



Waukegan Township Park Place Preview

**Patricia Jones, M. Ed
Waukegan Township
Supervisor**



November & December, 2019



Friends,

November and December are the months we give thanks. We thank those who serve our country and protect our freedoms. We also thank those ordinary people who become extraordinary citizens by donating their time and talents for senior citizens in the community. In the words of Mahatma Gandhi, "Be the change that you wish to see in the world."

Please join us for a complimentary holiday meal in honor of seniors:

Park Place is gearing up for the Annual Holiday Celebration which will take place on **Friday, December 6, 2019** at 12:00 p.m. Come and enjoy a special holiday meal, entertainment, raffle prizes and much, much more. Menu includes, turkey, dressing, cabbage, mac & cheese, sweet potatoes, salad, rolls, and cranberry sauce. Park Place will provide transportation if you do not live in a senior facility, but you are interested in attending. Please contact Park Place to schedule your transportation needs at 847-244-9242. Park Place is only able to accommodate 250 registrants for this complimentary event, so **sign up early**.



The Crafters:

Park Place has a crafting group which meets every Friday at 1:00 p.m. This group is compiled of experts in the craft of crosstitch, knitting, crocheting and needle point. This is also a great opportunity for those interested in learning these special techniques. New participants will have an opportunity to learn this craft or those who have some experience can join the team to learn new and exciting techniques. This group has been in existence for the past 15 years and continues to grow. You are always able to view or purchase crafters items in the Park Place Gift Shoppe or at Craft Shows held at Park Place.



Honoring extraordinary individuals:

Save the date, Monday, January 20, 2020 at 10:00 a.m. as we celebrate and honor Dr. Martin Luther King, Jr. During the Dr. King Breakfast we also honor those in the community who exhibit the qualities that Dr. King stood for, with the Dreamer Awards. In addition to honoring those within our community, there will also be a special tribute to **President Nelson Mandela**. The event will be held at Lakehurst Banquets at Fountain Square. This event has **sold out for the past 12 years, so get your tickets early**. Tickets are \$45 per person. Tables can be purchased for tier 1 - \$650, tier 2 for \$550, and tier 3 for \$450. Tables purchased within the tier system have priority over other seating. Tier seating can be purchased at the Supervisors Office, 149 S. Genesee Street and online at www.waukegantownship.com. Please see **page 10 for more information**.



The Township Board of Trustees, Senior Citizens Advisory Council and Staff wishes everyone a very healthy and prosperous Holiday and New Year!



Newsletter is available online. Please visit our website at www.waukegantownship.com or e-mail cpwhite@waukegantownship.com to be added to our email list.



ADVERTISE YOUR BUSINESS HERE

These days, a business's presence is a must. The Park Place Preview establishes a strong presence within the community, by distributing to more than **3500 seniors**, **2000** churches, organizations, businesses, and **over 10,000** social media views. With an advertisement in the Park Place Preview we pay special attention to your business, your products, and your services. Now, potential customers can easily find your products and services. This is an uncomplicated, fast, and affordable way to expand your businesses reach. And you'll see proven results!

Display Advertising

Size	Full-Color	Power Package
Full Page (7.5" x 9.25")	\$550	\$750
Half Page (7.5" x 4.5")	\$450	\$585
Quarter Page (3.625" x 4.5" or 1.675" x 9.25")	\$350	\$425

* We do not except custom sized ads.

Classified Ads

Seventy-five words or less, \$100 per issue; \$1 for each additional word. Minimum line charge \$100.



Online Value-Added Option

Upgrade to the Park Place Preview "Power Package" to include a banner ad and link to your website in the eNewsletter! Get double the exposure for your dollars in both the newsletter and eNewsletter for one low price. Don't pass this up!

January/February Park Place Preview Edition Ad Submission Deadline: December 1st

Park Place Room Rental

Need a great place to hold a meeting, birthday party, wedding reception, anniversary, bridal shower or other gathering?

- ♦ Rental Fees: Facility Open - \$45.00 per hour.
- ♦ Park Place Kitchen \$50.00 flat fee.
- ♦ Facility Closed & Holidays - \$65.00 per hour.
- ♦ Observed Holidays - \$95.00 per hour.
- ♦ Deposit Amount - \$100.00 due upon reservation date.

Our spacious room can accommodate up to 90 guests. Tables and chairs included in rental. Decoration rate available upon request. Available for rental; linens, chair covers, sashes, and runners. Also, billiard tables are available \$35 per hour w/rental. Call 847-244-9242 to reserve your day!



"A Home For The Holidays"

FRIDAY, DECEMBER 6, 2019

Dinner Dancing Music
* Live Entertainment

Attire: Semi-Formal
Donation: \$60.00

DoubleTree by Hilton - 510 East, IL-83, Mundelein, IL 60060. Purchase tickets at Supervisor's Office, 149 S. Genesee St or Online at www.waukegantownship.com. Paypal/Credit Card Payment Available.

6:00 p.m.– 6:30 p.m.
Reception & Cocktails

6:30 p.m.– 8:00 p.m.
Dinner, Awards & Entertainment

8:30 p.m.– Midnight
Dancing

**A Fundraiser to benefit
The Staben House. A
home for homeless
women and children**





Alderman Dr. Roudell Kirkwood Visits The Woodshop

Waukegan 4th Ward Alderman Dr. Roudell Kirkwood stopped by Park Place in September to engage with the seniors. We learned that Alderman Kirkwood taught Woodshop to the students of Waukegan High. He also visited the Park Place woodshop and took the time to be photographed with the Waukegan Township Supervisor Patricia Jones and woodshop participant Bob Hopkins.

Friendly Reminder: Bill HB348 - How does it affect Waukegan Township?

Dear Friends, Family and Supporters,

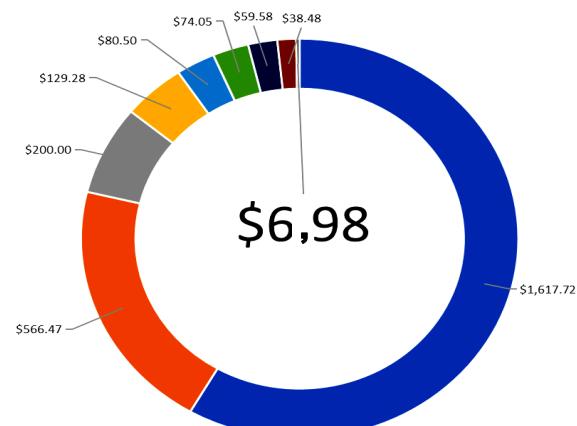
You may have questions regarding Bill HB348. What is HB348 and How does it affect Waukegan Township

On May 16, the Illinois Senate passed House Bill 348, voting 44-3 to send the measure to Gov. J.B. Pritzker's desk, HB 348 would relax requirements for residents seeking to abolish their townships in McHenry Country. Under HB 348, each township board of trustees could call a referendum asking voters whether to eliminate their township. If voters were to choose to consolidate the township, the results would be binding and the county would absorb the dissolved township's duties and responsibilities. **Additionally, HB 348 would dissolve all road districts responsible for fewer than 15 miles of road in both McHenry and Lake counties.**

For Waukegan Township, the average effective property tax road district portion is \$6,98. *The chart on the right breaks down how it's distributed.

This Bill will not affect the services that Waukegan Township provides. We will continue to service over 100,000 Waukegan, North Chicago, Beach Park, and Park City residents. In addition to continuing to provide financial relief to residents in need, Waukegan Township will fund and administer many health and wellness programs for area seniors, transportation to and from doctor appointments, lawn and snow removal, transitional facilities for men and women with children, scholarships for our youth and much more.

***Of the \$6,98 Township Road District portion, 50% goes to the Township Road District and 50% is shared with the City of Waukegan, City of North Chicago, Village of Beach Park and City of Park City.**



Source: Center on Budget and Policy Priorities tabulations of FY 2015 USDA SNAP Household Characteristics data.

Corner Gift Shoppe



The winner of the beautiful fall gift basket from The Corner Gift Shoppe at Park Place was Debbie Grove. Congratulations! Enjoy all the wonderful surprises inside.

Holiday Gift Basket Raffle. For every \$3.00 spent you will receive one raffle ticket to win a beautiful Holiday Basket full of surprises.

Winter Word Search

F	S	N	O	W	M	A	N	Y	P	V	W	R	U	E
X	I	U	E	I	L	I	G	O	F	I	A	R	H	T
U	C	R	C	T	U	O	L	D	N	G	K	L	I	A
C	S	E	E	G	I	A	Z	T	S	O	R	F	B	R
C	N	O	N	P	R	H	E	O	M	H	Q	C	E	G
H	M	E	P	B	L	R	W	C	Y	P	K	M	R	I
I	P	O	E	E	K	A	L	F	W	O	N	S	N	M
L	O	A	G	T	O	Q	C	I	Z	U	C	P	A	U
L	R	Z	A	K	O	C	P	E	I	J	J	D	T	Z
Y	T	H	O	T	C	H	O	C	O	L	A	T	E	J

chilly
fireplace
frost
hibernate
hot chocolate
migrate



penguin
polar bear
snowflake
snowman
white
winter



Someone You Should Know



Judith Zaugar aka "Ironing Lady", Waukegan Township would like to say thank you. Judith spent hours ironing over 300 chair covers and sashes for a recent event hosted by Waukegan Township. She is a regular volunteer for other projects.

*Some of our finest work comes through service to others.
Gordon B. Hinckley*



Join us for a
SPECIAL night of
BINGO!



VALENTINE BINGO AT PARK PLACE

Friday, February 14, 2020
6:00 p.m. to 9:00 p.m.

Come enjoy the food, the fun and
BINGO!
Spend an evening with your
sweetie!
1st, 2nd & 3rd Place prizes for the
cutes couples.

The Facility will be
CLOSED

Park Place will be closed on Monday, November 11th in honor of Veterans Day.
Friday, November 15th for Employee Gathering.
Thursday & Friday, November 28th & 29th
for Thanksgiving
Wednesday, December 25th for Christmas.

*Thank
you!*

We also are grateful to those who take time out of their busy schedules to assist us with various projects. We want to thank the members of our monthly faith distribution team for the countless hours of service to Waukegan Township. Team members of the committee are Evelyn Correa, Sabrina Duncan, Maria Garza, Naomi Klumb, Rosalinda Pajente, Mirtha Gustafson, Luisa Judice, Mala S., Judith Zaiger, Lillie Joplin, Yolanda, and Barbara Thomas.

let's do lunch

Park Place invites all seniors 60 and above to join us for lunch.
Sponsored by Catholic Charities.

Tuesday, December 17, 2019 12 Noon—3:00p.m.

Menu

Roast Turkey, Mashed Potatoes with Gravy, Sage Bread Dressing, Luau Blend Vegetables, Cranberry sauce, Waldorf Salad, Roll and Pumpkin Pie, Garlic Tuscan Chicken, Rice Pilaf, Green Beans-Garlic & Bacon, Spring Salad Mix w/Crasins, Walnuts, Feta Cheese and a Raspberry Vinaigrette, Roll and Apple Pie Squares

Reservations are needed. Please call 847-782-4117

Spell your name

Phone number

Event(s) Date (s)

\$5.00 suggested donation

**Food
Entertainment
Raffle**

coming
2020

Save the Date

**Dr. Martin
Luther King, Jr.
Breakfast**

January 20, 2020
Lakehurst
Banquet Hall
10:00 a.m.



Save the Date for our
Walk for Seniors

Saturday, September 5, 2020



Planned Giving

Some seniors have chosen to include Waukegan Township Park Place in their estate plan, so they can continue to help other seniors even after they are gone. By making a "gift", you too can continue to bring needed services and programming to other seniors of Waukegan Township even after your lifetime.

How it works

1. Sign the appropriate paperwork making Waukegan Township Park Place a beneficiary of your will, trust, insurance or retirement assets.

2. After your lifetime, money and assets are distributed to your heirs and Waukegan Township Park Place as directed by your estate plan documents.

Waukegan Township Park Place uses your bequest for the purpose(s) you specify.

Benefits

- Maintain control of your assets during your lifetime
- Have the flexibility to modify your bequest if your circumstances change.
- Reduce your taxable estate by the amount given to Waukegan Township Park Place
- Make a significant gift to Waukegan Township Park Place and designate how it should be used.

Experience the satisfaction of knowing you can continue to help even after you are gone.

You can add Waukegan Township Park Place to documents you already have in place, or plan to put in place.

- Include a bequest to Waukegan Township Park Place in your Will or Revocable Trust.
- Designate Waukegan Township Park Place as beneficiary of your Retirement Assets - IRA, 401(k), 403(b) or pension.
- Name Waukegan Township Park Place as a beneficiary of a percentage of your Life Insurance policy.

Designate Waukegan Township Park Place as a beneficiary of a Bank account(s).

Choose the type of bequest that best meets your needs and goal for loved ones and causes close to your heart:

- Percentage bequest:
- Specific bequest:
- Residuary bequest:
- Give a percentage of your estate.
- Give dollar amount of specific asset.

Leave the balance of residue of your estate after other distributions are made and expenses are covered.



How Do You Make a Bequest?

Work with your lawyer to add language to include a bequest to Waukegan Township. Depending on your situation, it may be as easy as adding a simple codicil to your current plan.

Retirement Assets, Life Insurance or Bank Accounts:

Simply contact your life insurance provider, retirement plan administrator, and / or bank or financial institution to fill out and file the appropriate beneficiary designation form(s) or payable on death (POD) form(s).

New Legislation

NCOA Low-Income Improvements Included in House Committees' Medicare Part D Legislation

This week, two House committees passed legislation that includes NCOA proposals to make prescription drugs more affordable, particularly for low-income Medicare beneficiaries and those with high out-of-pocket costs. Advocacy efforts to protect and improve the Medicare Part D Low-Income Subsidy (LIS or Extra Help). LIS makes Part D affordable for low-income beneficiaries by helping pay for their prescription drug premiums, deductibles, and copays.

The House Ways and Means Committee, and the House Energy and Commerce Committee, passed legislation that includes eight provisions to improve the LIS program, six of which are included in the Medicare Part D recommendations.

The Title IV of the Lower Drug Costs Now Act (H.R. 3)

Eliminate copayments for generic drugs for LIS beneficiaries.

This provision is based on H.R. 2757

Better educate LIS-eligible beneficiaries by requiring the Centers for Medicare and Medicaid Services (CMS) to send them a notice that compares Part D plan out-of-pocket costs and provides information on opportunities to enroll in zero premium benchmark plans. This is based on H.R. 4632

Improve the LIS assignment process by replacing the current random assignment of LIS beneficiaries whose zero premium benchmark plans are no longer available with an "intelligent assignment" process prioritizing plans with better coverage and lower costs.

Allow more people to qualify by expanding the income eligibility thresholds for partial LIS benefits from 150% to 200% of the Federal Poverty Level (FPL) and expanding the thresholds for full LIS benefits from 135% to 150% of FPL. This provision is based on H.R. 4620

Extend eligibility to low-income residents of Puerto Rico and other U.S. Territories, who are not currently able to receive this vital assistance.

Provide for automatic LIS enrollment by requiring it for all adults who reach age 65 with incomes below 200% of FPL and who were enrolled in Medicaid. This provision is based on H.R. 4661

Expand eligibility by eliminating burdensome LIS eligibility asset requirements and streamlining the enrollment process. This provision is based on H.R. 4628

Exclude certain retirement accounts from the calculation of assets in determining eligibility. This provision is based on H.R. 4655H.R.



Travel With Waukegan Township!

During 2018-2019, 626 people enjoyed outings to cultural events, plays, restaurants, musicals and sporting events, including extended overnight trips.

7 Safety Tips for Senior Travelers

1. Get Insurance.
2. Don't Advertise Your Absence.
3. Watch What You Eat.
4. Mind Your Meds.
5. Keep the Bling to a Minimum.
6. Keep Others in the Loop.
7. Wear Comfortable Shoes.



**Macy's on State Street:
The Legacy of
Marshall Fields**

Thurs, November 21, 2019



Beat the crowds and enjoy the former flagship Marshall Field State Street store dressed in holiday splendor! We will enjoy and hour-long tour by the Chicago Architecture Foundation. We'll trace the history of the building as a renowned retail establishment and discover the century-old great clocks, the lavish tiffany vaulted ceiling, the Walnut Room and "Charley's Door". We'll also visit the Pedway just outside Macy's. There will be lunch in the Walnut Room with its 2-story Great Tree, dressed with 15,000 dazzling lights and 1,200 themed ornaments. There will be time to shop! The cost is \$87 and includes transportation, tour, and dining in the Walnut Room. The bus departs Park Place at 9:00a.m. Estimated return time after 4:00 p.m.



**Shopping at Oakbrook Center
Tues, December 10, 2019**



One stop holiday shopping at Oak Brook Center! A premier shopping center in Chicago's western suburbs, Oakbrook Center is a spectacular outdoor mall located near I-88 in Oak Brook, Illinois. Anchored by Macy's, Nordstrom's and Neiman Marcus, this mall has something for everyone. Bus will depart Park Place at 9:00 a.m. and will leave the mall at 3:00pm p.m. The fee of \$17 per person includes round trip transportation.

**Trips are open to adults 18 and older
and residents in or outside of Waukegan Township.
For more information or to register call 847-244-9242
or email lpable@waukegantownship.com**



**"An Afternoon with
Mr. & Mrs. Lincoln" at the
Jacob Henry Mansion,
Tues, February 11, 2020**



Celebrate Lincoln's birthday in a historic setting! We will journey to the Jacob Henry Mansion in Joliet, IL., and enjoy "An Afternoon with Mr. & Mrs. Lincoln" This play takes place in the White House at the end of the Civil War. As the President and Mrs. Lincoln reflect on the events of the past four years and their plans for the future, the play flashes back to the beginning of their lives together, and bring the audience all the way forward through the tumultuous years of the Civil War, ending as the President realizes that it is time for him to leave for Ford's theater. We will enjoy lunch and tour the estate before returning to Park Place. Departs Park Place at 9:00 a.m. Estimated return time 5 p.m. Fee of \$75 includes play, lunch, tour, and round-trip transportation.

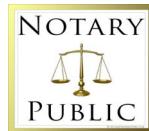
**Black History & Civil Rights
Tour in Milwaukee,
Tues, February 25, 2020**



Explore African American History and the Civil Rights movement in Milwaukee! Our day will begin by visiting a church significant in Milwaukee's African American community. We will then venture on a narrated city tour that will include viewing the external architecture of two additional churches. We will enjoy a sit-down lunch at a black owned restaurant, and a visit to the Wisconsin Black Historical Society. We will stop in for dessert and shopping at a black owned bakery. Fee of \$85 includes tours, lunch, and round-trip transportation.



**NO APPOINTMENT
NECESSARY**



Waukegan Township can assist you with:

* Complimentary Notary Services

* Voter Registration

* Passport Processing Services

Administrative office located at 149 S. Genesee Street is a certified Passport & picture site.

For information and passport fees call 847-244-4900.



This chart illustrates the number of seniors who received services from Park Place Center 2018-2019.

Total units of service provided to seniors this year were **44,387**

Trips: 626

Fitness Wellness: 6725

Recreational: 23,105

Enhancement Groups & Services: 7672

Events: 2046

Transportation: 4213

■ Trips:

■ Recreational:

■ Events:

■ Fitness Wellness:

■ Enhancement Groups & Services:

■ Transportation:



Waukegan Township Presents!

WEEKEND WITH TINA!

AIR, LODGING, SHOW TICKETS.
TRANSPORTATION TO AND FROM
AIRPORT INCLUDED
FRIDAY, FEBRUARY 21 THROUGH
MONDAY, FEBRUARY 24, 2020

\$1500 PER PERSON DOUBLE OCCUPANCY

This production is a rollicking rollercoaster ride, delivered with stylistic verve and fireball energy by a high caliber cast.
-Hollywood Reporter

JOIN PARK PLACE AS WE TRAVEL TO NEW YORK, NEW YORK

4 DAYS, 3 NIGHTS, WEEKEND ADVENTURE TO THE GREAT STATE OF NEW YORK. WE WILL VISIT MEMORABLE LOCATIONS AND ATTRACTIONS INCLUDING THE STATUE OF LIBERTY, 911 MEMORIAL, TIME SQUARE, HARLEM, BROADWAY AND ENJOY THE MUSICAL TINA.
QUESTIONS CALL 847-244-9242 OR LPABLE@WAUKEGANTOWNSHIP.COM
*PRIVATE TRAVEL INSURANCE IS SUGGESTED

**THE GUARDIAN-TINA REVIEW:
WHIRLWIND TURNER TRIBUTE LEAVES YOU BREATHLESS!**

Medicare Part D

Open Enrollment

Now until December 7th

Want to save money on prescription drugs? Everyone on Medicare can review their Medicare Part D plan to make sure it provides the best coverage as well as make changes for the new year. You can do this yourself using Plan Finder on www.medicare.gov or make an appointment at Park Place to work with one of our highly trained Senior Health Insurance Program (SHIP) counselors. To compare 2020 Medicare Part D plans, you will need a list of your current medications from the pharmacy, or your medication bottles, and your Medicare Card. You can make your appointments by calling

847-244-9242.



Health & Wellness

During 2018-2019, over 6725 units of service were provided to seniors benefiting from the Fitness & Wellness programs.

Brain Teaser

r	e	p	r	o	d	u	c	e	q
m	x	f	s	j	t	d	v	w	g
v	a	r	i	e	t	y	m	i	r
i	e	x	e	r	c	i	s	e	o
g	r	o	w	e	p	d	d	q	w
a	n	x	l	b	c	y	i	r	t
m	e	d	i	c	i	n	e	s	h
m	f	e	e	d	y	j	t	s	n
a	e	g	e	r	m	s	u	u	w
o	j	m	o	v	e	j	r	k	v

Diet
Germ
Medicines
Variety
Exercise
Grow
Move
Feed
Growth
Reproduce

November

Should Cannabis be in your Medical Cabinet?

Wednesday, November 13, 2019 - 11 a.m. - 12 p.m.

Presented by: Janet Parry- The Clinic

We will discuss what cannabis is, how it can be taken, conditions that benefit from cannabis, changes to the law and what that means. There will be plenty of time for Q & A.

What is Pneumonia

Wednesday, November 20, 2019 - 10 a.m. - 11 a.m.

Presented by: Dr. Daisy Andaleon- Waukegan Physician

Come learn what Pneumonia is and how can it affect you.

December

Peripheral Neuropathy

Wednesday, December 4, 2019 - 10 a.m. - 11 a.m.

Presented by: Lindsay Colbert - The Clinic

What is Peripheral Neuropathy? What effects does it have? Other questions will be answered.

Connecting With Foss Park

Foss Park Community Center

Tuesday November 19 & December 17, 2019

10 a.m. - 12 p.m.

Park Place offers services and programs to senior citizens 55 & better, outside of our service hub. Programs include Technology Connections which assist with phone, tablet, and digital technology educational classes. The Wellness Connections provides health and exercise programs. The Benefit Connections offers assistance with understanding and applying for Ride Free cards, license plate discounts, Medicare Savings Programs, Extra Help and access to certified Senior Health Insurance Counselors!

Benefit Connections staff will assist with Benefit Access and SHIP information. Bring tax form or Social Security 1099 forms from 2019 for Benefit Access applications. Bring Medicare Cards and prescription drug list for SHIP information.

Congressman Brad Schneider

Tues, November 12th & Tues, December 10th

2:30 p.m. - 4:30 p.m.

A representative from Congressman Brad Schneider's office will be at Park Place to assist constituents from the 10th Congressional District with Social Security, VA Benefit, Medicare or any other concerns at the federal level. For more information call Park Place.

The Illinois Department on Aging Senior Health Insurance Program (SHIP)

Park Place provides assistance with any questions pertaining to Medicare Parts A, B, C, & D. Appointments must be scheduled in advance. The benefit access program hours are M-F 9:00 a.m. - 12:00 p.m. Open enrollment began on October 15th and runs through December 7, 2019. Call 847-244-9242 for more information and appointment.

Waukegan Township also provides limited complimentary transportation to Waukegan Township residents.
Call: (847) 599-2936 or email lnava@waukegantownship.com 3 days in advance.



Living Single

A new group for single men and women who would like to socialize in the evenings, meet new people, go different places and do new and exciting things. The Living Singles Group will be meeting on November 22nd at Bertrand Bowling Lanes located at 2616 Washington Street in Waukegan at 3:00 p.m. On December 19th, our group will be meeting at 1:00 p.m. at the Olive Garden located at 5590 Northridge Drive in Gurnee. If you are interested call Mary Ann at 847-244-9242. Come and meet other members of the group for great conversation and socialization. Please RSVP your attendance.

Grandparents & Other Relative Caregiver's

Are you a Grandparent or Caregiver of a child/loved one and find yourself looking for support and understanding of the challenges you face? Join our special group on Monday, November 13th and December 11th at 5:30 p.m. September Speaker will be Linda Magad from Family Services of Lake County and December 9th will be our Holiday Celebration. Transportation is available to all those who would like to attend. For any additional information or transportation needs, contact MaryAnn Hartke at 847-244-9242.

Lollie Drew Low Vision Support Group

Do you suffer from macular degeneration, glaucoma, cataracts or other degenerative eye problems affecting senior citizens? If so, you are invited to join us for our monthly Lollie Drew Low Vision Support Group on **Tuesday, November 12th and Tuesday, December 8th at 10:00 a.m.** November 12th Certified Rehabilitation Therapist Cody Froeter will meet with clients on an individual or small group basis. Cody teaches clients independent living skills and assistive technology. **December 8th** will be the Holiday Celebration with food and entertainment. Transportation is available for those who would like to attend. Sign up at Park Place or call 847-244-9242

Roslind Franklin School of Podiatric Medicine

Park Place complimentary foot care
Tuesday, December 10th
1:00 p.m. - 3:00 p.m. by appointment.

The Park Place Memory Café meets every second Wednesday 1:30 p.m. - 3:00 p.m.

Share your stories and socialize with others who have concerns about their memory or the memory of a loved one. Speaker for November Dancing with Ken. Decembers theme, Christmas Around the World.

Rosalind Franklin Community Care Connection

Complimentary Health Screenings
November 5th & December 10th, 10 a.m. - 1 p.m.

Free heart health screenings include, screenings for cholesterol, blood sugar (diabetes), body mass and waist measurement. Receive test results in just 15 minutes. All ages welcomed. Patients taken until 15 minutes before close.

Red Hat Society

The Red Hat Society is an international social organization that was founded in 1998 in the United States for women age 50 and beyond, but now open to women of all ages. Women under 50 will wear pink instead of the traditional red. Its main purpose is to provide women with opportunities for pleasant social interaction, both for reconnecting with old friends and making new ones. Join us on November **21st** and December **19th at 12:00 p.m.** in Park Place where the Red Hats meet.

Spanish Support Group

Come and join our Hispanic Support group where we strive to enhance the quality of life for seniors in the Latino community by providing education, and emotional support and social interactions with other Hispanic seniors in the community. **We meet every second Friday of the month at 11:00 a.m.**

* Grupo De Apoyo En Espanol

Spanish speaking resource group

No Meeting in December

Technology Center

Open Lab at the Tech Center

Park Place has computers for use by those 55 and better during open hours. Complimentary.

Trouble Shooting & More: Help Desk at the Tech Center! Mondays from 1:30 p.m. – 3:00 p.m. to answer questions on your technology devices, programs, social media or applications. Complimentary.

Readers Delight Book Club

Come and join us as we meet to discuss and express our opinions, likes, dislikes, on interesting books and topics. The Readers Delight Book club **meets every first Monday of the month at 1:00 p.m.**

Free Blood Pressure Screenings and Referrals:

December 14th, 11:00 a.m. - 12:00 p.m.

Sponsored by the Nu Phi Chapter Chi Eta Phi





ANNUAL DR. MARTIN LUTHER KING JR. DREAMER'S BREAKFAST

Monday, January 20, 2020

300 Lakehurst Rd,

Waukegan, IL 60085

9:15am - 9:45am Reception

10am - 12pm Event

This annual event is a tribute to Dr. King's legacy by honoring individuals for outstanding service in faith, business and public life.

Tickets \$45
before Nov 30th
After Nov 30th
price will
increase to \$50.



A Multicultural and
Multi-Denomination event.

Proceeds from
the MLK event support funding for
the Park Place Senior programs and
services.

- *Speakers*
- *Breakfast*
- *Entertainment*
- *Door Prizes!*

Save The Date!

For More Information Call:

847-244-4900

or

Email:

rrandle@waukegantownship.com

SPONSOR LEVELS:

Platinum - \$1500.00, Includes 10 tickets in premium section . Logo and Name recognition in any print advertisements and social media marketing. Name/Logo on Welcome Banner and in program booklet. Full Page Ad in program booklet. Recognition from Podium at event.

Gold - \$750.00 Includes 5 tickets in premium section. Name recognition on Social Media Marketing, name in program booklet and 1/2 page ad in program booklet.

Silver - \$500.00 includes 4 seats in premium section. Name recognition on Social Media Marketing, name in program booklet.

Bronze - \$300.00 includes 2 tickets in premium section. Name recognition on Social Media Marketing. Name recognition in program booklet.

Tables can be purchased according to tier.

Tier 1: \$650 / Tier 2: \$550 / Tier 3: \$450

All tables of 10 are assigned in order of payment received.



Why pay expensive fitness center prices to stay healthy when you can use the Park Place Fitness Room? We have treadmills, elliptical machines, stationary bikes and weight equipment available for you.

Please Note: Advance sign up for classes & a medical release form must be on file. Form must be renewed yearly.



Save the Date 2020 Walk for Seniors Saturday, September 5, 2020

Fitness Classes: Floor Mat Exercise, Yoga & Meditation, Advanced SeniorSize, SeniorSize, Zumba

Fitness Center Hours:
Mon 9:00a.m. - 7:00p.m.
Tues, Wed, Thurs, Fri 9a.m. - 4:30p.m.

MONDAY

TUESDAY

WEDNESDAY

*SeniorSize - 9:15 a.m.
*SeniorSize - 10:15 a.m.

*Chicago Soul Dancing - 5:30 p.m. \$2

*Walk Fit 9:00 a.m.

*Country Line Dancing 10:00a.m.

*Advanced SeniorSize 9:15 a.m.

*Yoga/Meditation 10:15 a.m.

THURSDAY

*Advanced SeniorSize 9:15 a.m.

*SeniorSize - 10:15 a.m.
Cardio Drumming 11:00 a.m. \$5

Cardio Drumming
Every Thursday from 11:00 am to 12:00 pm
Cost: One Time Fee \$5.00!
All participants must complete an exercise form at Park Place. **SIGN UP IN ADVANCE.**

*Zumba 9:00 a.m.

Floor Mat Exercises 10:00 a.m.

FRIDAY

Getting Fit For The New Year

During 2018-2019 over 6725 units of service were provided to seniors benefiting from the Fitness & Wellness programs. This also includes educational workshops on health topics and screenings with the Park Place Wellness program, held at Park Place and other locations throughout the township.

If you are 55 and older, now is the perfect time to fight off cabin fever with a visit to Park Place. From pool tables to the fitness center, there is always something to do at Park Place.

Plan your next workout at the Park Place Fitness Center and burn off those excess holiday calories. Equipment include: Aerobic Rider, Treadmills, Stationary Bicycles, 1 Stair Master, and Weights.

Complimentary Exercise Room at Park Place

Take advantage of our Certified Exercise instructor and our exercise equipment. Train every Tuesday & Thursday 11:30 a.m. - 1:30 p.m.

Cardio Drumming



March to the beat of your own drum with one of the latest (and most fun!) fitness trends! Cardio drumming takes a simple movement - drumming - and

turns it into a full-body workout that will leave you smiling, sweating, and feeling great. Cardio drumming brings together drumsticks, an exercise ball, and an exercise ball stand to create one of the most fun workouts you'll ever do. Using the exercise ball and the floor as your drum, and mixing in fun moves, cardio drumming turns keeping a rhythm into a workout you won't want to stop. One-time \$5 fee. Thursday at 11:00 a.m.

Country Line Dancing

Country Line Dancing is a choreographed dance by a group of individuals, with a repeated sequence of steps to some of the nation's top Country and Western hits. Come and join us as we move our hips to some Country Western beats. Tuesday at 10:00 a.m.

Chicago Line Dancing

Chicago Line Dancing is a low-impact cardio class with sequenced choreography. The dance sequence is taught in repeated steps, grouping the class in one or more lines to execute the steps at the same time. Dance to the latest R & B Hits from across the nation. Monday evening at 5:30 p.m.

Happy Holidays!

Trustees: Percy Johnson, Nathaniel Hewitt, Opal Rice, and Sylvestre Castellanos
Clerk - Rose Staben
Assessor - Mark Stricklin
Highway Commissioner - Arthur Craigen

Park Place Senior Citizens Services

Committee:

Chair: Nelson "Whit" Whitaker
Vice Chair: Wayne Bowen
Secretary: Sandra Eaker
Members: Scott Grubnau, Katie Strawder, Gloria Carr, and Jeanette Keyes.
Honorary SCSC Member: Larry Eaker

Park Place Hours

Monday	9:00 AM - 7:00 PM
Tuesday	9:00 AM - 4:30 PM
Wednesday	9:00 AM - 4:30 PM
Thursday	9:00 AM - 4:30 PM
Friday	9:00 AM - 4:30 PM
*Saturday	Open only for rentals
Sunday	Closed

PARK PLACE
414 S. Lewis Ave.
Waukegan, IL 60085



Phone: 847-244-9242
Fax: 847-244-9258
www.waukegantownship.com



Waukegan Township extends our heartfelt condolence to the family of **Harriet Brague**. Harriet passed away peacefully on Sunday, October 13, 2019 in Pleasant Prairie, Wisconsin. She was born in Sparta, Wisconsin on September 24, 1929. Harriet was an avid member of Our Lady of Humility Church in Beach Park. Harriet also spent many years as an Ambassador for Park Place, answering phone calls, questions and assisting with the distribution of monthly taxi-cab tickets. She also lead the Cribbage games at Park Place every Tuesday. Everyone remembers Harriet and her whistle for the start of the Cribbage games. Please know that our thoughts and prayers are with you.



Our Deepest Condolences

***~Family members, you are always
in our thoughts.~***

**We Remember Seniors
Who've Passed Away**

Aug. 12, 2019 - Oct. 23, 2019

The Memorial Chapel of Waukegan

Tina Rangel 9/9/2019
Anton Lee Hopfauf 9/13/2019
Guillermina Cervantes 10/6/2019
Lidia D. Rosales 10/22/2019

Westgate Funeral Home

Maggie Lue Slater 10/16/2019
Beatrice Thompson 10/12/2019
Frederick C. Freeman III 10/11/2019
Larry McCarroll 9/7/2019
Patricia Gail Edwards 9/6/2019
Nora Estelle Maye 9/1/2019
LZ Bonds Sr. 8/30/2019
Doris M. Hill 8/22/2019
Artago R. Calhoun 8/21/2019

Bradshaw and Range Funeral Home

Edna Marie Mason 8/21/2019
Mary Louise Myles 8/25/2019
Violet Rainey Bridgewater 8/26/2019
Quincy B. Brown 8/27/2019
Sammie L. Parker 8/28/2019

Debra Giragosian 8/29/2019
Harold "Pete" B. Weddle 8/31/2019
Marilynn R. Blye 9/6/2019
Robert Earl Williams 9/12/2019
Reginald Meeks 9/12/2019
Pecolia Raines 9/20/2019
Vere Joel "Joe Day" Day 9/20/2019
Felix D. "Flanky" McGee 9/24/2019
Candice Marie Quinn 9/25/2019
Inez "Madea" H. Wiggins 9/28/2019
Royal Tillman 9/30/2019
Ruby Otey 10/8/2019
Geneva Liddell 10/8/2019
Georgette Juanita Green 10/12/2019
Theron Simms 10/13/2019
Hazel M. Hasty 10/15/2019
Deborah Denise Guice 10/17/2019
Roosevelt "Rudy" Henderson Jr. 10/20/2019
Shirley A. Pratt 10/21/2019

Peterson & Patch Funeral Home

Jeanette Burson 8/16/2019
Marlyn Joyce Cook 9/15/2019
Fred Russell Pope 9/19/2019
Russell Erwin Ball Sr. 10/6/2019

Bradley Funeral Home

Susan M. Whisenand 8/23/2019

Margaret J. Wyszomirski 10/9/2019
Aldona A. Wright 10/19/2019

Marsh Funeral Home

Deborah L. Whitson 10/16/2019
Roger Allen Voinovich 10/19/2019

Warren Funeral Home

Sheila Somers 10/18/2019
John Griffel Jr. 10/14/2019
Sandra Thomas 10/10/2019
Daniel Tyran 9/22/2019
Maria "Pachi" Marin-Figuroa 9/18/2019

Congdon & Company Funeral Home

Charlotte "Lotte" Heinly 10/16/2019
Harriet Brague 10/13/2019
Harriet Rose Oestreich 10/9/2019
James Wolden 10/8/2019
Dawn M. Morse 10/3/2019
Jim E. Henry 9/28/2019
Norris Ladd 9/26/2019
Dorothy Juanita Helmick 9/19/2019
Barbara J. Ankley 9/7/2019
Robin Clark-Jones 9/6/2019
Ingeborg Rendall 8/31/2019
Jeffrey G. Lehman 8/24/2019
James H. Beagel 8/18/2019
Jeffrey "Lem" Lemuel Boyd 8/12/2019