

Park Place Preview



September & October, 2021

Greetings,

It's been a long time coming, however, after 18 months of sheltering in place, social distancing, masking up and excessive hand washing/sanitizing, I sincerely hope you have been able to get out and enjoy the warm summer weather, walking in one of Waukegan's beautiful, scenic parks or simply being able to spend time with friends and family. With the reopening of Park Place and other facilities this summer, there have been a great number of opportunities to make up for our worldwide lock down and much more to come before the summer sun and heat transition into cooler temps and falling leaves!

We're only a few days away from our 20th Annual Walk for Seniors 5K event! Saturday, September 4, 2021, is the day and there is still time to register and support this senior fundraising event. THANK YOU to the community for your continued support. We'd also like to send a huge thank you Medline and Oak Street Health for your generous donations towards this worthy cause.

All registrants will receive a 2021 Walk for Seniors T-shirt, along with lunch and a participation medal. After the wrap-up celebration, sit back in your lounge chairs, relax, and listen to the smooth sounds of the Archie Parks Band, during our final Picnic in the Park event. Pre-registration is being taken online (www.waukegantownship.com) or in person at Park Place. Event day registration will begin at 10:00 am with the Walk commencing at 11:00 am. For information or sponsorship opportunities, call 847-244-4900 or email our Special Projects Manager, Robbie Randle at rrandle@waukegantownship.com.

We're also excited about the renewal of our Park Place travel opportunities (check out pages 2 & 3) and don't forget about our exercise classes (page 5), support groups (page 6), wood shop, line dancing, billiards, various card games and other featured activities. If you haven't been in to enjoy our many offerings, hesitate no more! We're fully open and waiting to serve!

Sincerely,

Marc L. Jones
Waukegan Township Supervisor/CEO



- Fun Event for the Whole Family
- Finish Line Celebration
- Picnic in the Park: "Live" Entertainment following the Walk
- \$35 Registration Fee
- T-shirt, Medal & Lunch to Participants

Bocce Ball Tournament Friday, Sept 17, 2021

2:00pm - 5:00pm

Calling all Bocce players over the age of 55. Park Place and the Waukegan Park District will hold its first Bocce Ball Tournament at the new Corrine Rose Bocce Courts. Bocce, is also known as Italian lawn bowling and is one of the most widely played games in the world. Bocce is best known in Italy, where you may see a group of retired Sicilians gathered in a town square for a daily afternoon game. Bocce has been gaining popularity in the U.S. and other locations. To register please call 847-360-4700.

For questions or concerns call Park Place at 847-244-9242 or email Ahernandez@waukegantownship.com.

Details: 2-Person teams, age 55+, winner and loser bracket, every participant will be guaranteed two games, 1st, 2nd & 3rd place prizes for each bracket, and cost \$20.00 per team or \$12.00 for single. (All single registrants will be matched with another single player)



- Newsletter is available online. Please visit our website at www.waukegantownship.com or e-mail cpwhite@waukegantownship.com to be added to our email list.

Waukegan Township Daytrips

BLACK VIOLIN & THE BLIND BOYS OF ALABAMA

THE PAVILION AT RAVINIA
HIGHLAND PARK 09/11/21



The Blind Boys of Alabama have the rare distinction of being recognized around the world as both living legends and modern-day innovators. They are not just gospel singers borrowing from old traditions; the group helped to define those traditions in the 20th century. The band has persevered through seven decades to become one of the most recognized and decorated roots music groups in the world. The Blind Boys of Alabama will join Black Violin, an American hip hop duo comprised of two classically trained string instrumentalists. Black Violin's popularity has risen with their performance accompanying Alicia Keys and some of the industry's biggest artists. Fee of \$15 includes round trip transportation and tickets to performance. Bus departs at 4:30pm. **Only 20 seats available!**

Cedarburg Fall Wine & Harvest Festival

Saturday, September 18, 2021

Celebrate a sweet and savory weekend at the Wine & Harvest Festival in historic downtown Cedarburg! Enjoy the quilt show, farmer's market, art show, pumpkin carving demonstration, live music, and tasty festival food and beverages. The trip departs Park Place at 8:30 a.m. We will depart from the festival at 2:00 p.m. We will make a stop at Mars Cheese Castle before returning to Park Place sometime after 4:00 p.m. The fee of \$30 includes round trip transportation and entry to the festival.



Spirited Adventures: Old Joliet Prison, Psychic Medium & the Jacob Henry Mansion, Tuesday, October 26, 2021

Explore the Historical Joliet Prison! Delve into the fictional home of Jake Blues with a docent led walking tour of the Old Joliet Prison. Learn the general history of the prison from when it was first opened in 1858 to present day. Next, we will depart for the Henry Jacob Mansion for a delicious lunch and group reading by Psychic Medium Michael Gourley. Michael is one of the "Top 10 Chicago Psychics." Michael will explain how he uses his gifts to deliver messages from loved ones in spirit and will deliver any messages that come through for our guests- there may even be a message for you! Afterward, enjoy a self-guided tour of the Mansion and grounds before departing for Park Place. The tour leaves at 8:00 a.m. and returns after 4:00 p.m. Fee of \$99 Covers all transportation, tours, lunch, and show.

Kemper Center Tour and Holiday Fun, Tuesday, November 30, 2021

Celebrate history and the holidays at Kenosha's historic Kemper Center! We will start with an exclusive tour of the lavishly decorated buildings, including the Gallery of Trees, Durkee Mansion, Cloister and Chapel. Next you will feast at the Hob Knob, a traditional Wisconsin Supper Club, before enjoying a tour of beautifully decorated homes and a stop downtown for a sweet treat. Fee of \$97 includes all transportation, tours, dinner, and dessert. Departs Park Place at 1:00 p.m. and returns after 8:00 p.m.



Nothing Can Be Finer than to be in Carolina!

Charleston Travel Meeting

Thursday, September 23rd, 5:10 p.m.

Join us to learn more about our trip to Charleston, SC., February 20 – 26, 2021! Learn more about the itinerary and planned tours while enjoying a light dinner.

You must RSVP to Park Place at 847-244-9242 / email lpable@waukegantownship.com in advance.

Trip Dates:

February 20, 2022 - February 26, 2022

Price \$869 per person,
double occupancy

- Visit www.waukegantownship.com for daily itinerary and trip details.

7 Days
6 Nights



CHARLESTON SOUTH CAROLINA



Thank you to everyone who attended the August Picnic In The Park event. We look forward to seeing you on September 4th. For more information call 847-244-9242 or email lpable@waukegantownship.com.

By Appointment Only!



Remember,
Waukegan Township Administrative Office,
located at 149 S. Genesee Street, is a certified
Passport & picture site.
For information and fee info, call 847-244-4900.

Do you have a doctor's appointment? Waukegan Township also provides limited complimentary transportation to and from your appointment for Waukegan Township residents. Call: (847) 599-2936 or email lnava@waukegantownship.com 3 days in advance.



The Roberti Culinary Pathways Program and North Shore Water Reclamation Trustee show kindness to the seniors of Park Place. The Roberti Culinary Pathways Program is a tuition free culinary and life skills training program, which provides the proper foundation, training, and opportunity to achieve to their students. Because the demand for food service personnel has increased, this program provides its students the opportunities to work in a variety of settings including restaurants, hospitals, hotels, schools and catering. Preparing meals for Park Place participants gives the students the chance to utilize their newly acquired skills. Each week, meals are delivered to Park Place by North Shore Water Reclamation Trustee Beverly "Sugar" Young.

Park Place is back in business!

Park Place is near pre-pandemic participation.



PARK PLACE

Park Place Room Rental



Need a great place to hold a meeting, birthday party, wedding reception, anniversary, bridal shower or other gathering?

- ◆ Rental Fees: Facility Open **\$65.00** per hour.
- ◆ Park Place Kitchen \$50.00 flat fee.
- ◆ Facility Closed & Holidays
- ◆ Observed Holidays - \$95.00 per hour.
- ◆ Deposit Amount - \$100.00 due upon reservation date.

Our spacious room can accommodate up to 90 guests. Tables and chairs included in rental. Decoration rate available upon request. Available for rental; linens, chair covers, sashes, and runners. Call 847-244-9242 to reserve your day!

Exercise Room Open M-F 9am-4pm

Mondays, Wednesdays and Fridays (Zoom only)

08:30 am to 09:00 am

Cardio and Crunches



12:00 pm to 12:30 pm

Total Body Blast

01:00 pm to 01:30 pm

Serenity Stretch

Country Line dancing has returned! Fridays at 10:00am. Please call 847-244-9242 for more information.

Tuesdays and Thursdays (on Zoom and Live at Park Place)

09:00 am to 09:30 am

Chair Workout Warrior



09:45 am to 10:15 AM

Functional Fitness

10:30 am to 11:00 am

Cardio Circuit Training

11:25 am to 11:45 AM

Seated Tai Chi for Arthritis

12:00 PM to 12:30 PM

Tai Chi for Arthritis and Falls Prevention

Class Details

Cardio and Crunches

Cardio and Crunches is an aerobic and abs class. No equipment needed. Participants can exercises seated or standing.

Total Body Blast

Total Body Blast is a quick-paced resistance training class. Participants should have a chair and 1 of the following: weights, a water bottle, two cans or a resistance band.

Serenity Stretch

Serenity Stretch is a stretch class for loosening tight muscles and improving range of motion. A yoga strap, a long belt, or a long towel would be helpful for increasing flexibility.

Chair Workout Warrior

Chair Workout Warrior focuses on upper body strength. It is great for participants needing to sit or hold on to a chair to exercise. Even with in a chair, it will be challenging! Participants should have weights, a resistance band, and should bring their own water.

Functional Fitness

Functional Fitness focuses on lower body strength. It helps with every day movements such as bending down, squatting, reaching and lifting. Legs and shoulders are the primary focus of training. Participants should have weights, a resistance band, and should bring their own water.

Cardio Circuit Training

Quick paced aerobic and resistance training class. Circuits consist of 3-6 exercises performed vertical style. At least 3 circuits will be done each class. Participants should have weights, a resistance band, and should bring their own water.

Seated Tai Chi For Arthritis

Sun-style Tai Chi is an evidence based practice proven to improve overall quality of life. This practice will be performed seated, focusing on increasing range of motion, flexibility and coordination. Standing for this session when able is encouraged.

Tai Chi For Arthritis and Falls Prevention

Tai Chi for Arthritis and Falls Prevention is an evidence-based program proven to improve balance, coordination, and minimize arthritic pain. This session is recommended for those who can stand the entire class time and will not need to be aided to do so.

* Waukegan Township Park Place strongly recommends that you consult with your physician before beginning any exercise program. You should be in good physical condition and be able to participate in the exercise. Waukegan Township Park Place is not a licensed medical care provider and represents that it has no expertise in diagnosing, examining, or treating medical conditions of any kind, or in determining the effect of any specific exercise on a medical condition. When participating in any exercise program, there is the possibility of physical injury. If you engage in this exercise program, you agree that you do so at your own risk, are voluntarily participating in these activities, assume all risk of injury to yourself, and agree to release and discharge Waukegan Township Park Place from any and all claims or causes of action, known or unknown, arising out of Waukegan Township Park Place's negligence.

Support From Enhancement Group

Lollie Drew Low Vision Group:

Meets the 2nd Tuesday of each month 10:00am - 11:00am

Lollie Drew Low Vision group will meet each month to network and share information presented by speakers on topics relating to vision loss. As we navigate through this pandemic, this is an opportunity to gather and discuss the difficulties individuals have had making these adjustments.

Shopping with Success

Tuesday, September 14, 2021 - 10:00a.m.

Speaker: Kathy Austin, Second Sense

Discover how to make shopping a fruitful and enjoyable experience by learning how to plan a shopping trip, ask for sales assistance, organize money and put away your purchases when you get home.

How to stay safe with limited vision

Tuesday, October 12, 2021 - 10:00a.m.

Speaker: Sergeant Craig Neal, Waukegan Police Department

Gain tips on how to stay safe indoors and out, when dealing with limited vision. Please reserve for these programs by calling 847-244-9242 or email Jhardy@waukegantownship.com.

Grupo De Apoyo en Espanol/Spanish Group:

Meets the 2nd Friday of each month 10:00am - 11:00am

The Spanish Support Group is facilitated in Spanish and is for adults 55+. This group enjoys the opportunity for social interaction, support, useful information, and fun.

What's new at the Waukegan Public Library

Friday, September 10, 2021 - 10:00a.m.

Speaker: Jennifer Cordova

Join us as we learn about the new ESL program offered at the Waukegan Public Library.

HACES

Monday, October 15, 2021 - 10:00a.m.

Speaker: Leslie Tenorio

HACES services focus on keeping families together, civic engagement, linkages to community resources and advocacy. Please reserve your attendance for these programs by calling 847-244-9242 or email Aherandez@waukegantownship.com.

Grandparents Raising Grandchildren and Other Caregivers Group:

Meets the 2nd Monday of each month 5:00pm - 6:30pm

We're here to assist in finding resources, programs, and legal assistance to successfully fulfill your caregiving role. Each month we will invite speakers on a wide range of topics relevant to the caregiver's life.

Services available through Roberti Community House

Monday, September 13, 2021 - 5:00p.m.

Speaker: Sally Gill

Roberti House's mission is to educate and empower community members so that they can acknowledge, appreciate, and actualize their individual strengths and talents.

YWCA Wellness Program for families

Monday, October 11, 2021 - 5:00p.m.

Speaker: Yashira Melendez

Join us as we learn the relationship between health, diet, and diseases. YWCA offers insight into eating nutritious and balanced meals. Please reserve for these programs by calling 847-244-9242 or email Lnavar@waukegantownship.com.

Medicare Part D Open Enrollment Dates: Oct 15th - Dec 7th

The Illinois Department on Aging Senior Health Insurance Program (SHIP)

SHIP is a free counseling service provided by the Illinois Department on Aging

SHIP does not sell or solicit insurance

SHIP counselors can answer questions about:

- Medicare
- Prescription Drug Coverage through Medicare and other sources
- Extra Help from Social Security for prescription drug costs
- Long-term Care Insurance

Park Place provides assistance with any questions pertaining to Medicare Parts A, B, C & D. For information, call 847-244-9242 or email lpable@waukegantownship for an appointment.

Benefit Access:

Monday — Friday 9:00a.m — 4:00p.m

Services offered for older adults 65+ and the disabled are;

Senior Ride Free Card or Reduce Fare Card, and Persons with Disabilities Ride Free Card for transportation through PACE and RTA. Also under this program is the Secretary of State License Plate Discount. Both programs are based on household income. We are here to provide assistance. Call 847-244-9242 to reserve your appointment.



AARP Drivers Safety

Wednesday, October 6th &

Thursday, October 7th

9am-1pm

AARP is a 2-day Safety Driving Course which assist each participant in receiving a deduction in their auto insurance cost.

Fee is \$20 for AARP Members

\$25 for non-members

For questions call 847-244-9242



Wood Shop is back along with the Quilters!

Please call 847-244-9242 for more information.

Waukegan Township Featured twice in July News Sun



CHICAGOTRIBUNE.COM

Former Waukegan Township Supervisor Patricia Jones honored for career, impact as role model for many

Technology Center

Open Lab at the Tech Center

Park Place has six computers for use by those 55 and better during open hours when classes are not in session. No fee.



CHICAGOTRIBUNE.COM

Waukegan's Park Place senior center fully operational; 'After 18 months, people are really glad to see each other'

Trustees: Percy Johnson, Sylvestre Castellanos, Jeff McBride, and Dulce Ortiz

Clerk - Rose Staben

Assessor - Mark Stricklin

Park Place Senior Citizens Services

Committee:

Chair: Nelson "Whit" Whitaker

Vice Chair: Wayne Bowen

Secretary: Sandra Eaker

Members: Katie Strawder,
Gloria Carr, Dwight "J.J." Johnson and

Jeanette Keyes.

Honorary SCSC Member: Larry Eaker

PARK PLACE

414 S. Lewis Ave.

Waukegan, IL 60085

Phone: (847) 244-9242

Fax: (847) 244-9258

www.waukegantownship.com

Park Place Hours

Monday	9:00am - 4:30pm
Tuesday	9:00am - 4:30pm
Wednesday	9:00am - 4:30pm
Thursday	9:00am - 4:30pm
Friday	9:00am - 4:30pm
Saturday	Closed
	Closed



~Family members, you are always in our thoughts~



**We Remember Seniors
Who've Passed Away
5/23/21 - 7/27/21**

Peterson & Patch

Bernard F. "Bernie" Zastrow
5/27/2021
Bernard R. Winter 6/9/2021
Antonia Cobio 6/14/2021
Eddie Johnson Jr. 6/21/2021
Carol Drew 6/28/2021
William "Bill" Hansen 7/10/2021
Mary Lou Spaeth 7/12/2021
Louise DeGroote 7/26/2021

Marsh

Dolores Jean Rindahl 6/5/2021
James M. Fahey 6/11/2021
Constance "Connie" Kadziauskas
6/12/2021
Maria R. Guzman 6/12/2021
Harold W. Miller-Calvente
6/13/2021
Wilfredo Pabellano Lorian
6/14/2021
Araceli Alvarez 6/15/2021
Eugene Charles Kilger 6/17/2021
Fredric Strutzel 6/20/2021
Dolores June Irish 6/24/2021
Venancio Guzman 6/26/2021
Milton D. Digman 6/21/2021
Raul Reyes-Gonzalez 7/3/2021 Cruz
Vargas 7/3/2021
Christine Diane Kloss 7/5/2021
Douglas Eric Tillman 7/5/2021
Rosa Maria Perez 7/7/2021
Michael D. Parks 7/9/2021

Ronald F. Griffel 7/11/2021
Mark Joseph Roffle 7/17/2021
Ernest Warren Widenhoefer
7/18/2021
Antonio Gerena 7/20/2021
Sheila McCabe Baer 7/19/2021
Jose A. Rodriguez 7/25/2021
Joanne Clark 7/13/2021

Warren

Gordon Kemp 6/23/2021
Donald Jones 6/25/2021
Laura Saccia 7/3/2021
Robert Riggan Jr. 7/11/2021
Charles Bailey 7/11/2021
Ivica Celan 7/15/2021
Geraldine "Geri" Sorensen
7/16/2021
Arthur Lookabaugh 7/24/2021
Sandra Kaslow 7/25/2021
Edwin Rostad 7/27/2021

Westgate

Desiree Eve Nogradi 5/27/2021
Sandra Nickerson 5/30/2021
Joseph John 5/30/2021
Coradell Shead 6/7/2021
Cindy Almendarez 6/13/2021
Gerald Tyson 6/17/2021
Albert Hanna 6/25/2021
Julius Gaines, Jr. 6/26/2021
Lawana Sue Richmond 6/28/2021
Larry D Daniels, Jr. 6/28/2021
Margie Chandler 6/28/2021
Jesse J. McBride, Jr. 6/30/2021
Robert D. Jones 7/3/2021
Jimmy Daniels 7/9/2021
Nevelle Williams 7/16/2021

James Thomas Handy 7/20/2021

Congdon

Joseph Allen Palmer Jr. 5/23/2021
Noel F. Sabine 5/30/2021
Virginia Mae Grubbs 5/31/2021
Nita Kirtz 5/31/2021

James M. Stickles 6/4/2021

Scott Miller 6/5/2021

Gail Clifford 6/7/2021

Nancy Tatera 6/9/2021

Gregory J. Lesniak 6/10/2021

Sharon M. Miller 6/11/2021

Raechel E. Chianelli 6/11/2021

Jewel "Julie" Fanning 6/12/2021

Charles L. Edwards 6/14/2021 John

Stoffle 6/17/2021

Jennie Adams 6/17/2021

Inge Helen Sidari 6/18/2021

Emilia Dragan 6/20/2021

Ronald L. Nissen 6/20/2021

David Suthard 6/21/2021

Lorene Palmer 6/22/2021

Joanna Zupkus 6/23/2021

Harvey R. Jackson 6/23/2021

Patricia L. Capp 6/23/2021

Krista Malley 6/24/2021

Sandra Marie Zradicka 6/26/2021

Lynn Dolores Rider Noren

6/28/2021

Martha L. Gregory 6/30/2021

Dorothy L. Shields 7/3/2021

Albert Anthony Butkus 7/4/2021

Chester J. Wnorowski 7/5/2021

Tom Hanson 7/7/2021

Forrest Wiliams Jr. 7/10/2021

Fred Jackson 7/11/2021

Larry Joe Miller 7/16/2021

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