



**Patricia Jones, M.
Ed
Waukegan Township
Supervisor**

Waukegan Township Park Place Preview

May & June, 2019

Grandparents Raising Grandchildren & Other Caregiver's Summit Saturday, June 1st, 2019 10am-1pm

Are you a grandparent or a caregiver raising a grandchild or other relative? Join us for this complimentary summit designed to provide information and resources to help you effectively care for a loved one. This event will be a great opportunity for residents of Waukegan Township and beyond to learn about the many programs and services available to them throughout the County. This will also be a great opportunity for the public to ask questions from their federal, state and local government representatives. Event will include: interactive exhibits & booths providing information on Health & wellness and other services available throughout Lake County. Also complimentary health screenings, healthy light refreshments, giveaways & raffle prizes, Rocky from People's Choice Family Fun Center, Art Mobile from Waukegan Township face painting, beading activities, games and much more!



*Happy
Mother's
&
Father's
Day*

Dear Friends,

May is **Older Americans Month**. This year's theme, **Engage at Every Age**, emphasizes that you are never too old (or too young) to take part in activities that can enrich your physical, mental and emotional well-being. It also celebrates the many ways older adults make a difference in our communities. The opioid crisis has turned senior center lunches into support groups. As the nation grapples with how to address the devastating opioid crisis, little attention has been given to a growing group of silent heroes who are stepping up to help our children and communities assist our nation's grandparents. More than 2.5 million grandparents are raising their grandchildren as the country faces sharp increases in the number of "children of the opioid crisis." Park Place's **Grandparents and Other Caregivers Raising Grandchildren Group** meets the second Monday of each month at 5:30 pm – 7 pm. Check out our full list of Enhancement Groups on Page 5.

Medicare "Spoofing" Calls New Trend in Illinois

Scammers are spoofing phone numbers, a technique that causes caller ID to say a call is coming from someone other than who is actually calling, and pretending they are from Medicare, Social Security or other government agencies. Once the scammers get you on the phone, they try to steal your personal information. We urge you to always be cautious and to avoid providing sensitive information such as your Social Security number or bank account information to unknown people over the phone or internet. If you receive a call you are not expecting, be extra careful – you can always get the caller's information, hang up, and contact the official phone number of the business or agency the caller claims to represent. This is becoming a trend in Illinois and across the United States. **Medicare will never call you**, and you should only give your Medicare card number out to your doctors or providers. If you have received one of these phone calls and have given out any information, you can report this with the Illinois SMP at Age Options at (800)699-9043. To read more visit <https://oig.ssa.gov/report>. As the Federal Communications Commission explains how scammers are spoofing phone numbers and what happens if this happens to you or a loved one.



**Newsletters are available online. Please visit our website at www.waukegantownship.com
Or email OGarcia@waukegantownship.com to be added to our email list.**

Exciting Upcoming Travel and Day Trips!

Racine in Springtime - Tuesday May 14, 2019

Explore the art, food, and attractions of Belle City, also known as Racine, Wisconsin! We will start our day touring Larson's Bakery to learn about (and taste) the famous Racine Kringle. Next, we tour the Racine Art Museum and visit the Hot Shot Glass company for a glass blowing demonstration. After a delicious lunch at Reef Point Brewhouse, we will head out to Mileager's Greenhouse to visit some of their 90 greenhouses and take home some blooms. Fee of \$65 covers the costs of all tours, travel and lunch. Trip departs Park Place at 8:15 a.m. will return at 4:00pm permitting traffic.

Lincoln Park Conservatory/Zoo, June 4, 2019

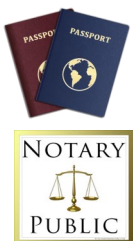
Join us as we explore the Lincoln Park Conservatory, Lily Pond and Zoo! We tour the Palm Room, Fern Room, Orchid House and Show House before we venture to the Alfred Caldwell Pool. Next, we will visit Lincoln Park Zoo where you can enjoy lunch on your own and visit your favorite animals. Trip departs Park Place at 8:15 a.m. return at 4:00pm permitting traffic. Fee of \$37 includes tours, general zoo admission, and transportation.

Shopping Shipshewana June 19, 2019

Shop the famous Shipshewana Flea Market, explore the community, and enjoy Amish hospitality. We will begin our day early, enjoy hours of shopping, the relax on a motor coach tour. We will finish our day in Shipshewana by tucking into a generous Amish supper before returning. Trip departs at 6:00 a.m. and returns after 7:00 p.m. Fee of \$119 includes all tours, supper, and transportation.

Taste of Chicago, Thursday, July 11, 2019

Explore the flavors of the world at Taste of Chicago! Leave the driving to us, and spend your day tasting the food and enjoying beautiful Grant Park on one of the less crowded days of the festival. Food and beverage tickets are sold in strips of 14 for \$10 (includes \$3 charge for Taste amenities). Smaller "Taste of Portions" are available at each food vendor and are between 1-6 tickets \$24 fee covers round trip transportation to the Festival. Departs Park Place at 9:30 a.m. leaves Grant Park at 5 p.m.



Waukegan Township can assist you with: * Complimentary Notary *Voter Registration and Passport Processing Services. Administrative office located at 149 S. Genesee Street, is a certified Passport & picture site. For information and passport fees call 847-244-4900.



Highlights: Montecatini Terme, Florence, Lucca, Gothic Line, Pisa, Cooking Class, Siena, Choice on Tour, Winery Tour, Cheese Farm, San Gimignano

Tour Italy in style with expert guides & drivers. Tuscany is home to some of the world's most recognizable Renaissance art and architecture, including Michelangelo's "David" statue, Botticelli's works in the Uffizi Gallery and the Duomo Basilica. Its diverse natural landscape encompasses the rugged Apennine Mountains, the island of Elba's beaches on the Tyrrhenian Sea and Chianti's olive groves and vineyards. All fees are per person, double occupancy, and triple occupancy. \$500 Deposit, \$315 Insurance due at registration. Price includes transportation to and from the airport, (from Park Place), all airfare, and transfers. \$2,999 double occupancy per-person.



Chicago Architecture River Cruise & Lunch Tuesday, July 16, 2019

Experience the "top tour in Chicago and one of the top ten tours in the U.S." according to TripAdvisor users. A must for out-of-towners and Chicagoans alike. CAF-certified volunteer tour guides—called docents—interpret more than 50 buildings along the Chicago River. You'll find out how Chicago grew from a small settlement into one of the world's largest cities in less than 100 years. Following the cruise, we will enjoy lunch. The trip will depart Park Place at 8:30 a.m. return at 4:00pm permitting traffic. Fee of \$89 includes cruise, lunch, and transportation

Trips are open to adults 18 and older and residents in or outside of Waukegan Township. For more information or to register call 847-244-9242 or email lpbable@waukegantownship.com.

Navy Pier & Cabaret Lunch Cruise Tuesday, August 13, 2019

Enjoy visiting Navy Pier, cruising Lake Michigan, a buffet lunch and live entertainment aboard the Spirit of Chicago! Trip departs at 8:30 a.m. return 4:30pm permitting traffic. There will be free time to explore and shop Navy Pier prior to boarding for the 2-hour shoreline excursion and lunch. Fee of \$95 includes all travel, cruise and lunch.

Best of Israel and Jordan



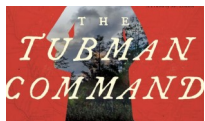
Are you looking for a tour visiting places like Israel and Jordan? Discover the scenic beauty, fascinating culture and bountiful history of Israel.

Stand in awe at the magnificent sights in the nation of Jordan. Trip includes home pick-up, airfare, transfers, attractions, 12 days and 23 meals. Advance registration is

Departure: November 6, 2019 - Double: \$4,044; Single: \$5,003 (\$199 insurance)

Payment Deadline August 6th, 2019

Traveling Book Club



Dinner and Learn about Arthur Elizabeth Cobbs and her newest historical novel, "The Tubman Command" Thursday, May 16th, 2019

3:00pm the shuttle will depart Park Place to Evanston, IL, and return at 8:00pm.

The Tubman Command tells the story of Harriet Tubman at the moment of her greatest gamble. Recruited as a spy for the Union army, Tubman- code name "Moses"- plots a spectacular plantation raid behind enemy lines, one so large and so daring it will turn the tide of the Civil War. But in order to succeed, Tubman must lead her team of black scouts up the Combahee River, where the dangers of alligators, sharpshooters, and slave catchers lurk. Her mission is complicated further by the hostility and skepticism of other Union soldiers. And yet, Tubman expects these men to underestimate her. It is, after all, why she is the perfect spy. Cost of trip will be \$25/person, including transportation and dinner at an authentic Jamaican restaurant. We will depart from Park Place promptly at 3:00pm, arrive approximately at 4:00. The venue and the restaurant are only 5 minutes apart. We will leave the restaurant at 5:45. Event will start at 6:00pm and ends at 7:00pm. We should be back to Park Place by 8:00pm permitting traffic. To register call Park Place at 847-244-9242 or email jhardy@waukegantownship.com.

Air & Water Show, Saturday, August, 17, 2019

This year the Chicago Air and Water Show celebrate 56 years of daredevil thrills in the air and on the water at North Avenue Beach and along Chicago's magnificent lakefront. With Chicago's skyline as a backdrop, audience numbers reach 2.2 million annually. Departs Park Place at 8:15 a.m. and will return at 4:30pm. The Air Show ends at 3:00 p.m. \$24 fee covers round trip transportation to the Festival. Gourmet box lunches are available for an additional \$12 fee.

Fun Fact

Whether you are a solo adventurer or you prefer an organized group trip, travel can be an amazing way to maintain independence and a sense of adventure as you age, as well as offer opportunities to stay physically and mentally active.



S	J	C	A	M	P	M	C
W	G	L	A	M	C	H	M
I	J	M	M	P	Y	Y	Z
M	V	K	B	E	A	C	H
S	U	M	M	E	R	M	S
M	H	O	T	E	B	H	U
K	O	I	G	U	F	U	N
W	A	T	E	R	O	Q	E

BEACH
CAMP
FUN
HOT

SUMMER
SUN
SWIM
WATER

Health & Wellness

Page 4



Building Better Bones

Tuesday, May 7th, 2019 - 10 am - 1pm

Speaker: Rosalind Franklin University

Building Better Bones program consists of a pre-test, 30-40 min PowerPoint presentation that covers risk factors, indications, tests, treatments and a post-test. After the post-test is completed, women over the age of 40 are encouraged to receive a bone density scan using a heel ultrasound machine. This machine is only calibrated to read the density of women over 40 years of age. The ultrasound test takes less than 5 minutes per person and only requires the patient to remove one sock and shoe. After the test is completed, the results are discussed with the individual. During the test result discussion, the individual may receive recommendations from a provider for lifestyle modifications and possible follow up with patient's PCP. For more information call 847-244-9242 or email

ogarcia@waukegantownship.com. Workshop at Park Place.

Heartland Meditation - Tuesday, May 19, 2019 - 11am - 12pm

Presented by: Jamee Sue Lee - Heartland Meditation

With 15 years of meditation experience and training, Jamee Sue Lee, from Mundelein's Heartland Meditation, has a desire for living a healthy and holistic lifestyle. As a meditation guide, she is dedicated to living a happy, positive life while helping people of all walks of life to discover happiness and their own complete selves. Please join us for a workshop on meditation, its benefits and methods. For more information call 847-244-9242 or email ogarcia@waukegantownship.com. Workshop at Park Place.

Diabetes is everywhere. What can we do? - Tuesday, May 28th, 2019 - 10:30am - 12pm

Presented by: Wendy Piekarz, RD LDN CDE - Vista Home Health

According to the American Heart Association, approximately six million people 18 years and older in the United States have Type 2 diabetes and do not know it. Learn more about risk factors, know the warning signs, and put a preventative plan in place you can count on. **Lunch will be Provided.** For more information call 847-244-9242 or email ogarcia@waukegantownship.com. Workshop at Park Place.

Understanding Alzheimer's and Dementia - Tuesday, June 4th, 2019 - 11am - 12pm

Speaker: Alzheimer's Association

Alzheimer's is not normal aging. It's a disease of the brain that causes problems with memory, thinking, and behavior. Join us to learn about the impact of Alzheimer's, difference between Alzheimer's and dementia, disease stages and risk factors, current research and treatment options available for some symptoms and Alzheimer's Association resources. For more information call 847-244-9242 or email ogarcia@waukegantownship.com. Workshop at Park Place.

True Crimes of Lake County - Tuesday, June 11th, 2019 - 10am - 11 pm

Speaker: Lake County Forest Preserves

Hear infamous true crime stories of Lake County ranging from **Rondout Train Robbery** to the **Fox Lake Massacre**. This presentation will examine the historical evidence to focus on the who's what's, and where's of fascinating historic crimes. For more information call 847-244-9242 or email ogarcia@waukegantownship.com. Workshop at Park Place.

Medicinal Marijuana for Seniors - Wednesday, June 12th, 2019 - 11am - 12pm

Presented by: Janet Parry from The Clinic Mundelein

Please join us as we learn about the basics of medical cannabis and its benefits. Understand the application process from the Clinic Mundelein. For more information call 847-244-9242 or emailing ogarcia@waukegantownship.com.

Congressman Brad Schneider's Office
Tuesday, May 14th & Tuesday, June 11th
2:30pm - 4:30pm

A representative from Congressman Brad Schneider's office will be at Park Place to assist constituents from the 10th Congressional District with Social Security, VA Benefit, Medicare or any other concerns at the federal level. For more information call Park Place.

The Illinois Department on Aging Senior Health Insurance Program (SHIP) @ Park Place provides assistance with any questions pertaining to Medicare Parts A, B, C, & D. Appointments must be scheduled in advance. The benefit access program hours are M-F 9:00 a.m. - 12:00 p.m. Call 847-244-9242 for more information and appointment

Waukegan Township also provides limited complimentary transportation to Waukegan Township residents.
Call: (847) 599-2936 or email lnava@waukegantownship.com 3 days in advance.

Enhancement Groups & Services

Readers Delight Book Club

Come and join us as we meet to discuss and express our opinions, likes, dislikes, on interesting books and topics. The Readers Delight Book club **meets every first Monday of the month at 1:00pm.** May will be "The Last Midwife" by Sandra Dallas and June will be "Pride & Prejudice" by Jane Austen. Our books are supplied complimentary by the Waukegan Public Library for our enjoyment.

Red Hat Society

The Red Hat Society is an international social organization that was founded in 1998 in the United States for women age 50 and beyond, but now open to women of all ages. Women under 50 will wear pink instead of the traditional red. Its main purpose is to provide women with opportunities for pleasant social interaction, both for reconnecting with old friends and making new ones. Join us on **May 16th and June 20th at Noon** in Park Place where the Red Hats meet.

Grandparents & Other Relative Caregiver's

Are you a Grandparent or Caregiver of a child/loved one and find yourself looking for support and understanding of the challenges you face? Join our special group on **Monday, May 13th and June 10th at 5:30pm.** The speaker for May will be Linda Magad from Family Services of Lake County. Speaker for June will be Kathy Breen from Oak Street Health. **Dinner is always provided.** Children are encouraged to attend. They have their own group discussion of topics, receive assistance with homework, and learn arts & craft projects. Transportation is available to all those who would like to attend. For any additional information or transportation needs, contact MaryAnn Hartke at 847-244-9242.

Spanish Support Group

Come and join our Hispanic Support group where we strive to enhance the quality of life for seniors in the Latino community by providing education, and emotional support and social interactions with other Hispanic seniors in the community. **We meet every second Friday of the month at 11:00am.**

* Grupo De Apoyo En Espanol

Spanish speaking resource group

May 10th - 11am - Boomers Way Club "Hacer que las personas mayores disfruten mas la vida". Dia de las madres almuerzo y aprende! Conozca los servicios que Boomers Way Club ofrecen. Su mission es "Hacer que la vida de personas mayores sea mas agradable!" **June 14th - 11am Demostracion de yoga en la silla.** La silla de yoga es una excelente manera para que los adultos mayores obtengan los maravillosos beneficios para salud del yoga. Permanecer sentado significa que incluso ancianos debiles o aquellos que no son flexibles pueden hacer los ejercicios de manera segura.

Lollie Drew Low Vision Support group

Do you suffer from macular degeneration, glaucoma, cataracts or other degenerative eye problems affecting senior citizens? If so, you are invited to join us for our monthly Lollie Drew Low Vision Support Group on **Tuesday, May 14th and Tuesday, June 11th at 10:00am.** May 14th we will travel to the Waukegan Public Library for a tour of the facility with Ms. Diana Wence and June 11th the Waukegan Fire Department will be here to speak about HomeFireSafety. Transportation is available for those who would like to attend. Sign up at Park Place or call 847-244-9242 to reserve your spot.

The Park Place Memory Café meets every second Wednesday 1:30 pm - 3:00 pm. Share your stories and socialize with others who have concerns about their memory or the memory of a loved one.

School College of Podiatric Medicine

Park Place complimentary foot care

Tues, May 21st,

1:00 pm - 3:00 pm by appointment.

Free Blood Pressure Screenings and Referrals: May 13th & June 10th 11am-12pm

Sponsored by the Nu Phi Chapter Chi Eta Phi

Living Single

First meeting is Tuesday, May 7, 2019. 5pm at Go -Jo's Restaurant. A new group for single men and women who would like to socialize in the evenings, meet new people, go different places and do new and exciting things.

AARP Class June 25, & 26 10am-2pm

The AARP Smart Driver course is the nation's first refresher course specifically designed for drivers age 50 and older. In many states, drivers may benefit from a discount on their auto insurance premium upon completing the course. And you will learn something new along the way.

Rules of the Road

Wednesday, May 22nd - 10am-2pm

Reservation is required prior in advance

Technology Center

Open Lab at the Tech Center

Park Place has six computers for use by those 55 and better during open hours when classes are not in session. Complimentary.

Trouble Shooting & More: Help Desk at the Tech Center! Frustrations? Our skilled volunteers will be here each Monday from 1:30 p.m. – 3:00 p.m. to answer questions on your technology devices, programs, social media or applications. Drop by any time during open hours!

This is a complimentary service.

Information you should know

Summer Health Tips for Seniors

Summer tends to bring with it a sense of excitement and a desire to get outside and be active. That's great, but for seniors who have a higher sensitivity to heat, a little more caution needs to be exercised when it comes to making plans in the sun. As long as you're careful and stick to a few main safety tips, you can enjoy most of the summer activities you can imagine. Here are 7 summer safety tips for older adults: **1. Stay hydrated.** The standard suggestion is to aim to drink **6-8 cups of water a day**. If you intend to spend much time out in the sun, you may want to aim even higher to avoid dehydration. **2. Don't stay out for too long.** If you live somewhere where it gets really hot, you should keep your plans for outdoor activities reasonably short. **3. Check the forecast before you go out.** You don't want to be caught unawares on a 104° day. **4. Keep sunscreen where it's easily accessible and you'll remember to use it.** If you carry a purse, **keep your sunscreen** in it at all times. If you don't, stick some in your car or anywhere else you can think of where you're likely to have it when you need it. **5. Check the side effects of your prescriptions.** Some medications make people more sensitive to the sun. Make sure you know if your prescriptions mean you need to take extra precautions. **6. Use your air conditioning if you have it.** It costs money, but summer heat waves can have serious consequences for seniors. Making sure you're reasonably comfortable and safe in your own home is worth the splurge. If you don't have an air conditioner, consider buying one. **7. Know the early warning signs of heat-related illnesses.** Hopefully these tips can help keep you from encountering a heat related illness, but you should still be prepared for the worst just in case. Review the symptoms for dehydration, heat stroke, heat exhaustion, and heat syncope. If you suspect you're experiencing any of these, don't be shy about speaking up and insisting on water, shade, or some time inside in air conditioning. It's better than a trip to the emergency room.

Planned Giving

You may chose to include Waukegan Township Park Place in your estate plan, so you can continue to help other seniors even after you're gone. By making a "gift ", you too can continue to bring needed services and programming to other seniors of Waukegan Township.

How it works:

Sign the appropriate paperwork making Waukegan Township Park Place a beneficiary of your will, trust, insurance or retirement assets. After your lifetime, money and assets are distributed to your heirs and Waukegan Township Park Place as directed by your estate plan documents. Waukegan Township Park Place uses your bequest for the purpose(s) you specify. Call 847-244-9242 or email cpwhite@waukegantownship.com.

Someone You Should Know



Charlie Brown was born in Shurville, Indiana but has been a resident of Lake County for the past 24 year. Charlie is the father of three children and has been married to CovaJean Brown for 47 years. Charlie started out working at a cork factory in Trevor, IN. and spent 33 years at Eagle Food Store. Charlie found his love for the military while working at Good Will on the Great Lakes Naval Base. Due to his great kindness and service skills he was noticed by a female petty officer who wrote an article on Charlie. Which resulted in Charlie being offered the position of Recruit Representative with Guest Services. Charlie is an artist and received the pin name Sir Charlie Brown working on the Base. With his love of drawing, Charlie was encouraged by his wife to enter a drawing contest on Base and won. His drawing was place on a coin and presented to an outstanding Sailor. Sir Charlie Brown exhibits his work during Park Place Veterans Day Programs and volunteers to face paint for the children during Park Place events. Charlie is also an avid participant of our weekly Bloomin Artist water color program.

Park Place Room Rental

Need a great place to hold a meeting, birthday party, wedding reception, anniversary, bridal shower or other gathering?

- ◆ Rental Fees: Facility Open - \$45.00 per hour.
- ◆ Park Place Kitchen \$50.00 flat fee.
- ◆ Facility Closed & Holidays - \$65.00 per hour.
- ◆ Observed Holidays - \$95.00 per hour .
- ◆ Deposit Amount - \$100.00 due upon reservation date.

Our spacious room can accommodate up to 90 guests. Tables and chairs included in rental. Decoration rate available upon request. Available for rental; linens, chair covers, sashes, and runners. Call 847-244-9242 to reserve your day!



Get Moving! Exercise & Fitness For Ages 55 & Better!

Why pay expensive fitness center prices to stay healthy when you can use the Park Place Fitness Room? We have treadmills, elliptical machines, stationary bikes and weight equipment available for you.



Please Note: Advance sign up for classes & a medical release form must be on file. Form must be renewed yearly.

Complimentary Exercise Room at Park Place

Take advantage of our Certified Exercise instructor and our exercise equipment. Train every Tuesday & Thursday 11:30am -1:30pm.

Floor Mat Exercise

Floor Mat exercise is done on the floor using an exercise mat, which requires controlled breathing during body weight resisted movement to build core strength.

Yoga & Meditation

Get ready to move through a complete series of seated and standing yoga poses. Chair support is offered so you can perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. This class is suitable for nearly every fitness level.

Advanced SeniorSize

This is a safe and heart-healthy aerobics class to energize your active lifestyle using low-impact movements that focus specifically on building upper-body and core strength plus cardio endurance. This is a higher intensity class than Classic and Circuit

SeniorSize

SeniorSize is designed to increase muscle strength, range of movement and improve activities for daily living. A chair is used for seated exercises and standing support and class can be modified depending on fitness levels.



**Fitness Center Hours: Mon 9am - 7pm.
Tues, Wed, Thurs Fri 9am - 4:30pm**

Cardio Drumming



March to the beat of your own drum with one of the latest (and most fun!) fitness trends! Cardio drumming takes a simple movement - drumming - and turns it into a full-body workout that will leave you smiling, sweating, and feeling great. Cardio drumming brings together drumsticks, an exercise ball, and an exercise ball stand to create one of the most fun workouts you'll ever do. Using the exercise ball and the floor as your drum, and mixing in fun moves, cardio drumming turns keeping a rhythm into a workout you won't want to stop.

Zumba

Zumba is an aerobic fitness program featuring movements inspired by various styles of Latin American dance and performed primarily to Latin American dance music

Country Line Dancing

Country Line Dancing Is a choreographed dance by a group of individuals, with a repeated sequence of steps to some of the nation's top Country and Western hits. Come and join us as we move our hips to some Country Western beats.

Chicago Line Dancing

Chicago Line Dancing is a low-impact cardio class with sequenced choreography. The dance sequence is taught in repeated steps, grouping the class in one or more lines to execute the steps at the same time. Dance to the latest R & B Hits from across the nation.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

*SeniorSize - 9:15 a.m.
*SeniorSize - 10:15 a.m.

*Chicago Soul Dancing
- 5:30 p.m. \$2

*Walk Fit
9:00 a.m.

*Country Line
Dancing
10:00a.m.

*Advanced
SeniorSize
9:15 a.m.

*Yoga/Meditation
10:15 a.m.

*Advanced
SeniorSize
9:15 a.m.

*SeniorSize -10:15
a.m.
Cardio Drumming
11:00 a.m. \$5

**Cardio Drumming
Every Thursday from
11:00 am to 12:00 pm
Cost: One Time Fee \$5.00!**
All participants must
complete an exercise form
at Park Place. **SIGN UP
IN ADVANCE.**

*Zumba
9:00 a.m.

Floor Mat
Exercises
10:00 a.m.

Trustees: Percy Johnson, Nathaniel Hewitt,
Opal Rice, and Sylvestre Castellanos
Clerk - Rose Staben,
Assessor - Mark Stricklin,
Highway Commissioner - Arthur Craigen

Park Place Senior Citizens Services

Committee:

Chair: Larry Eaker

Vice Chair: Gloria Carr

Members: Scott Grubnau, Katie Strawder,
Jeanette Keyes, Sandra Eaker, & Nelson
Whitiker

Park Place Hours

Monday 9:00 AM - 7:00 PM
Tuesday 9:00 AM - 4:30 PM
Wednesday 9:00 AM - 4:30 PM
Thursday 9:00 AM - 4:30 PM
Friday 9:00 AM - 4:30 PM
***Saturday** Open only for rentals
Sunday Closed

PARK PLACE

414 S. Lewis Ave.
Waukegan, IL 60085

Phone: 847-244-9242

Fax: 847-244-9258

www.waukegantownship.com

PRESORT STANDARD

US POSTAGE PAID

PALATINE P & DC

PERMIT NO. 418

Corner Gift Shoppe

Mother's Day and Father's Day are just around the corner. Come into Park Place and shop the Corner Gift Shoppe. We have cards, books and even small gifts for that someone special. Bring in the attached coupon for an additional 15% off Mother's Day and Father's Day items. We are open Monday – Friday. 10:00 am – 4:00 pm.. Let the Park Place Gift Shoppe be your one stop shopping place!

Park Place

Gift Shoppe Extravaganza
Bring This Coupon Into The Store
During May & June For An Additional **15% OFF** on All Mother's Day & Father's Day Items Only
Consignment Items Are Not Included



Acknowledgements & Condolences - Our Thoughts Are With The Families & Friends.

We Remember Seniors

Who've Passed Away

Jan 25, 2018 - March 31, 2019

The Memorial Chapel of Waukegan

Argumenda Hernandez 1/25/2019

Antonio Maldonado 2/17/2019

Luisa Mendez Lugo 2/18/2019

Marcos Ruiz Murillo 3/19/2019

Maria Del Refugio 3/21/2019

Bradshaw and Range Funeral Home

Clarence Jones 1/28/2019

Suzette Jean Ingram 1/31/2019

Howard Spencer, Jr. 2/2/2019

Priscilla Ann Banks 2/2/2019

Sadie Shipman 2/12/2019

Mary L. Lacey 2/13/2019

Ralph Gray 2/13/2019

Michael E. Jones 2/14/2019

Cleopatra W. Cowins 2/15/2019

Lue Ella Scott 2/18/2019

Norman L. Davis, Jr. 2/22/2019

Johnny L. Reeves 2/28/2019

Adell Banks 3/1/2019

Maria L. McNulty 3/7/20

Raymond W. Adams 3/8/2019

George Patterson, Jr. 3/15/2019

Dorothy Thurman 3/23/2019

Congdon & Company Funeral Home

Velvalee Vasquez Brewer 1/27/2019

Joel Allan Torola 2/1/2019

Robert W. Peterson 2/4/2019

Donald Vanderverter 2/5/2019

Lionel Schlicht 2/5/2019

Sally J. Koziol 2/9/2019

Anna Mae Gross 2/22/2019

Dianne Vega 2/22/2019

Sandra Fitzgerald 2/24/2019

Glenn Geib 3/8/2019

James David Brown 3/10/2019

Abel Gutierrez 3/9/2019

Glenn Ohlson 3/21/2019

Doris Lewis 3/22/2019

Marsh Funeral Home

Olga C Leginski 3/25/2019

Glenola E. Davis 3/16/2019

Luis Antonio Gonzalez 3/25/2019

Geraldine M. Ostrander 1/9/2019

Peterson & Patch Funeral Home

Arnold J. Berendsen 2/21/2019

Linda L. Kukla 2/24/2019

Robert F. Schiller 3/21/2019

Ronald D. Henry 3/26/2019

Stanley Urman 2/25/2019

Westgate Funeral Home

Barbara Allen 2/1/2019

Jessie Evans 2/2/2019

Edmund Pauig 2/2/2019

Anthony Roan Smith Sr. 2/6/2019

Lee Childs 2/9/2019

Warren Funeral Home Erma

Clinkscales 3/10/2019

Margaret Riley 3/29/2019