



March & April, 2022

Dear Waukegan Township Family & Friends,

The season of renewal is upon us! As we bid farewell to heavy coats, boots and extra layers and welcome more hours of sunlight, gradually warmer temperatures and the beauty in all things new, be sure to look out for special programming starting this spring.

In embracing the 'new', we are proud to announce the renaming of Park Place to the Patricia A. Jones Senior Center in honor of Supervisor Emeritus Patricia Jones! More information will be forthcoming about this historic event in the coming months, stay tuned.

Township believes in supporting and uplifting our own. Rose McDonald, former Park Place aerobics aficionado, will join us for her first book signing event on Saturday, April 9th, beginning at 1:00 pm, to discuss her story entitled: "After All These Years", you don't want to miss this!

After two long years, there has been a marked decline in the number of COVID cases, specifically here in Illinois! Special thanks to those who traveled with us to South Carolina for our first post-pandemic 7-day excursion - we look forward to seeing you on the next trip!

Although COVID numbers are dropping, we will continue to promote and ensure the safety of our residents. With that stated, on Saturday, March 12th, Waukegan Township, in conjunction with the Lake County NAACP, will host a COVID-19 Vaccination & Booster Shot event. For more information or to reserve your spot, please call 847-244-9242.

Stay safe and well.

Marc L. Jones
Waukegan Township Supervisor/CEO

Benefit Access Program

Are you eligible for the Senior Benefit Access Program?

The Benefit Access Programs offers benefits for seniors and person with disabilities:

A License Plate Fee Discount

Free Rides on Fixed-Route Transit Systems Such as PACE and Metra.

Qualifications:

• Age Requirements:

*65 years of age at the time you file your application.

*For disability, you must be 16 years of age at the time you file your application.

• Residency Requirements:

You must live in Illinois at the time you file your application

• Income Requirements:

Income limits for License Plate discount and Ride Free Transit Card.

Total gross income last year must be:

*Household containing one person , less than \$33,562

*Household containing two persons, less than \$44, 533

*Household containing three or more persons, Less than \$55,500.

You must include your spouse's income if you are married and living together on December 31, 2020. If your spouse passed away last year, you would file as single and claim only your income.

• Disability Requirements:

To qualify as disabled, you must be 16 years of age prior to January 1 of this year. You must have determined you totally and permanently disabled as defined by program requirements.

To apply contact Park Place Monday — Friday from 9:00am-3:00pm at 847-244-9242



Newsletter is available online. Please visit our website at www.waukegantownship.com or email ahernandez@waukegantownship.com to be added to our email list.

Waukegan Township Day Trips



Walk Back in Time in the Historic Pullman District, Tuesday, May 24, 2022

Explore the history of industry, labor, and planned communities at the Pullman National Monument! After viewing the video and exhibits at the Exhibit Hall, your docent will take you on a short walk of the town, while providing informed commentary about the history of Pullman, its architecture, and the landmark historic community today. The guide will also be available to answer any questions the group may have. We will also view the historic Greenstone Church, built in 1881 with the town; this was the only church built within the town of Pullman and still maintains the original stained-glass windows, organ, altar and all-original woodwork and pews. Following our tour, we will enjoy a delicious lunch at the Florentine. The fee of \$105 includes tour, lunch, and round-trip transportation. We will depart Park Place at 8:00 a.m. and return after 3:00 p.m.

Mitchell Domes Conservatory and Pub Lunch, Tuesday, March 15, 2022

Break out of your winter blues at Mitchell Conservatory! Enjoy a guided tour of the Mitchell Domes, Arrid, Tropical and Show Dome before enjoying authentic pub food at Sobelman's Pub and Grill. Sobelman's boasts a full menu including "the Best Burger in Milwaukee". A fee of \$62 includes tour, lunch, and transportation. Bus departs Park Place at 9:00 a.m. Returns at approximately 3:00 p.m.

Teatro Zin Zanni Wednesday, April 27, 2022

Teatro Zin Zanni's main event is part circus, part cabaret, and always magical. Described as "the Kit Kat Klub on acid" Teatro Zin Zanni is a night out unlike any other. The ever-evolving and constantly changing production, combines improv comedy, vaudeville revue, music, dance, cirque, and sensuality into a dizzying and colorful new form that is never quite the same from evening to evening. Famous for its intimate setting, the fast-paced action of the show, unfolds above, around, and even alongside you as you dine on a gourmet meal. The fee of \$187 includes premier perimeter level seating, a multi-course meal, and transportation. Bus departs at 4:15 p.m. and will return after 10:00 p.m.

Tall Ship Windy & Day at Navy Pier, Tuesday, June 14, 2022

Cruise the Chicago shoreline on the authentic Tall Ship, Windy! Enjoy the shoreline views of the Chicago skyline on this open air, 75-minute cruise, then explore Navy Pier attractions, shopping, and dining on your own! We will depart Park Place at 8:15 a.m. and return after 4:00 p.m. The \$69 fee covers round trip transportation and the cruise.



Services To Assist You

2021 AARP Tax Preparation

AARP Tax Prep this year has begun.

Regular appointments will be on Tuesdays & Thursdays ending - Thursday April 14, 2022.

How this will work:

1. Please call 847-244-9242 to make your first appointments with Park Place staff.
2. Pick up your information packet and complete it before their appointment time.
3. Information packets can be picked up 24-hours a day from document holder located at entrance of building.
4. Enter Park Place no more than 10 minutes before their appointment time.
5. If your paperwork is complete proceed to designated Tax Prep area.
6. The AARP volunteer will collect all documents, scan and return all information to you.
7. Once scanning is complete and documents are returned, you may then leave.
8. An AARP Tax preparer will contact the client at the number provided to complete the return and notify you when the return is complete and ready for pick-up.
9. You will return on the day designated by AARP volunteer to sign the completed return.

To reserve call Park Place at 847-244-9242



Rules of the Road

Thursday, March 30th
10:00am-12:00pm

Are you interested in an overview of the Secretary of State (DMV) written test? Call 847-244-9242 for more information.

The Senior Health Insurance Program (SHIP)

A free statewide health insurance counseling service for Medicare beneficiaries and their caregivers.

SHIP appointments are available by calling Park Place at 847-244-9242.

SHIP counselors can answer questions about:

- ◊ Medicare
- ◊ Medicare Application and enrollment
- ◊ Medicare Supplement Insurance
- ◊ Medicare Advantage Plans
- ◊ HMOs and PPOs
- ◊ Prescription Drug Coverage through Medicare and other sources
- ◊ Extra Help from Social Security for prescription drug costs
- ◊ Long-term Care Insurance
- ◊ Medicare Claims and Appeals
- ◊ Medicare Beneficiary Rights and Guarantee
- ◊ Medicaid Medical Coverage
- ◊ Medicaid & Medicare Advantage Plans (MMAs)
- ◊ Medicaid Benefits for Home & Community Based Services
- ◊ Medicaid Benefits for Sheltered and Long-Term Care
- ◊ Medicaid Applications

Covid 19 Vaccines and Booster Shots

Saturday, March 12, 2022

Waukegan Township in partnership with the NAACP will host a vaccine and booster shot event. For more information contact Park Place At 847-2449242.

What You Should Know

Living With Multiple Health Problems: What Older Adults Should Know



As seniors continue to lead longer lives, we become more likely to develop different kinds of health problems. One challenge older adults, in particular, are likely to face is living with multiple health problems. More than half of all adults 65 and older have three or more ongoing medical problems, such as heart disease, diabetes, cancer, or arthritis. Figuring out the best course of treatment for multiple health problems can be tricky. For example, prescribing medications for a patient with multiple health problems is more complicated than it is when the patient has one health problem, because a drug that may be useful in treating one health problem may make another worse.

Tips for working with your healthcare provider when you have several chronic health problems:

- **Get as much information about treatment options as possible**

You should work with your healthcare provider to understand all of your options for care and take an active role in deciding what kind of care you would like. For example, you should ask your provider to tell you how long each treatment option may take to work because some treatments may take longer than others to show benefits. You should also decide if you want to make all of your care decisions on your own or include others in the decision-making process. This can include spouses, family members, or friends. You should always let your healthcare providers know right away if others are involved in the decision making.

- **Make sure your healthcare provider understands your priorities for care**

Decide what treatment outcomes are important to you. For example, you may want to remain as independent as you can for as long as possible. Because of this, you may prefer treatment with fewer side effects, even if this treatment may not prolong your life as long as other treatments. This is just one example of what you should ask your healthcare provider how different treatment options will affect the aspects of your life that are most important to you, such as your level of independence, stamina, or pain.

- **Speak up if your treatment plan is too complicated to manage**

Studies have found that the more complicated treatment instructions are, the more likely patients are to stop following them. Let your healthcare provider know if your treatment becomes too complicated or difficult for you to follow. And make sure you understand all instructions before you leave your provider's office. Ask them to work with you to make instructions as simple and easy-to-follow as possible.

<https://comfortcaregivers.com/living-with-multiple-health-problems-what-older-adults-should-know/>

Park Place Room Rental

Need a great place to hold a meeting, birthday party, wedding reception, anniversary, bridal shower or other gathering?

- ◊ Rental Fees: Facility Open- \$45.00 per hour
- ◊ Park Place Kitchen—\$50.00 flat fee
- ◊ Facility Closed—\$65.00 per hour.
- ◊ Observed Holidays—\$95.00 per hour.
- ◊ Deposit Amount—\$100.00 due upon reservation date.

Our spacious room can accommodate up to 90 guest. Tables and chairs included in rental. Decoration rate available upon request. Also available for rental; linens, chair covers, sashes, and runners. Call 847-244-9242 to reserve your day!



Exercise Room Open M-F 9am-4pm

Monday, Wednesday, and Fridays (Zoom Only)

11:30 pm to 12:00 pm
12:00 pm to 12:30 pm

Total Body Blast
Serenity Stretch



Zoom ID & Passcode
No unauthorized entry will be allowed.

Tuesdays and Thursdays (On Zoom and Live at Park Place)

9:10 am to 9:40 am
9:45 am to 10:20 am
10:25 am to 10:550 am

Chair Workout Warrior
Functional Fitness
Cardio Circuit Training



Country Line dancing has returned!
Fridays at 10:00am. Please call
847-244-9242 for more information

Class Details

Total Body Blast

Total Body Blast is a quick-paced resistance training class. Participants should have a chair and 1 of the following: weights, a water bottle, two cans or a resistance band.

Serenity Stretch

Serenity Stretch is a stretch class for loosening tight muscles and improving range of motion. A yoga strap, a long belt, or a long towel would be helpful for increasing flexibility.

Chair Workout Warrior

Chair Workout Warrior focuses on upper body strength. It is great for participants needing to sit or hold on to a chair to exercise. Even with a it will be challenging! Participants should have weights, a resistance band, and should bring their own water.

Functional Fitness

Functional Fitness focuses on lower body strength, It helps with everyday movements such as bending down, squatting, reaching and lifting. Legs and shoulders are the primary focus of training. Participants should have weights, a resistance band, and should bring their own water.

Cardio Circuit Training

Cardio Circuit Training is a quick paced aerobic and resistance training class. Circuits consist of 3-6 exercises performed vertical style. At lease 3 circuits will be done each class. Participants should have weights, a resistance band, and should bring their own water.

Join us



Bingocize® is an evidence-based health promotion program approved through both SNAP-Ed and The National Council on Aging (NCOA). Bingocize® combines exercise and health information with the familiar game of bingo, which is a great, fun way to get older adults moving and socializing. This program will run for 10 consecutive weeks. Start date will be March 15th, every Tuesday and Thursday at 2:00pm. Max participation is 20 individuals. Join us for prizes, exercise and fun. Participants must commit to the 10 week program. To register call Park Place at 847-244-924 or email jherandez@waukegantownship.com

Waukegan Township Park Place strongly recommends that you consult with your physician before beginning any exercise program. You should be in good physical condition and be able to participate in the exercise. Waukegan Township park Place is not a licensed medical care provider and represents that it has no expertise in diagnosing, examining or treating medical conditions of any kind, or in determining the effects of any specific exercise on a medical condition. When participating in any exercise program, there is the possibility of physical injury. If you engage in this exercise program, you agree that you do so at your own risk, are voluntarily participating in these activities, assume all risk of injury to yourself, and arise to release and discharge Waukegan Township Park Place from any and all claims or causes of action, known or unknown, arising out of Waukegan Township Park Place's negligence.

Support From Enhancement Group



Lollie Drew Low Vision Group:

Meets the 2nd Tuesday of each month 10:00am - 11:00am

Lollie Drew Low Vision group will meet each month to network and share information presented by speakers on topics relating to vision loss. As we navigate through this pandemic, this is an opportunity to gather and discuss the difficulties individuals have had making these adjustments.

Tuesday, March 8, 2022 - 10:00a.m. *Speaker: Melissa Weissenberg—Chicago Lighthouse, Glenview.*
The Chicago Lighthouse offers 39 unique programs and services that help our clients optimize remaining vision, meet developmental and educational milestones, find employment and lead more Independent lives.

Tuesday, April 12, 2022 - 10:00a.m. *Speaker: Marc Arneson—Hadley Institute for the Blind* creates personalized learning opportunities that empower adults with vision loss.

Please register by calling 847-244-9242 or emailing Jerina Hardy at Jhardy@waukegantownship.com.



Grupo De Apoyo en Espanol/Spanish Group:

Meets the 2nd Friday of each month 10:00am - 11:00am

The Spanish Support Group is facilitated in Spanish and is for adults 55+. This group enjoys the opportunity for social interaction, support, useful information, and fun.

Friday, March 11, 2022 - 10:00a.m. *Speaker: Kelly Schultz*

The Lake County Forest Preserve has a variety of history and environmental based programs that are available.

Friday, April 8, 2022 – 10:00a.m. *Speaker: Salvation Army's Jessy Juarez*

Ms. Juarez will inform the group about programs and services available to all Waukegan residents. Please register by calling 847-244-9242 or emailing Abigail at Ahernandez@waukegantownship.com.



Grandparents Raising Grandchildren and Other Caregivers Group:

Meets the 2nd Monday of each month 5:00pm - 6:30pm

We're here to assist in finding resources, programs, and legal assistance to successfully fulfill your caregiving role. Each month we will invite speakers on a wide range of topics relevant to the caregiver's life.

Monday, March 14, 2022 - 5:00p.m. *Speaker: Anna Reyes*

The Josselyn Center offers comprehensive care, therapists, psychiatrist, support groups, and more.

Monday, April 11, 2022 – 5:00p.m. *Speaker: Teresa Denny*

The Catholic Charities Senior Farmers Market Nutrition Program provides low-income seniors with coupons that can be exchanged for eligible food at farmers markets. Please register by calling 847-244-9242 or emailing Abigail at Lnavar@waukegantownship.com.

Please RSVP for these and other programs and events by calling 847-244-9242 or emailing Lizette Nava at Lnavar@waukegantownship.com.

News you can use

Be on the Lookout for IRS Imposter Scams

Some brazen scammers rip off unwary taxpayers by impersonating agents of the Internal Revenue Service.

They'll call and insist you have an unpaid tax bill and face arrest unless you pay up, immediately.

From October 2013 through March 2021, the Treasury Department's inspector general for tax administration logged more than 2.5 million reports of scam calls from IRS impersonators, with some 16,000 victims collectively losing more than \$82.6 million.

Con artists have numerous ways to make the hoax seem convincing. They can trick a caller ID to make it appear that the call is coming from an actual IRS office. They may even know part of the mark's Social Security number.

One massive, years-long fraud scheme, eventually busted by federal authorities, saw call centers in India use information from data brokers



to find potential marks, whom they contacted and scared into making payments to co-conspirators in the United States. Older Americans were among the prime targets. Two dozen U.S.-based participants have been convicted and sentenced to prison terms of up to 20 years, according to the Justice Department.

The IRS says impostors are increasingly turning to robocalls to broaden their reach, with automated messages requesting a call back to resolve a supposed tax problem. Scammers also deploy phishing emails often targeting college students, faculty and staff members with .edu addresses, the IRS and Federal Trade Commission warn. The emails, with IRS logos and subject lines like "Tax Refund Payment," link to a website that asks for personal data such as Social Security and driver's license numbers to facilitate the "refund." <https://www.aarp.org/money/scams-fraud/info-2019/irs.html?intcmp=AE-FRDSC-GCP-FRC-SS2>



Join us on April 9, 2022 at 1:00pm-3:30pm for this in-person meet and greet event with local author and Park Place's very own Ms. Rose McDonald, author of *After All These Years*. Through her life experiences, Rose has become an unyielding motivator as well as an inspiring mentor who prophetically speaks greatness and encouragement into everyone she meets. Her life's blueprint is passion and purpose. This is Rose's first endeavor as an author, and she will tell you that it wasn't easy, but she made it through. You will have the opportunity to speak with Rose and ask questions from her book. To RSVP your attendance please call Park Place at 847-244-9242



Knit - Crochet - Needlepoint

Have you ever wanted to learn how to knit, crochet or needlepoint. Join us each Friday at 1:00pm and learn these invaluable crafts. Supplies are not provided but lessons are invaluable. To reserve your attendance please call Park Place at 847-244-9242



Remember,

Waukegan Township Administrative Office, located at 149 S. Genesee Street, is a certified Passport & picture site. For information and fee info, call 847-244-4900.

By Appointment Only!

Trustees: Percy Johnson, Sylvestre Castellanos, Jeff McBride, and Dulce Ortiz
Clerk - Rose Staben
Assessor - Mark Stricklin

Park Place Senior Citizens Services

Committee:

Chair: Jeanette Keyes
Vice Chair: Dwight "J.J." Johnson
Secretary: Katie Strawder
Members: Wayne Bowen, Sandra Eaker, Nelson "Whit" Whitaker, Sugar Young.
Honorary SCSC Member: Larry Eaker

PARK PLACE

414 S. Lewis Ave.

Waukegan, IL 60085

Phone: (847) 244-9242

Fax: (847) 244-9258

www.waukegantownship.com

Park Place Hours

Monday	9:00am - 4:30pm
Tuesday	9:00am - 4:30pm
Wednesday	9:00am - 4:30pm
Thursday	9:00am - 4:30pm
Friday	9:00am - 4:30pm
Saturday	Closed
	Closed

PRESORT STANDARD

US POSTAGE PAID

PALATINE P & DC



~Family members, you are always in our thoughts ~



**We Remember Seniors
Who've Passed Away**

9/3021 - 11/30/21

Peterson & Patch

Raul Figueroa 10/06/2021
John Jay Lyon 10/15/2021
Constantine "Con" A. Lasaitis 10/18/2021
Elizardi Pagan Jr. 10/20/2021
Imelda Martinez 10/24/2021
Karen Ross Gardner 10/24/2021
Gloria M. Jimenez-Hernandez 10/28/2021
Mary E. (nee Zannini) Ferry 10/29/2021
Bruce Simonian 11/10/2021
Ann Louise (nee Miceli) Trombino 11/12/2021
James Allen Stickels 11/13/2021
William H. Flessner 11/13/2021
John "J.B." Bradford Ritchie 11/23/2021
Harold Raymond Perkowski 11/29/2021

Congdon

John Anthony Machak 9/30/2021
Loren Ballard 10/02/2021
Cruz Fonseca 10/03/2021
William Reid 10/04/2021
Hilda E. Avenarius 10/05/2021
Jeanette M. Postolka 10/06/2021
Charles Trumper 10/09/2021
Genevieve Padro 10/10/2021
Hellen I. Harris 10/10/2021
Doris E. Devore 10/12/2021
Dianne Krueger 10/13/2021
Reta Joan Muellermann 10/13/2021
J. David Trimmer 10/13/2021
Linda M. Smith 10/14/2021
Dennis Roy Martin 10/15/2021
Donald L. Zumalt 10/16/2021

Morna Arreguin-Maldonado 10/18/2021

Charles Andrew Escobedo 10/18/2021
Robert "Bob" Grabnik 10/28/2021
Patricia Dimarzio 11/03/2021
Eulalia Lugo 11/06/2021
Chester Kloet 11/07/2021
Pamela Paul 11/09/2021
Julio Ignacio Garcia-Alvarez 11/09/2021
Carol Ann Onstad 11/10/2021
Norman L. Gruber 11/10/2021
Aurora Campos 11/11/2021
Betty Jane Smith 11/11/2021
Eula Mae Tankersley 11/13/2021
Marcella Adolphs 11/15/2021
Nancy Montano 11/18/2021
Larry H. Maxwell 11/20/2021
Laura J. Roteman-Walley 11/20/2021
Francisco Mercurio Jr. 11/21/2021
Debra Stanonik 11/22/2021
Virgie Carpenter 11/23/2021
Jacqueline Brown 11/23/2021
Billy Joe Brown 11/25/2021
Ruta Ivey 11/25/2021
Gary Cohen 11/26/2021
Frank Anthony Debevic 11/26/2021
David Wayne Davison 11/27/2021
Linda Sue Stickles 11/30/2021

Marsh

William L. Buettner 10/07/2021
Jose Antonio Covarrubias-Delgado 10/06/2021
Ruth I. Ingold 10/10/2021
Mary Louise Sanchez 10/11/2021
Helen Mack 10/21/2021
Mary Judith "Judi" Westbrook 10/23/2021
Teresa Moreno 10/24/2021

Edward G. Shumaker 10/24/2021
Steven Allen Carlson 10/26/2021

Nancy Jo Vaseloff 10/31/2021
Terry Wayne Lind 11/05/2021
Marjorie Carole Nicoline 11/06/2021
Lyle Skelley 11/06/2021
Eulogio A. Andryr Jr. 11/08/2021
Marlene Roma Murrie 11/09/2021
Dale Meldon Maule 11/11/2021
Harold F. Hoppe 11/13/2021
Josephine Jamnik 11/13/2021
Eleanor A. Ray 11/14/2021
Veronica Mosley 11/14/2021
Doris L. Pierce 11/14/2021
Dorothy M. Wilson 11/14/2021
Michael Joseph Krams 11/23/2021
Cora Mae Dixon 11/25/2021
Geraldine G. Winn 11/26/2021
Nicholas C. Bellios 11/26/2021
Lorraine E. Dams 11/29/2021

Memorial Chapel

Gregory Alston 10/30/2021
Guillermo Gomez-Popoca 11/13/2021
Samuel Calzada Quintanar 11/14/2021
Maria Aurora Gomez De Villanueva 11/15/2021
Mary Louise Kantola 11/25/2021

Warren Cemetery

Krystyna Lacki 10/04/2021
Gregorio De Beien 10/15/2021
Emily Leonardi 10/18/2021
Donna Ficke 10/21/2021
Emma Bembry 10/30/2021
Rosanne Marie (Spirala) Perez 11/12/2021
Paul Garven 11/16/2021
Ronald Lauridsen 11/21/2021
William Wichman 11/26/2021

James Hangebrauck 11/29/2021

Westgate

Robert P. Montgomery 09/30/2021
Alpearl Moss 10/05/2021
Robert L. Harris 10/10/2021
Wesley Wells 10/22/2021
Earvie Gray 10/25/2021
Connie C. Gunn 11/1/2021
Christopher L. Brown 11/1/2021
Elena Ramirez 11/06/2021
Lois E. Harris 11/08/2021
Arthur James McGee 11/11/2021
Vincent Schwell Jiles 11/12/2021
Oscar Stricklin 11/12/2021
Gloria P. Thomas 11/16/2021
Casandra Benjamin 11/19/2021
Willard Fields 11/24/2021
Linda Rae Cobb 11/27/2021

Bradshaw & Range

Arthur A. Williams, Sr. 10/03/2021
Lawrence Eugene Quinn, Sr. 10/04/2021

Ann Viola Davis 10/08/2021

Emma Deloris Powell 10/12/2021

Llyod Randle 10/19/2021

Tyrone L. Hoy 10/19/2021

Hazel W. Hilliard 10/22/2021

Michale Samuel 10/24/2021

Susie F. Wright 10/28/2021

Eugene Beard, Jr. 10/28/2021

Nathaniel Banks, Sr. 10/28/2021

Mary Lee Metcalf 10/29/2021

Qursene Jones, Jr. 11/03/2021

Leory Johnson 11/09/2021

Annie B. Christian 11/12/2021

Joyce Cabell 11/13/2021

Dorothy I. Jackson 11/19/2021

Ernestine M. Caldwell 11/20/2021

Dorothy Mae Speed 11/22/2021

Charles W. Bobo 11/22/2021