podiatric Medicine

Complimentary Foot Care

Tuesday, May 10, 1:00pm

### Waukegan Fire Fighters

Blood Pressure Check

Monday, May 16, 9:00am

### Lake County Health Dept.

Blood Pressure Check

Monday, May 9, 10:30am

### Advantage Home Health Plus

Blood Pressure Check

Tuesday, May 24, 11:00 am

The Park Place Wellness Program is partially funded by the Healthcare Foundation of Northern Lake County.

## PARK PLACE CINEMA

### 5/3 & 5/7 Black Swan R

Black Swan follows the story of Nina, a ballerina in the New York City Ballet trying to make it to the top.

### 5/10 & 5/14 The Fighter R

Based on a true story. Two brothers, against all odds, train for a historic bout with powerful pay offs.

### 5/17 & 5/21 The Switch PG13

An offbeat comedy about Kassie, a smart, fun-loving single woman who decides to have a baby. Kassie's plans go awry because of a last minute switch that isn't discovered until seven years later.

### 5/24, 5/28 The Tourist PG13

A mild-mannered American on va-

cation in Venice, Italy, is befriended by a beautiful woman with a mysterious secret.

### 5/31 & 6/4 127 Hours R

A story of a mountain climber and the remarkable story of how he saved himself after a fall.

Movies are shown on Tuesdays at 1:30 pm and Saturdays at 12:30 pm in the Media Room.

## SENIOR MOUSE CLUB - COMPUTER CLASSES

### INTRODUCTION TO PHOTOSHOP

Tuesday & Thursday

May 10, 12, 17, 19

9:30am-11:30am

An introductory course on digital editing of photos using Photoshop Elements 6. Downloading and organizing photos and basic editing skills are all covered. Fee \$20

### SENIOR MOUSE CLUB RECOGNITION

Friday, May 13

12:00pm - 2:00pm

Learn the truth about Social Networking from Social Networking expert Tim McDonald. Enjoy a delicious lunch, great speaker, and awards, including the Jacqueline Klies Award. RSVP at 847-244-9242. Seniors new to computers or the Senior Mouse Club are welcome to attend.

### FACEBOOK 101

Saturday, June 4

10:00am-12:00pm

Learn how to use Facebook, to communicate with family and friends, and keep up on community events. The instructor is well-known social networking guru Tim McDonald. This class will give hands-on instruction. Class is limited to 12 students. Call 847-244-9242 to sign up. Fee is \$10.

## UPCOMING TRIP INFORMATION

### FOUR WINDS CASINO

Tuesday, June 21

Join us as we travel to Four Winds Casino in New Buffalo, Michigan for gaming fun. The cost is \$35 a person, which includes a \$25 rebate and motor coach transportation. **50 needed for trip to go.**

### SHIPSHEWANA

Tuesday, June 28

Join us for the Midwest's largest flea market, with thousands of vendors. After shopping we will take a "Back Road Amish Tour" with stops at the Noodle Shop, Guissenburg Cheese Home, Amish Farm and dinner at an Amish home. The cost is \$60 per person, which includes a delicious meal, tour and transportation.

### CHICAGO NEIGHBORHOOD TOUR

Tuesday, July 16

Enjoy a captivating cross section of religions, cultures and communities in Chicago. The guided tour makes an excursion of three Chicago houses of worship. to explore the faiths and customs in their sacred place. After touring, we will have lunch at the Red Apple Restaurant in Chicago. The cost is \$60 per person. **30 needed for trip to go.**

## SOCIAL AND SUPPORT GROUP INFORMATION

### ALZHEIMERS' SUPPORT

Monday, May 23  
10:00 am-12:00 pm

### BOOK CLUBS

Monday, May 2  
1:00 pm

### BIBLE BOOK STUDY

Monday, May 9  
11:30am -12:30 pm

### GRANDPARENTS RAISING GRANDCHILDREN SUPPORT

Wednesday, May 18  
5:30 pm

### CANCER SUPPORT GROUP

Saturday, May 14  
10:00 am

### CAREGIVING SUPPORT GROUP

Saturday, May 7  
1:30-3:00 pm

### DIABETES SUPPORT GROUP

Tuesday, May 3  
12:00 pm

### GRIEF SUPPORT GROUP

Friday, May 6  
10:30 am

### RED HAT SOCIETY

Thursday, May 19  
2:00 pm

### SPANISH SUPPORT GROUP

Friday, May 13  
11:30 am

### LOLLIE DREW LOW VISION SUPPORT GROUP

Tuesday, June 14  
10:00 am

To find out more information on any of our support groups call (847) 244-9242

## OTHER UPCOMING EVENTS

### ELDERCARE OF LAKE COUNTY VOLUNTEER TRAINING

Monday, May 9 10:00am -12:00pm

If you have a little extra time on your hands and want to help others, especially seniors, sign up for this volunteer training. Eldercare of Lake County trains volunteers to drive seniors to medical appointments and more throughout Lake County. Sign up by calling 847-244-9242.

### CATHOLIC CHARITIES SENIOR SERVICES

Monday, May 23 9:30am - 3:30pm

Your questions and concerns about aging and services that might be available will be answered. Also, information and referral, assistance, and help with the IL-1363 applications. You will be able to meet with staff individually. Reservations are advised at 847-244-9242.

**PARK PLACE PREVIEW**

414 S. Lewis Ave.

Waukegan, IL 60085

Phone: 847-244-9242

Fax: 847-244-9258

**Patricia Jones**, *Waukegan Township Supervisor***Trustees**

Katherine Rothwell-Francis

Percy L. Johnson

Jeff McBride

Chuck Willms

**Park Place Senior Citizen's Services Committee**

Chair: Faith Clark

Vice Chair: Angelica Douglass

Secretary: Norma Jensen

Members: Nancy Bjerstead, Beverly Bogdala, Frances Jesenko,

Margarita Lopez, Mary Blair-Moore, Gloria Rogers

We're on the web

[www.waukegantownship.com](http://www.waukegantownship.com)

Look for us on Facebook

**2011 SENIOR PROM**

Join us on Friday, June 10th at the Waukegan Ramada for this year's Senior Prom. The theme will be: *A Red Carpet Affair!* It will be a fun-filled night for everyone!! The Red Carpet will be full of celebrity look-a-likes, paparazzi, Oscar's stars of fame, music, dancing, door prizes, a celebrity look-a-like contest, photo opportunities, the 2011 King & Queen coronation, delicious food and MORE!! The celebrity look-a-like contest will be judged by 3 appointed judges with special 1<sup>st</sup> and 2<sup>nd</sup> prizes for the winners. At the end of the night the 2011 Prom King & Queen will be awarded with their very own Oscar Trophy!! The cost of this event is \$20 per person. Questions please call Susy or Jackie at (847)244-9242.

**12TH ANNUAL WALK FOR SENIORS****WALK FOR SENIORS  
SEPTEMBER 10, 2011**

We are gearing up for our biggest and best Walk for Seniors ever! Join this year's Walk Chairman, Lake County Coroner Artis Yancey, as we plan this great fundraiser for senior services. Planning committee meetings will be at Park Place on:

Friday, May 20, 10:00am

Friday, June 17, 10:00am

Friday, July 8, 10:00am

Help us secure sponsors, walkers and pledges for this annual event.

The mission of Park Place is to encourage the independence and well-being of adults age 55 and better by providing health and fitness opportunities, recreational programs, transportation options, trips, events and support services.