

January & February, 2023

PAJC

Dear Waukegan Township
Family & Friends,

Looking back at 2022 and looking forward to 2023.

As 2022 comes to a close and we look ahead to the new year, it's important to take the time to look back on the past year and reflect on those things while looking forward to the future.

Waukegan Township has held so many wonderful events over the past year and started many new programs to assist over the past year. In 2022 we started offering NEW weekend transportation. This service allowed those 60+ to travel to and from location at no cost. We were also awarded a grant to provide our new Matter of Balance exercise program. This program allows those with balance concerns to elevate concerns associated with falling. We also bought back new technology programing through AARP/OATS. This program assisted with getting individuals comfortable with technology in today's world. We're so excited with these new programs and look forward to what will come in 2023. Who could forget the 2022 Gas Card Lottery where everyone who entered was a winner! We also celebrated our 20th year of Walk for Seniors, with overwhelming success.

AARP Tax Preparation is back!

AARP will assist with tax prep services every Tuesday and Thursday at the Patricia A. Jones Center starting February 2nd through April 13th from, 9:00am-1:00pm. AARP is a nonprofit, nonpartisan membership organization for people 50+. Please call to schedule your appointment. For more information see page 5 for more details.

PAJC Closing dates

Monday, January 16, 2023 Rev. Dr. MLK, Jr.
Day and February 20, 2023, Presidents Day.



Waukegan Township
**Marc L. Jones,
Supervisor**

**Annual Rev. Dr. Martin Luther King, Jr.
Virtual Celebration
Please Join Us!**

Please join us as we recognize members of our community who have contributed to the Waukegan Township Community. This award honors individuals for outstanding service in faith, business, or public life. This event will include entertainment from the First Corinthian Choir and of North Chicago, and the Mariachi Grupo De Oro of Waukegan. There will be a message from Rev. Stephen Thurston, II of the New Covenant MBC of Chicago, along with a youth perspective and much more. Tickets are \$25.00 per person and you enjoy the event from the comfort of home. Purchase tickets online, at www.waukegantownship.com or in person at the Supervisors Administrative Office – 149 S. Genesee Street and the PAJ Center at 414 S. Lewis. Paypal/Credit Card payment available. This annual event draws community leaders from throughout Lake County and the state of Illinois.

We would also like to thank our many sponsors for their partnership with Waukegan Township for this event.

Thank You

Thank you Waukegan residents, volunteers and Senior Service Committee for your commitment to the mission of Waukegan Township's Patricia A. Jones Center. It means a lot as we strive for better programming and services for everyone to enjoy. Happy New Year!

Warmest Regards,

A handwritten signature of Marc L. Jones.

Marc L. Jones

Waukegan Township Supervisor/CEO



PAJC Journal is available online. Please visit our website at www.waukegantownship.com or e-mail Lizette Nava at Lnavawaukegantownship.com to be added to our email list.

Overnight Excursions

Page 2



Mackinac Island

**\$630 per person double occupancy
\$779 single occupancy.**

Monday September 11, 2023

to Friday, September 15, 2023

- 4 nights lodging in Northern Michigan
- 8 meals: 4 breakfasts and 4 dinners
- Guided Tour of Mackinaw City
- Visit to Mackinac Island, including a Guided Carriage Tour
 - Boat ride through the Soo Locks and free time and sight-seeing in Sault Sainte Marie
 - Visit to Mackinaw Crossings
 - Admission to Colonial Michilimackinac
 - Gaming excitement at Kewadin in Sault Casino



The Ark Encounter & Creation Museum

\$718 per person double occupancy

\$897 single occupancy.

Monday May 29, 2023

to Friday, June 2, 2023

- 4 nights lodging in the Cincinnati area.
- 8 meals: 4 breakfasts and 4 dinners.
- Admission to the Stunning Ark Encounter and the famous Creation Museum.
- Admission to the Cincinnati Museum Center including an Omnimax Show.
- BB Riverboat Sightseeing Cruise along the Ohio River.
 - \$75 deposit due at registration



Spotlight on the French Riviera

**\$3699.00 per person double occupancy
\$4399.00 single occupancy.**

Tuesday, October 26, 2023 to Thursday, November 3, 2023

Day 1- Overnight flight.

Day 2-Your tour commences in the stunning city of Nice, a coastal pearl of the Mediterranean known for its legendary opulence and balmy beaches. With an average of 300 sunny days per year, Nice is a seaside paradise. This evening, join your fellow travelers for a welcome dinner in Vieux Nice featuring Mediterranean-inspired French cuisine.

Day 3-Get to know Nice with a local expert. Stroll along the lively seafront Promenade des Anglais and delve into the Old Town, sampling different treats while on a tasting tour of the city. The rest of the day is yours.

Day 4-Travel along the spectacular Corniche coastal road to the Principality of Monaco. On a walking tour, view the changing of the guards and visit the Cathedral of Monaco – the permanent resting place of Prince Rainier III and Princess Grace. Then it's your choice! Explore the tiny Principality on a panoramic Little Train tour taking you across to Monte Carlo for views of its famous Casino -OR- visit the Oceanographic Museum,, Visit the charming village of Èze, perched high above the French Riviera.

Day 5-Journey to Cannes and rub elbows with Europe's elite. Walk in the footsteps of celebrities when you see the Film Festival Palace and the iconic red carpet featured during the Cannes Film Festival. Then, sail* across the Bay of Cannes to the tiny island of Saint-Honorat, a fortified monastery active since the Dark Ages, belonging to the monks of Lérins Abbey. Pause for lunch on the island before returning to Nice in the late afternoon.

Day 6-Today, learn the secrets of perfume making during a hands-on workshop and tour of the Fragonard Perfumerie, where fragrant formulations have been prepared since 1782. Spend time soaking up the atmosphere of this charming town before returning to Nice for an evening at leisure.

Day 7-Head to Saint-Jean-Cap-Ferrat, referred to as the crown jewel of the French Riviera, where you'll visit the impressive Villa Ephrussi de Rothschild. Uncover the lush gardens replete with jaw-dropping views of the Mediterranean Sea. Your visit to the villa is complete with lunch served in the charming tearoom overlooking the Bay of Villefranche.

Day 8-This morning discover Nice's famed flower market and be enchanted by brightly colored blooms and other enticing delicacies. Continue on to historic St. Paul de Vence, situated atop a hill overlooking the beautiful countryside. Explore this walled medieval village, soaking in its distinctive light said to have inspired Matisse, join your fellow travelers for a farewell dinner celebrating the end of an unforgettable trip.



February 21, 2023

African American History Trip: America's Black Holocaust Museum, Frankie's Restaurant, & Bronzeville Collective MKE

Dive deep into African American history and visit a one-of-a-kind historical and memorial museum at America's Black Holocaust Museum. Commemorate the Black Holocaust from pre-captivity in Africa to present-day followed by a stop at Frankie's Restaurant, where we will enjoy a delicious lunch from a local black-owned restaurant featuring African and Caribbean eats. To conclude this trip we will stop at Bronzeville Collective MKE almost everything in this shop is either handcrafted or designed by Black and Brown entrepreneurs. The fee of \$87 covers roundtrip transportation, museum admission, and dining expenses. We will depart from Patricia A. Jones center at 9:00 am and return after 3:00 pm.

March 14, 2023

Shedd Aquarium

Discover the wonder of the underwater world at Shedd Aquarium! Come for an unforgettable encounter with belugas, stingrays, starfish, and many others from the aquatic world. In addition to exploring all exhibits, you will be sure to enjoy the featured show at the Abbott

Oceanarium. Enjoy lunch on your own at one of the nearby cafe options in the aquarium. The fee of \$57 covers roundtrip transportation, aquarium admission, and shows. Trip departs from Patricia A. Jones Center at 8:00 am and returns after 3:00 pm.

April 1, 2023

Medieval Times—Experience, Dinner & Show

The Queen of the Royal Court invites you to travel through the mists of time to a festive celebration where you'll be in awe of gallant knights and majestic horses. Expect almost two hours of feasting, jousting, swordsmanship, thrilling hand-to-hand combat, and displays of extraordinary horsemanship, and falconry as part of a riveting story set in Medieval Spain. Guests are served a four-course banquet as they cheer for one of six knights competing in the joust. The fee of \$87 covers roundtrip transportation, show, and dining expenses. Trip departs from Patricia A. Jones center at 11:30 am and returns after 4:00 pm

Easy Registration! In Person or over the phone: Contact the Patricia A Jones Center located at 414 S. Lewis Ave. Waukegan, IL Monday through Friday from 9:00 a.m. – 4:30 p.m. or call 847-244-9242 for payment options.

Trips are open to adults 18 and older and residents within or outside of Waukegan Township. For more information , call 847-244-9242 or email Ahernandez@waukegantownship.com.

Veterans Day Home/Facilities Deliveries:



Tournament Winners

Billiards

1st Miguel Rivera & Lee Shephard
2nd Selassie Ford, Sr. & Sam O'Bryant
3rd Thomas Wharton & Danny Evans

Cribbage

1st Earl Allen
2nd John Mahoney
3rd Joellen Schlesinger

Spades

1st Rezolia McLaughlin & Claude Bright
2nd Ezra Banks & Patricia Smith
3rd Lloyd Tillman & Mary Craigen

Bridge

1st Rich Sarocka
2nd Earl Allen
3rd Jackie Hassett



Interesting Fact about Illinois

The Chicago River's direction of flow was reversed by man-made canals from 1892-1922. It was, and still is, considered an engineering marvel.

Patricia A. Jones Center Room Rental



Need a great place to hold a meeting, birthday party, wedding reception, anniversary, bridal shower or other gathering? Our spacious room can accommodate up to 80 guests. Tables and chairs included in rental.

Call 847-244-9242 to reserve your day!

Support Groups

Grandparents Raising Grandchildren and Other Caregivers Group: Meets the 2nd Monday of each month 5:00pm - 6:30pm

Monday, January 9, 2023—5:00p.m. ElderCare L.C.

Monday, February 13, 2023—5:00p.m. UMMA Center

Grupo De Apoyo en Espanol/Spanish Group: Meets the 2nd Friday of each month 10:00am

Friday, January 13, 2023—10:00a.m. Healthcare Plus

Friday, February 9, 2023—10:00a.m. Illinois Medicare Patrol

Please register for these groups by calling the PAJ Center at 847-244-9242.



Services to Assist you!

Page 5

Technology Center

Did you get a Holiday Gift that you want to understand better? Come to our Technology Classes for a better understanding of technology! We also offer classes on many other topics.

January 10th, at 10:00 a.m. Intro to Zoom

January 19th, at 2:00pm Video chat

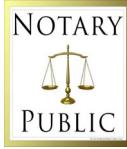
February 8th at 10:00am. Smart Phone

February 16th 2:00 p.m. Connecting to the Internet

We have limited space available. Please RSVP to 847-244-9242 one week in advance so that we have enough seating available!



**YOUR VOTE MATTERS.
GET REGISTERED TODAY.**



Complimentary Services

Waukegan Township can assist you with:

* Complimentary Notary Services

* Voter Registration

* Passport Processing Services

Administrative office located at 149 S.

Genesee Street is a certified Passport & picture site. For information and passport fees call 847-244-4900.

2023 AARP Tax Preparation

February 2nd—April 13th

We would like to thank AARP for their years of service to the Patricia A. Jones Center. For those of you who are not aware, AARP assists with tax prep services every Tuesday and Thursday starting February 2nd through April 13th from 9:00am-1:00pm at the Patricia A. Jones Center. AARP is a nonprofit, nonpartisan membership organization for people age 50 and over. AARP dedicates their services to enhancing the quality of life for those 50+. Take advantage of the assistance being provided by AARP. Please call to schedule your tax appointment, walk-in will not be accepted. This year, all appointments will be conducted in person. For appointments or more information please call 847-244-9242 or email America Vega at Avega@waukeantownship.com



Did you know Medicare is the most popular senior medical insurance plan?

Medicare is a federal health insurance program for people ages 65 and older. It can also cover younger people who have disabilities or severe health conditions. It is divided up into four different parts.

The Illinois Department on Aging Senior Health Insurance Program (SHIP)

Patricia A. Jones Center has staff available year round to assist with any questions pertaining to Medicare Parts A, B, C, & D. Appointments must be scheduled in advance. The benefit access program hours are M-F 9:00 a.m. - 12:00 p.m. Call 847-244-9242 for more information and appointment.



Complimentary Weekend Travel, Register Today!

The Patricia A. Jones Center can now assist those 60+ with weekend travel. To receive this service you must reside within Waukegan Township and travel for social gatherings. This can include, but is not limited to doctors visits, religious functions, grocery shopping or visiting relatives. Transportation will be provided via Uber or Lyft. This service will be offered Saturdays and Sundays only. If you are interested in this program please contact the Patricia A. Jones Center at 847-599-2936.

Weekly Activities at Patricia A. Jones Center

Come and enjoy some of the additional activities available at the PAJ Center.

Monday—Friday 10:00am: Billiards

Monday—Friday 10:00am: Spades/Bid Whist

Monday-Friday 9:00am: Woodshop

Mondays— 9:30am: Quilting

1st & 3rd Monday— 9:30am: Bridge

Every Tuesday—12:15pm: Cribbage

Wednesdays— 9:30am: Watercolor painting

Thursdays—12:15pm: Bridge

Friday—12:30pm: Crafters





Enjoy this popular event from the comfort of home.

Annual Rev. Dr. Martin Luther King, Jr., Celebration



Dr. Martin Luther King, Jr.
Celebration—10:00a.m.
Monday, January 16, 2023

Tickets \$25.00

This annual event is a tribute to King's legacy by honoring individuals for outstanding service in faith, business and public life.

A Multicultural and Multi-Denomination event

- Speakers
- Entertainment
- Celebrating the life of Dr. Martin Luther King, Jr.

To purchase tickets, visit www.waukegantownship.com or 149 S Genesee St, Waukegan, IL 60085. To purchase via phone, call 847-244-4900 or email at rrandle@waukegantownship.com

WWW.WAUKEGANTOWNSHIP.COM

PAJ Center Workshops

Enhance your knowledge on subjects you always wanted to know more about.

January 2023

January 11—Interesting facts about Life Insurance.

10:00am—Phyllis Boateng

Learn the unknown facts pertaining to your life insurance.

January 18—Arthritis Pain Management

10:00am— Vista Health Services, Stacey Van Zeyl

Learn to better manage you arthritis pain.

January 23—Medicare & You, What's New in 2023

10:00am—Abigail Hernandez

Learn what coming in 2023 for Medicare

February 2023

February 1—Prepaid Burial & Funeral Cost

10:00am— Warren Cemetery, Nancy Clamm

Get the questioned answered concerning funeral cost

February 15—Health Care Plus—Caregivers Bingo

Caregivers relieve the stress by trying your hand at Bingo

February 22 - Eldercare Community Services

10:00an-11:00am Likelot "Lee" Ramirez—Learn about the services offered through Eldercare.

Contact the **PAJ Center** at 847-244-9242 for more information



PREPARE TO BE ECSTATICALLY BLOWN AWAY!" - The Daily Beast

"MIND-BLOWING & LIFE CHANGING!" - ABC News

"ROOF-RAISING! IT HITS THE RAFTERS. THIS IS TINA AS WE KNOW AND ADORE HER." - Variety



THERE IS ONLY ONE. HER VOICE IS UNDENIABLE. HER FIRE IS UNSTOPPABLE. HER TRIUMPH IS UNLIKE ANY OTHER.

An uplifting comeback story like no other, *TINA – The Tina Turner Musical* is the inspiring journey of a woman who broke barriers and became the Queen of Rock n' Roll. One of the world's best-selling artists of all time, Tina Turner has won 12 Grammy Awards and her live shows have been seen by millions, with more concert tickets sold than any other solo performer in music history.



Featuring her much loved songs, *TINA* – The Tina Turner Musical is written by Pulitzer Prize-winning playwright Katori Hall and directed by the internationally acclaimed Phyllida Lloyd.

Monday, Wednesday & Friday (Zoom Only)

11:30 pm to 12:00 pm
12:00 pm to 12:30 pm

Total Body Blast
Serenity Stretch



Zoom ID & Passcode
No unauthorized entry will be allowed.

Tuesdays & Thursdays (On Zoom and Live at the PAJ Center)

9:10 am to 9:40 am
9:45 am to 10:20 am
10:25 am to 10:55 am

Chair Workout Warrior
Functional Fitness
Cardio Circuit Training



Country Line dancing has returned!
Fridays at 10:00am. Please call
847-244-9242
for more information

Class Details

Total Body Blast

Total Body Blast is a quick-paced resistance training class. Participants should have a chair and 1 of the following: weights, a water bottle, two cans or a resistance band.

Serenity Stretch

Serenity Stretch is a stretch class for loosening tight muscles and improving range of motion. A yoga strap, a long belt, or a long towel would be helpful for increasing flexibility.

Chair Workout Warrior

Chair Workout Warrior focuses on upper body strength. It is great for participants needing to sit or hold on to a chair to exercise. Even with in a it will be challenging! Participants should have weights, a resistance band, and should bring their own water.

Functional Fitness

Functional Fitness focuses on lower body strength, It helps with everyday movements such as bending down, squatting, reaching and lifting. Legs and shoulders are the primary focus of training. Participants should have weights, a resistance band, and should bring their own water.

Cardio Circuit Training

Cardio Circuit Training is a quick paced aerobic and resistance training class. Circuits consist of 3-6 exercises performed vertical style. At lease 3 circuits will be done each class. Participants should have weights, a resistance band, and should bring their own water.

Waukegan Township Patricia A. Jones Center strongly recommends that you consult with your physician before beginning any exercise program. You should be in good physical condition and be able to participate in the exercise. Waukegan Township PAJ Center is not a licensed medical care provider and represents that it has no expertise in diagnosing, examining or treating medical conditions of any kind, or in determining the effects of any specific exercise on a medical condition. When participating in any exercise program, there is the possibility of physical injury. If you engage in this exercise program, you agree that you do so at your own risk, are voluntarily participating in these activities, assume all risk of injury to yourself, and arise to release and discharge Waukegan Township PAJ Center from any and all claims or causes of action, known or unknown, arising out of Waukegan Township PAJ Center's negligence.

A Matter of Balance

Wednesday, January 11, 2023 Through Wednesday, March 1, 2023
10:00am-12Noon

Back by popular demand!



Matter of Balance is an on-site eight week evidence based program, which helps older adults reduce their fear of falling by learning to view falls as controllable. This program is specifically designed to reduce the fear of falling and improve activity levels among older adults. The program includes eight two-hour classes presented to a small group of participants, led by trained coaches. The program enables participants to set goals for increasing activity levels, making small changes to reduce fall risks at home, and exercise to increase strength and balance. Snacks will be provided weekly to participants of the program. If interested, contact us at 847-244-9242 or email America Vega at Avega@waukegantownship.com.

Trustees: Percy Johnson, Sylvestre Castellanos,

Jeff McBride, and Dulce Ortiz.

Clerk - Rose Staben

Assessor - Mark Stricklin

Patricia A. Jones Center

Senior Citizens Services Committee:

Chair: Jeanette Keyes

Vice Chair: Dwight "J.J. Johnson

Secretary: Katie Strawder

Members: Wayne Bowen, Sandra Eaker, Nelson

"Whit" Whitaker, Sugar Young.

Honorary SCSC Member: Larry Eaker

PRESORT STANDARD

US POSTAGE PAID

PALATINE P & DC

PERMIT NO. 418

Patricia A. Jones Center

Monday 9:00 AM - 4:30 PM

Tuesday 9:00 AM - 4:30 PM

Wednesday 9:00 AM - 4:30 PM

Thursday 9:00 AM - 4:30 PM

Friday 9:00 AM - 4:30 PM

Saturday Open only for rentals

Sunday Closed

PATRICIA A. JONES CENTER

414 S. Lewis Ave.

Waukegan, IL 60085

Phone: 847-244-9242

Fax: 847-244-9258

www.waukegantownship.com



~Family members, you are always in our thoughts.~

**We Remember Those
who've passed away**

Oct. 26, 2022 - Nov. 29, 2022

Memorial Chapel

Alicia Alcantar-Pizano 09/26/2022

Aurora Gonzalez Jimenez 09/30/2022

Gloria Jean Guerra 10/14/2022

Patricia Juarez 11/09/2022

Dagoberta Oropeza 11/15/2022

Ildefonsa "Concha" Montemayor 11/16/2022

Roberta Delgado Medina 11/22/2022

Antoni Castellanos 11/27/2022

Westgate-Tolar

Susan Bulakbasi 10/06/2022

Judith Rena Brannon 10/09/2022

Joeann Forsythe 10/29/2022

Sandra Elaine Harrison 11/26/2022

Ora B. Pearson 11/28/2022

Bradshaw & Range

Earl Brown 09/28/2022

Charles E. Robertson 10/02/2022

Cherilyn M. Jackson 10/02/2022

Artentha D. Smith 10/07/2022

William Mack Jr. 10/08/2022

Dorothy M. Duncan 10/12/2022

Marilynn Wynn 10/16/2022

Bertha Lee Harbor 10/17/2022

Leroy Rogers Jr. 10/19/2022

Felicia M. Montgomery 10/20/2022

Lizzie K. Mayfield 10/21/2022

Lewis Pratt 10/22/2022

Lela "Dee" Gardner 10/23/2022 Marion Edward Ingram 11/04/2022 Mary Fredrickson 10/11/2022

Joann Barnes-Hardy 10/26/2022 Bu Nyo Kim 11/05/2022 Wilma Gordon 10/11/2022

Latrise A. Hanna 10/28/2022 Williams Joseph Buholzer 11/09/2022 Joan E. Durkee 10/11/2022

Sherri L. Istvanek 11/01/2022 Margarita R. Hernandez 11/12/2022 Suzanne Johnson 10/14/2022

Pearlie P. Williams 11/02/2022 Jesus Abraham Ruiz- 11/14/2022 Jean Molidor 10/14/2022

Eduardo Martinez 11/03/2022 Donald Lee Scofield 11/18/2022 Johnny Sukpisan 10/15/2022

Vivan Wilkins 11/15/2022 Owen L Hill 11/21/2022 Dolores Almanzo 10/15/2022

Lucille Terrell 11/18/2022 Karl Heinz Grubert 11/26/2022 Mamie Rae McNutt 10/20/2022

Helen Jones 11/19/2022

Sentoria Russell 11/25/2022

Warren Funeral Home

Richard Portalatin 10/10/2022

Horace Gentle 10/06/2022

Peter Kliora 10/10/2022

Dolores Kilpatrick 10/10/2022

Terry Powell 10/11/2022

Barbara Berney 10/23/2022

Glenn Solum 10/26/2022

James Felton 10/27/2022

James Hooker 10/29/2022

Anthony P. Gabriel Jr. 11/14/2022

Jacquelyn Marie Vega 11/17/2022

Carmen Gonzalez 11/20/2022

Richard E. Sidinger 11/22/2022

Peterson & Patch

Lena Jeanette Colletti 10/09/2022

Maria Jesus Arevalo 10/10/2022

Norman Ralph Bouffard 10/13/2022

Nancy Mary Hutchings 10/14/2022

Maria V. Sarantakis 10/17/2022

Anthony "Tony" Joseph 10/17/2022

Gaudencia Teroy Santos 10/20/2022

Julia Mary Cooper 10/29/2022

Lois Ann Hedgoeh 11/03/2022

Marsh Funeral Home

Severino Galang Castillo 09/25/2022

Doralida Ruperta Alfaro 10/03/2022

Margaret Jane Rau 10/7/2022

Andrew William Sine Sr. 10/06/2022

Shirley Cowart 9/26/2022

Jeanne Malo 9/30/2022

Jim M. Williams 10/01/2022

Romeo Tabuena Jr. 10/01/2022

John J. Pocklington 10/03/2022

Earlene V. Lonergan 10/04/2022

Nancy Brown 10/05/2022

Congdon Funeral Home

Sandra Post 09/26/2022

Betty Severs 11/07/2022

Lydia Racz 11/09/2022

Peggy-Lou Lang 11/12/2022

Kathleen Moore 11/12/2022

Wilma Bartholomew 11/19/2022

Marti Ferger 11/19/2022

George E. Hen- 11/21/2022

Eric H. Roberts 11/22/2022

Marcia A. Barczak 11/24/2022

Marie Grigonis 11/27/2022

Ericka Zenta Dolata 11/27/2022