

Park Place Preview



November & December, 2021

Dear Waukegan Township Family & Friends,

It's almost impossible to believe that we are nearing the end of 2021 and preparing for all that 2022 has to offer.

As we prepare to celebrate the remaining holidays of 2021 with friends and loved ones, remember those less fortunate. Waukegan Township has been dedicated to doing our best to assist all of our residents year round, especially during the winter months and holiday season. To keep that tradition going, we will host a Holiday drive thru distribution event, for all Waukegan Township seniors (55 and better) on Friday, December 17th. To register, call Park Place at 847-244-9242.

While we are keeping our seniors in mind, we want to also be sure to provide for our youth. Therefore, we will also see the return of our Holiday Gift Card distribution event, in lieu of our annual Kids Fun Fest & Shopping Spree. Be on the lookout for more information about this AMAZING event, to treat 100 Township children!

Thursday, November 11th, is Veterans Day. Let us not forget the sacrifices made by the brave men and women of our Armed Forces. We should all extend our appreciation to those who have made the choice to stand up for our liberties and their dedication to our nation. Their selfless contributions are and will always be, abundantly appreciated. Happy Veterans Day and we thank you for your service.

Wishing you all the best - today and always, and Happy Holidays!

Marc L. Jones

Waukegan Township Supervisor/CEO



Walk For Seniors

Pictures

on pg.4

“NEW” Waukegan Township Transit Card

Waukegan Township has always led the way in providing flexible transportation by using the Waukegan Township shuttle service and our printed taxi-ticket. We are delighted to announce that we are upgrading our Taxi Ticket Program! Beginning on January 1, 2022, our benefits will be provided through a debit card system, the Waukegan Township Transit Card. The Waukegan Township Transit Card upgrades your benefit in these ways:

- Timely access to funds: \$18 will be deposited automatically on the first of each month.
- Freedom of choice in transportation options: Use your WT Transit card for taxi, Uber, Lyft, Metra, Lake County Eldercare medical transportation, or Ventra for Pace or Dial-a-ride!
- Ease of use: After a one-time activation call, simply swipe your card to pay for rides!
- Check your balance: You can track your balance on your smartphone or other Internet device.

Please note that your transit dollars will not accrue. You cannot accumulate more than \$18 in monthly transit funds. Lost or stolen cards may be replaced for a \$5.00 fee.

We will hold in person meetings at 11:30 a.m. and 2:00 p.m. November 19 and December 3, at Park Place. Please call Park Place at 847-244-9242 to reserve your space as soon as possible. Recorded information will be available on our website www.waukegantownship.com and on our Facebook page. As always, please contact Park Place at 847-244-9242 with any questions.

It is our goal to provide your benefits in a timely, cost-effective manner that gives you the most freedom to meet your transportation needs.



Waukegan Township Daytrips



Kemper Center Tour and Holiday Fun, Tuesday, November 30, 2021

Celebrate history and the holidays at Kenosha's historic Kemper Center! We will start with an exclusive tour of the lavishly decorated buildings, including the Gallery of Trees, Durkee Mansion, Cloister and Chapel. Next you will feast at the Hob Knob, a traditional Wisconsin Supper Club, before enjoying a tour of beautifully decorated homes and a stop downtown for a sweet treat. Fee of \$97 includes all transportation, tours, dinner, and dessert. Departs Park Place at 1:00 p.m. and returns after 8:00 p.m.

Underground Railroad Tour of Bronzeville, Tuesday, February 15, 2022

Explore the history of the Underground Railroad in Chicago! The Bronzeville Historical Society presents this tour that includes narration of architectural highlights of buildings, churches and gravesites. Hear narratives of the efforts of abolitionists, union soldiers, and citizens from Chicago. Highlights include quilts, photographs, maps and biographies at selected sites. Trained tour guides will profile heroic freedom seekers. Afterwards, we will enjoy lunch at Chicago's Home of Chicken and Waffles. Departs Park Place at 8:00 a.m. and returns after 3:00 p.m. Fee of \$95 includes transportation, tour, and meal.

Adler Planetarium, Tuesday, March 1, 2022

Escape the humdrum of winter by exploring space! Roll up your sleeves and let curiosity be your guide. At the Adler Planetarium, you'll find hands-on, minds-on activities and explore mind-blowing facts about the universe. With two domed theaters, a selection of self-directed and staff-facilitated activities, 60,000 square feet of exhibitions and the Doane Observatory's research-quality telescope, the Adler casts visitors in the role of scientist, engineer, astronaut, and creative problem solver. Explore the history of telescopes, marvel at the craftsmanship of the Adler's extensive collection of antique astrolabes, or step inside Captain James A. Lovell Jr.'s personal journey into space in Mission Moon. We will enjoy a self-guided tour of the Adler, two shows, and lunch on your own in Galileo's Café. Departs Park Place at 9:00 a.m. Returns after 3:30 p.m. Fee of \$52 includes admission, shows, and round-trip transportation.



Mitchell Domes Conservatory and Pub Lunch, Tuesday, March 15, 2022

Break out of your winter blues at Mitchell Conservatory! Enjoy a guided tour of the Mitchell Domes, Arid, Tropical and Show Dome before enjoying authentic pub food at Sobelman's Pub and Grill. Sobelman's boasts a full menu including "the Best Burger in Milwaukee". Trip includes transportation, tours and lunch. Fee of \$62 includes tour, lunch, and transportation. Departs Park Place at 9:00 a.m. Returns at approximately 3:00 p.m.



Trips are open to adults 18 and older and residents within or outside of Waukegan Township. For more information or to register call 847-244-9242 or email lpable@waukegantownship.com.

Nothing Can Be Finer than to be in Carolina!

Trip Dates:

February 20, 2022 - February 26, 2022

Price \$869 per person,
double occupancy

- * Motorcoach transportation
- * 6 nights lodging including 4 consecutive nights in Charleston area
- * 10 meals: 6 breakfast and 4 dinners
- * Horse & Carriage Tour of Charleston
- * Visit to Famous and Historic Middleton Place
- * Guided Tour of Charleston emphasizing African Black History of Gullah Heritage
- * **December 13, 2021 Deadline for payment in full.**
- Visit www.waukegantownship.com for daily itinerary and trip details.

7 Days
6 Nights



CHARLESTON SOUTH CAROLINA

New Countywide Paratransit System Expected in 2022

A new borderless countywide paratransit service is getting closer to launching in Lake County! At the Sept. 14th meeting, the Lake County Board approved a resolution to work with Pace Suburban Bus Co. on a new paratransit service known as **Ride Lake County**. Currently, several communities, townships and transit agencies offer paratransit options in Lake County, but all these services have different geographic boundaries, hours of service, rates, and more.

The proposed **Ride Lake County** service aims to provide one consistent service that individuals aged 60+ and those with disabilities, can use to get to work, grocery stores, medical appointments and more throughout Lake County. Existing paratransit services will remain in place until the new service is launched, which is expected in 2022.



Park Place has its own bowling team! This team meets **every Thursday, 6:30 p.m.** at Bertrand Bowling Lanes, 2616 Washington Street, Waukegan. Three of the five members of the team are veterans and we are honored and proud to have them as members of the Park Place Senior Center bowling team! Members include: Ken Mason, Willie Woodard, Ted Ruiz, Jaiiden Nelson and Chandler Johnson.

2021 Walk for Seniors!

Many Thanks 2021 Walk For Seniors

Friends, family, and supporters we would like to extend an enormous **THANK YOU** for joining us on Saturday, September 4, 2021, for our Annual **Walk for Seniors**. The Walk was held at the beautiful Corrine Rose Park, here in Waukegan. Your generosity allows us to continue the mission of providing quality services to the seniors of Waukegan Township.

All participants received a Walk for Seniors T-Shirt, participation medal and lunch while enjoying the music of the **Keelan Jones Experience**.

We would like to thank our volunteers Bettie Johnson and Anna Pable for their yearly commitment to this event. Many thanks go out to our dedicated sponsors; **MEDLINE** (Platinum), **Oak Street Health** (Gold), Waukegan Park District, City of Park City, Alderman Michael Jackson-1st Ward North Chicago (Silver), Waukegan Baptist Bible Church, AETNA and Judge Reginald Charles Mathews (Bronze).

If you were unable to attend the Walk for Seniors this year, but would like to show your support, you can still donate by calling 847-244-9242 or visiting us on the web at www.waukegantownship.com. All proceeds for this event go towards providing services for Waukegan Township seniors 55+.

We can't wait to see everyone again next year on **Saturday, September 10. 2022**.

Thank You To Our 2021 Sponsors



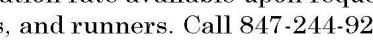
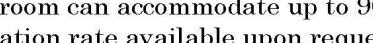
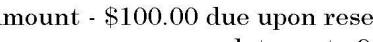
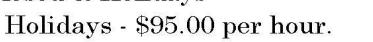
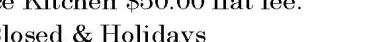
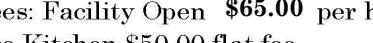
Park Place Room Rental



Need a great place to hold a meeting, birthday party, wedding reception, anniversary, bridal shower or other gathering?

- ◆ Rental Fees: Facility Open **\$65.00** per hour.
- ◆ Park Place Kitchen \$50.00 flat fee.
- ◆ Facility Closed & Holidays
- ◆ Observed Holidays - \$95.00 per hour.
- ◆ Deposit Amount - \$100.00 due upon reservation date.

Our spacious room can accommodate up to 90 guests. Tables and chairs included in rental. Decoration rate available upon request. Available for rental; linens, chair covers, sashes, and runners. Call 847-244-9242 to reserve your day!



Exercise Room Open M-F 9am-4pm

Monday, Wednesday, and Fridays (Zoom Only)

12:00 pm to 12:30 pm
1:00 pm to 1:30 pm

Total Body Blast
Serenity Stretch



Join our Yoga Demonstrations
December 14 through December 23
Read below

Tuesdays and Thursdays (On Zoom and Live at Park Place)

9:00 am to 9:30 am
9:45 am to 10:15 am
10:30 am to 11:00 am

Chair Workout Warrior
Functional Fitness
Cardio Circuit Training



Country Line dancing has returned! Fridays at 10:00am. Please call 847-244-9242 for more information

Class Details

Total Body Blast

Total Body Blast is a quick-paced resistance training class. Participants should have a chair and 1 of the following: weights, a water bottle, two cans or a resistance band.

Serenity Stretch

Serenity Stretch is a stretch class for loosening tight muscles and improving range of motion. A yoga strap, a long belt, or a long towel would be helpful for increasing flexibility.

Chair Workout Warrior

Chair Workout Warrior focuses on upper body strength. It is great for participants needing to sit or hold on to a chair to exercise. Even with a it will be challenging! Participants should have weights, a resistance band, and should bring their own water.

Functional Fitness

Functional Fitness focuses on lower body strength, It helps with everyday movements such as bending down, squatting, reaching and lifting. Legs and shoulders are the primary focus of training. Participants should have weights, a resistance band, and should bring their own water.

YOGA Demonstrations December 14th through December 23rd (Tuesdays and Thursdays 11:15 am to 12:15pm)

Dec 14 Session 1: Pranayama and Asana, Level of Fitness: All /Pranayama is third of the eight “limbs” of yoga. It focuses on regulating the inhalation, exhalation and pauses between breaths, which is the foundation of the practice. Asana is the fourth limb of yoga, which is known as the postures that are performed in a yoga practice. Common asanas for ***Sun Salutation A*** will be covered in this session.

Dec 16 Session 2: Hatha Level of Fitness: All (can be done seated in a chair, on the floor, or standing). Please bring your own mat and kneeling pad if practicing on the floor. Hatha is a style of yoga that includes pranayama into asana, and learning how to transition from one pose to the next with breath. ***Sun Salutation A*** will be taught in this session.

Dec 21 Session 3: Vinyasa, Level of Fitness: All (can be done seated in a chair, on the floor, or standing). Please bring your own mat and kneeling pad if practicing on the floor. Vinyasa is a style of yoga that incorporates Hatha; it requires performing the poses in a sequence for aerobic and strength training

Dec 23 Session 4: Iyengar, Yin and Restorative, Level of Fitness: Intermediate to Advanced. Participants should be able to stand, have good balance, and transition between sitting and standing with ease. Participants should also bring their own equipment, especially for floor practice. A strap can be a long cloth belt, old house robe sash, etc. Yoga blocks help to extend arm reach while working on balance, and can support the head like a pillow. Iyengar and Yin are styles of yoga that uses props such as yoga blocks and straps to deepen and hold poses longer. They improves circulation, flexibility, range of motion and relieves tight muscles. Restorative yoga focuses on 4 to 5 resting poses using props to encourage relaxation and stress relief. Please bring a blanket, yoga blocks and/or a pillow.

*Waukegan Township Park Place strongly recommends that you consult with your physician before beginning any exercise program. You should be in good physical condition and be able to participate in the exercise. Waukegan Township park Place is not a licensed medical care provider and represents that it has no expertise in diagnosing, examining or treating medical conditions of any kind, or in determining the effects of any specific exercise on a medical condition. When participating in any exercise program, there is the possibility of physical injury. If you engage in this exercise program, you agree that you do so at your own risk, are voluntarily participating in these activities, assume all risk of injury to yourself, and arise to release and discharge Waukegan Township park Place from any and all claims or causes of action, known or unknown, arising out of Waukegan Township Park Place's negligence.

Support From Enhancement Group

Lollie Drew Low Vision Group:

Meets the 2nd Tuesday of each month 10:00am - 11:00am

Lollie Drew Low Vision group will meet each month to network and share information presented by speakers on topics relating to vision loss. As we navigate through this pandemic, this is an opportunity to gather and discuss the difficulties individuals have had making these adjustments.

Tuesday, November 9, 2021- 10:00a.m.

Speaker: Loretta Pable

Senior Health Insurance open enrollment is October 15th through December 7th. Learn about Park Place's free counseling services provided by the Illinois Department on Aging.

Tuesday, - 10:00a.m.

Holiday Program:

Please RSVP for these and other programs and events by calling 847-244-9242 or emailing Jerina at Jhardy@waukegantownship.com.

Grupo De Apoyo en Espanol/Spanish Group:

Meets the 2nd Friday of each month 10:00am - 11:00am

The Spanish Support Group is facilitated in Spanish and is for adults 55+. This group enjoys the opportunity for social interaction, support, useful information, and fun.

Friday, November 12, 2021 - 10:00a.m.

Speaker: Francis Foy

Senior Advocate Program: The Lake County Sheriff's Office Senior Advocate Program is a public outreach program for local seniors to become volunteer advocates acting as liaisons between Lake County seniors and law enforcement. Volunteers are trained in various aspects of crime prevention, community relations and victim assistance.

Friday, December 10, 2021 – 10:00a.m.

Celebrating the Holidays

December 10th will be a holiday celebration with food and entertainment.

Please RSVP for these and other programs and events by calling 847-244-9242 or emailing Abigail at Ahernandez@waukegantownship.com.

Grandparents Raising Grandchildren and Other Caregivers Group:

Meets the 2nd Monday of each month 5:00pm - 6:30pm

We're here to assist in finding resources, programs, and legal assistance to successfully fulfill your caregiving role. Each month we will invite speakers on a wide range of topics relevant to the caregiver's life.

Monday, November 8, 2021 - 5:00p.m.

Speaker: Harriet Holley

Grandparent and Kins Raising Children: Lake County: This is a non-profit organization whose focus is dedicated to the growth and development of the children and to reduce caregiver stress.

Monday, December 13, 2021 – 5:00p.m.

Holiday gathering and gift distribution

Please RSVP for these and other programs and events by calling 847-244-9242 or emailing Lizette Nava at Lnavar@waukegantownship.com.

Medicare Part D Open Enrollment Dates: Oct 15th - Dec 7th

Open Enrollment

October 15th through December 7th

Senior Health Insurance Program (SHIP)

SHIP is a free counseling service provided by the Illinois Department on Aging

SHIP does not sell or solicit insurance

SHIP counselors can answer questions about:

- Medicare
- Prescription Drug Coverage through Medicare and other sources
- Extra Help from Social Security for prescription drug costs
- Long-term Care Insurance

Park Place provides assistance with any questions pertaining to Medicare Parts A, B, C & D. For information, call 847-244-9242 or email lpable@waukegantownship.com for an appointment.

Benefit Access:

Monday - Friday 9:00a.m - 4:00p.m

Services offered for adults 65+ and the disabled are:

Senior Ride Free Card or Reduce Fare Card, and **Persons with Disabilities Ride Free Card** for transportation through PACE and RTA. Also under this program is the **Secretary of State License Plate Discount**. Both programs are based on household income. We are here to provide assistance.

Call 847-244-9242 to reserve your appointment.

By Appointment Only!



Remember,

Waukegan Township Administrative Office, located at 149 S. Genesee Street, is a certified Passport & picture site.

Have a doctor's appointment and no transportation?

Waukegan Township also provides limited complimentary transportation to and from your appointment for

Waukegan Township residents.

Call: (847) 599-2936 or email Lizette@waukegantownship.com 3 days in advance.

Holiday Drive through with Santa and his elves

Friday, December 17, 2021

11:00 a.m. — 1:00 p.m.

Calling all Waukegan Township residents 55 or better. The holidays are here and we're very excited. Since we are still unable to gather together in large numbers for our annual holiday celebration, Park Place is doing things a little different. A drive through Holiday Celebration. Register for this complimentary holiday hot lunch and goodie bag to go. Santa and his jolly elves will also distribute goodie bags and say hello while you listen to the wonderful songs of the season. Park Place will be transformed into its own holiday wonderland.

This is our way of saying thank you for 2021. We can't wait to see you all there. Register by calling 847-244-9242 or email Abigail at AHernandez@waukegantownship.com



Technology Center

Open Lab at the Tech Center

Park Place has six computers for use by those 55 and better during open hours when classes are not in session. No fee.

Save the Date!

Monday, January 17, 2022 at 10:00 am.

As we celebrate and pay tribute to the Rev. Dr. Martin Luther King, Jr., we will also honor those in the community who exhibit the qualities that Dr. King embodied, with the annual virtual Dreamers celebration. Tickets will be \$30.00 per person.



Sponsorship opportunities are also available.

Trustees: Percy Johnson, Sylvestre Castellanos, Jeff McBride, and Dulce Ortiz

Clerk - Rose Staben

Assessor - Mark Stricklin

Park Place Senior Citizens Services

Committee:

Chair: Jeanette Keyes

Vice Chair: Dwight "J.J." Johnson

Secretary: Katie Strawder

Members: Wayne Bowen, Gloria Carr,

Sandra Eaker, Nelson "Whit" Whitaker,

Honorary SCSC Member: Larry Eaker

PARK PLACE

414 S. Lewis Ave.

Waukegan, IL 60085

Phone: (847) 244-9242

Fax: (847) 244-9258

www.waukegantownship.com

Park Place Hours

Monday	9:00am - 4:30pm
Tuesday	9:00am - 4:30pm
Wednesday	9:00am - 4:30pm
Thursday	9:00am - 4:30pm
Friday	9:00am - 4:30pm
Saturday	Closed
	Closed

PRESORT STANDARD

US POSTAGE PAID

PALATINE P & DC

PERMIT NO. 418

~Family members, you are always in our thoughts~

**We Remember Seniors
Who've Passed Away
7/28/21 - 9/16/21**

Peterson & Patch

Catherine Marie Miscenic 8/7/2021

Gloria Murphy 8/14/2021

Theofane (Nnee Couvall) Patterson 8/15/2021

Williams August "Augie" Ralph 8/19/2021

Gloria Maria (nee Briseno) Ard 8/23/2021

Kenneth Richard Ronk 8/27/2021

Joan Marie (nee Dailey) Dehmlow 9/4/2021

Jeff Michael Marsh 9/8/2021

Donald C. Martin 7/29/2021

Marsh

Victoria D. Trino 8/1/2021

Lee Allen DeForest 8/3/2021

Bryan Arnold Harding 8/2/2021

Barbara Lynne Goggin 8/5/2021

Kathleen Anne Keough 8/7/2021

Dale Edward Greco 8/5/2021

Geneva "Bonnie" L. Pusateri 8/8/2021

Janet Irene Jensen 8/14/2021

Richard "Dick" C. Straka 8/11/2021

John Joseph Mangler 8/17/2021

Randall D. Wiesemann 8/22/2021

Jean A. Warling 8/23/2021

Mary Jean Schlichting 8/23/2021

Arlene Calamia 8/24/2021

Victoria J. Kumpula 8/25/2021

Rosita Rivera Garcia 8/27/2021

Michael Foster Smith 8/28/2021

Helen Voucanos 8/27/2021

Donald Dorband 8/31/2021

Gerald Anthony Bricco 9/1/2021

Herman John Schonenberg 9/4/2021

Dorothy M. Muller 9/4/2021

Patricia A. Cencula 9/5/2021

John P. Miller 9/3/2021

Lourdes Apigo Nartatez 9/10/2021

Jose Alfredo Flores 8/7/2021

John E. Gulledge 9/15/2021

Danial Philip Jimenez 9/16/2021

Thelma Dietmeyer 8/3/2021

Warren

Barbara Hill 8/6/2021

Dale Dyer 8/9/2021

Rosalina Wilson 8/13/2021

Epifania Marigmen 8/16/2021

Ferdinand "Fred" B. Olmos 8/18/2021

Rose Colon 8/25/2021

Charles Miller Sr. 8/27/2021

Michael "Mike" Salzeider 8/31/2021

Dorothy Kent 9/1/2021

Marion Holst 9/5/2021

Ruth Ahart 9/5/2021

Audrey Morris 9/9/2021

Martin Erlandson 9/9/2021

Vivian Faith Hyllberg 8/1/2021

Congdon

Dave Keiler 8/1/2021

Evangeline May Beem 8/2/2021

Diane Galvin 8/4/2021

Dorothy Phemister 8/4/2021

JJ Riley 8/5/2021

Sharon L. Musich 8/8/2021

Mary Garner 8/8/2021

Marceil Stried 8/8/2021

Kathryn "Case" Martin 8/8/2021

Cecil Redstrom 9/9/2021

Sharon N. Nelson 9/9/2021

Judith M. Blagg 9/9/2021

Donnie Kerr 9/10/2021

Ronald J. Kassim 8/13/2021

Linda Best 8/16/2021

Joyce Besnah 8/16/2021

Robin Smith II 8/20/2021

Karen Spoo 8/20/2021

Albert G. Hernandez 8/22/2021

William E. Gregory 8/22/2021

Neera Louisa Robbins Singhal 8/12/2021

Sherry Kennedy 8/28/2021

Carolyn Johnson 8/28/2021

Elvie Lee 8/30/2021

Fred Roberts 8/31/2021

Martin Stanonik 8/31/2021

Margaret Jane Culley 9/2/2021

Paul Houze 9/5/2021

Susan Linda Lisanti 9/6/2021

Kerry Ivey 9/7/2021

Cline Cartwright 8/20/2021

Gwendolyn Inez Paaloalo 9/10/2021

Catherine A. Hawley 9/13/2021

Sean Busch 9/14/2021

Carol Suomo 9/16/2021

Theophil J. Tadych 8/4/2021

William D. Brown 8/19/2021

Rodney Presley Sr. 8/21/2021

Mary Lou Gravely 8/22/2021

Vanessa G. Mitchell 8/24/2021

Bonnie J. Jones 8/25/2021

Rickey C. Edwards 8/25/2021

Fairchild Jones 8/28/2021

Mildred L. Lathan 8/29/2021

Ruthie D. Whitten 8/30/2021

Elroy Holmes 9/2/2021

Sylvia Owens 9/4/2021

Karl M. Kallenborn 9/10/2021

Lois McCampbell 9/10/2021

Janie Elizabeth Davidson 9/11/2021

Odessa Rembert 9/11/2021

Lewis C. Hill 7/29/2021

Bradshaw & Range

Jose Luis Colon 8/1/2021

Roy L. McDonald 8/2/2021

Clarene Johnson 8/9/2021

Shirley Dixon 8/11/2021

Antonio Pedro Luna 8/12/2021

Betty Jean Fisher 8/17/2021

Barry W. Richardson 8/24/2021

Derrick A. Phillips 8/24/2021

Doretha Jackson 8/27/2021

Doris N. Green 8/28/2021

Anedra Patrice Winfrey 8/31/2021

Terry Lee Edmonds 9/1/2021

Diana "Fruity" Ross 9/13/2021

James A. Metcalf 9/15/2021

