



Waukegan Township Park Place Preview

December, 2016

*Happy
Holidays!*

2016 Edition Year End



Patricia Jones, M. Ed
Waukegan Township
Supervisor

Dear Friends,

Thank you for allowing us into your home. As we come to the end of the year, we'd like to share with you the programs, services, travel, and upcoming events we continue to provide to Waukegan Township residents and our neighboring communities.

If you are 55 and older, now is the perfect time to fight off cabin fever with a visit to **Park Place**. From pool tables to the fitness center, there is always something to do at Park Place.

Plan your next workout at the Park Place Fitness Center and burn off those excess holiday calories. Amenities include: Aerobic Rider, Treadmills, Stationary Bicycles, 1 Stair Master, and Weights. During 2015-2016 over 9300 units of service were provided to seniors benefiting from the Fitness & Wellness programs. This also includes educational workshops on health topics and screenings with the Park Place Wellness program, held at Park Place and other locations throughout the township.

Support your inner muse and express your creative talents with one of our many groups: (Wood Shop, Quilters, Book Club, or Crafters). Card groups range from Bridge to Pinochle. Remember also that we are always interested in your feedback and ideas for new activities.

Please join us on **Sunday, December 11th - 3:00pm at Park Place for the Holiday Celebration**. This is a complimentary luncheon with door prizes. Highlights include entertainment from Those Funny Little People. Complimentary blood pressure and/or glucose screenings. Transportation will be provided. Please RSVP for the event or for transportation by calling 847-244-9242 today. First come, first served!

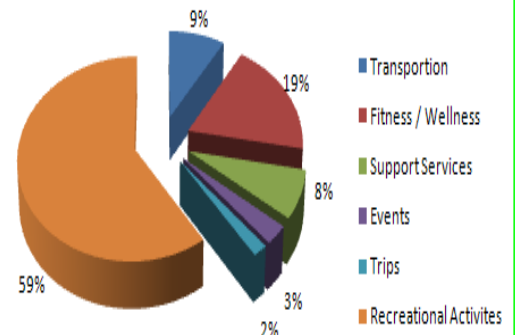
Join us as we reflect on a great leader at the annual Dr. Martin Luther King, Jr. Dreamers' Breakfast. The celebration will take place on Monday, January 16, 2017 - 10am. In addition to celebrating local dreamers, there will be a special tribute to reflect on the life of President Nelson Mandela. In addition, local youth will offer a youth prospective and guests will enjoy live entertainment. Tickets are \$25.00 per person. Purchase tickets at Supervisor's Office, 149 S. Genesee St or Park Place, 414 S. Lewis Ave. Paypal/Credit Card Payment Available. For more information: Call 847-244-9242 or email lpable@waukegantownship.com.

Are you a senior who needs help clearing snow from your driveway and walkway? Call our hotline at: 847-599-2932 to register and receive your complimentary snow removal services.

Park Place will be closed: Friday, December 16th for an employee enhancement event, **Monday, December 19th-22nd for winter cleaning**, Friday, December 23rd - 26th in observance of the holidays and on Saturday, December 31st - January 2nd, 2017 in observance of the New Year.

The Township Board of Trustees, Senior Citizens Advisory Council, and Staff wishes everyone a very healthy and prosperous Holiday and New Year!

**% of the Park Place programs utilized
for 2015-2016:**





Meeting your transportation needs!



Bus available for rental...Family Reunion, Organizational Outing, and More!



Allow us to transport your large group to the places you want to go by means of our roomy shuttle bus rental. Our bus has a seating capacity of 32 guests, and we are capable of driving you safely to the family outings, weekend getaways, overnight stays, and more! **Reasonable rates - For more information call 847-244-9242 or email jsalazar@waukegantownship.com.**



Family Reunions



Weekend Getaway

Waukegan Township Offers Complimentary Bus Service For Seniors

DID YOU KNOW?

Seniors age 65 and older who no longer drive, make 15 % fewer trips to the doctor, 59% fewer trips to shop or eat out, and 65% fewer trips to visit friends and family, than drivers of the same age. During 2015-2016 Park Place buses transported **over 4500** seniors safely to and from medical appointments, grocery shopping at area stores, from senior buildings, to nursing homes to visit loved ones, and shuttles to and from Park Place for events, regular programs and important socialization. If you are a senior in need of transportation please call 3 days in advance. Shuttles are wheelchair accessible. You must live within Waukegan Township and be 55 years and better. Call 847-599-2936 to schedule your ride.

Community Disability Transportation Committee Meeting



Over 15 million people under age 55 with disabilities have difficulty getting the transportation they need. Supervisor Jones has conducted meetings since the beginning of the year to develop a plan to address these transportation needs. The collaboration resulted in the creation of the new transportation program. The program will provide a vital lifeline for people who are under 55 with disabilities to access employment, education, healthcare, and community life. November

30th attendees included; Waukegan Township Supervisor Patricia Jones, Kisha Hearn - Sr. Project Manager - Pace Paratransit, Sally Ann Williams - Division Manager - Pace Paratransit Operations, Tim Dilsaver - Pace Community Relations Representative for Lake County, Beth Daly - Mobility Outreach Coordinator - RTA, Ashley Lucas - Senior Planner Lake County Division of Transportation/Grant Administrator LCCTSC, Alderman Bonny Mayfield - North Chicago 2nd Ward, Shields Township Supervisor Cynthia Maloney, Claudia Mancera -Program Director - Lake County Center for Independent Living, Dan Dean - Contract Negotiator - D. Dean Inc., Ed Buschbacher - SCSC member, and Betty Christmas - former SCSC member. The next meeting will be **9:00 a.m. on Wednesday, January 11, 2017 at the Supervisor's office, 149 S. Genesee.** Meetings are open to the public. For more information please call 847-244-9242.



Passport Service *Pictures On Site \$10

***Processing Fee \$25**

***No Appointment Needed!**

Waukegan Township provides passport services and pictures. You can apply for your passport at the Supervisor's office. Required fees for passport book \$110.00 and passport card \$30. Call one of our passport processing agents for additional fees and requirements at 847-244-4900. For more information visit www.waukegantownship.com.

Park Place Senior Citizen's Services Committee:

Chair: Victor Ruiz
Vice Chair: Ray Evelyn Curry
Secretary: Opal Rice:
Members: Ed Buschbacher, Evelyn Bailey, Larry Eaker & Gloria Carr

Park Place Hours

Monday	9:00 AM - 7:00 PM
Tuesday	9:00 AM - 4:30 PM
Wednesday	9:00 AM - 4:30 PM
Thursday	9:00 AM - 8:00 PM
Friday	9:00 AM - 4:30 PM
Saturday	9:00 AM - 3:00 PM
Sunday	Closed

PARK PLACE
414 S. Lewis Ave.
Waukegan, IL 60085
Phone: 847-244-9242
Fax: 847-244-9258
www.waukegantownship.com



Bingo!

Bingo Thursdays,
 6:00pm - 9:00pm @Park
 Place 414 S. Lewis Ave.
 (Doors open 5:00pm)

- ◆ 13 games played
- ◆ 5 special games
- ◆ Cards \$5 - \$30
- Food for sale
- Current Boom Bingo

** During 2015-2016 over 31,000 participants enjoyed themselves with Park Place favorites such as, Card games, Technology classes, Bloomin Artist, Wood Shop, Quilters, Red Hat Society, Book Club, Cribbage, Bingo and Billiards. Boom Bingo averages 3-4 winners a year with a payout between \$1000 to \$2000.*

News You Can Use

Corner Gift Shoppe

Park Place Gift Shoppe is looking for volunteers to assist in the store 1 day per month, Tuesday - Saturday.

Incentives include: Admission to Park Place Events, free gas card, discount on trips, discount on events, discount at Park Place Gift Shoppe. For information on volunteer times and specific incentives please contact: 847-244-9242 or Email Jsalazar@waukegantownship.com

Waukegan Township Corner Gift Shoppe
December 2016



**Save 20%
OFF**



Any regular priced purchase \$5 and over for
the month of December 2016 Only.

Excludes clearance and craft items.
One coupon per customer.

Park Place Room Rental

Need a great place to hold a Meeting, Birthday Party, Wedding Reception, Anniversary, Bridal Shower or other gathering?

- ◆ Rental Fees: Facility Open - \$45.00 per hour.
- ◆ Park Place Kitchen \$50.00 flat fee.
- ◆ Facility Closed & Holidays - \$65.00 per hour.
- ◆ Observed Holidays - \$95.00 per hour .
- ◆ Deposit Amount - \$100.00 due upon reservation date.



Our spacious room can accommodate up to 90 guests. Tables and chairs included in rental. Decoration rate available upon request. Available for rental, linens, chair covers, sashes, and runners. Call 847-244-9242 to reserve your day!

Volunteer of The Month



Dwight "JJ" Johnson is a United States Navy Veteran. He is a founding member and president of LCACE - Lake County Area Computer Enthusiasts. Dwight volunteers with our Technology Center. With his help the center teaches those 55 and better to use computers to empower and live more connected lives. Thank you Dwight for your service.



Township Scholarship

Eligibility Criteria:

- ◆ High School Senior or currently enrolled college students.
- ◆ Must be a U.S. citizen & resident of Waukegan Township.
- ◆ History of extracurricular activities that demonstrate a willingness to accept leadership responsibilities.
- ◆ Civic responsibility, social consciousness and a willingness to serve the community.
- ◆ Enrolling instate School

If you would like information or should have additional questions, please contact: Kim Woods at 847-244-4900 or email Kwoods@waukegantownship.com.

Application Dealine: April 3, 2017

**Application Available at the
Supervisor's Office & Park Place**



2016 Veterans Celebration Luncheon - Saturday, November 5, 2016



Thank you to everyone who attended the annual Veteran's Celebration at Waukegan Township Park Place. Veterans from the Navy and Army shared stories about their service. Thank you to the keynote speaker Anthony Vaughns, of the Illinois Department of Veteran Affairs and the award-winning Waukegan High School J.R.O.T.C Drill Team.

Please Join Us On These Upcoming Trips & Great Getaways!



Four Winds Casino in New Buffalo, Michigan - Saturday, January 21, 2017

Each person will receive \$15 in instant slot credit and a \$10 credit towards food in your choice of restaurants. Bus departs Park Place at 8:30 a.m. and returns after 5 p.m. Fee \$36 per person. Register in person at Park Place or via credit card at 847-244-9242.

Travel With Us To The East Coast - Visit Washington D.C.

Travel by spacious motor coach to our Nation's capital. Washington, D.C., is not only the capital of the United States, it's also at the center of African-American history and culture. Take a panoramic illumination tour of Washington D.C., Visit the Martin Luther King Memorial and National Museum of African American History and Culture. Visit the National Smithsonian Institute and the Arlington Cemetery to witness the Changing of the Guards. You will attend the National Cherry Blossom Parade, which celebrates the blooming of the Japanese Cherry trees planted around the Tidal Basin. Explore other states like Pennsylvania and Virginia, where you will visit George Washington's estate in Mt Vernon, VA! Trip includes other tours to museums and national parks.



6 Days . 9 Meals - Departs 4/6/17
\$1,500 per person double - add \$639 for single room.

DID YOU? KNOW

1. Travelers rate their overall health one full point higher (on a scale of 1 to 5)
2. Almost half (48%) of adult travelers say that seeing friends and family is a highly important benefit of pleasure travel.

Waukegan Township
Park Place Presents...
Spectacular South Africa: 14 Days

Per Person Rates:
Double: \$4,999; Single: \$5,699
Departure: April 12, 2018

Highlights...

Johannesburg • Soweto • Panoramic Route •
Kruger National Park • Safari Game Drive •
Garden Route • Knysna • Featherbed Nature
Reserve • Ostrich Farm Visit • Wine Pairing
Dinner • Cape Town • Table Mountain

*** \$200 Early Booking Offer.**
(start making payments today)

* Trip features: 1st Class and Deluxe Hotel Accommodations, 22 Meals, roundtrip airfare from O'Hare, Sightseeing, all baggage handling (1 bag per person), services of a professional tour manager, transportation via deluxe air-conditioned motor coach, all taxes and service charges. *Not Included in Above Prices: Insurance (\$350.00)

Both trips open to adults 18 and older and residents in and outside of Waukegan Township.
For trip information call 847-244-9242 or email lpable@waukegantownship.com

Technology Classes



Technology Classes at Park Place - 414 S. Lewis Ave
To Register Call 847-244-9242 or Email
lpable@waukegantownship.com

Trouble Shooting & More: Help Desk at the Tech Center! Every Monday from 1:30 p.m. – 3:00 p.m.

Park Place is ready to help you take on your technology challenges and frustrations! Our skilled volunteers will be here each Monday from 1:30 p.m. – 3:00 p.m. to answer questions on your technology devices, programs, social media or applications.
Drop by any time during open hours!
This is a complimentary service.

Smart Phone 101: Understanding and Using your Device: Wednesday, November 30, 9:30 a.m.,

Roaming? 4G? Confused about your phone? Come to this session to explore the basics of using and enjoying your cell phone. This session is \$10. Pre registration is required and seating is limited. Call 847-244-9242 to register with a credit card or stop in to Park Place to pay in person.

Tablets 101: Basics of Tablet Use and Operation: Tuesday, December 6, 9:30 – 11:00 a.m.

See what the fuss is about! Delve into tablet use with your own device or using the Amazon Fire. Learn how to connect to popular apps, e-mail, and e-books using these portable wireless devices. This session is \$10. Pre registration is required and seating is limited. Call 847-244-9242 to register with a credit card or stop in to Park Place to pay in person.

iPad 101: Basic Use:

Thursday December 8, 1:00 p.m.

Use our iPad or bring your own! We will explore the basics of these fun mobile devices. Learn how to connect to popular apps, e-mail, and e-books using these portable wireless devices. This session is \$10. Pre registration is required and seating is limited. Call 847-244-9242 to register with a credit card or stop in to Park Place to pay in person.

Trouble Shooting & More:

Help Desk at the Tech Center!

Every Monday from 1:30 – 3:30 p.m. Complimentary.

Open Lab at the Tech Center

Park Place has six computers for use by those 55 and better during open hours when classes are not in session.



Exercise & Fitness

** During 2015-2016 over 9300 units of service were provided to seniors benefiting from the Fitness & Wellness programs. This also includes educational workshops on health topics and screenings with the Park Place Wellness program, held at Park Place and other locations throughout the township.*

Complimentary Exercise Room at Park Place. Take advantage of our Certified Exercise instructor and our exercise equipment. Train every Tuesday & Thursday 11:30am -1:30pm.

Fitness Center Hours: Mon 9am - 7pm. / Tues, Wed, Fri 9am - 4:30pm. / Thurs 9am - 8pm & Sat 9am - 3pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*SeniorSize - 9:15 a.m.	*Walk Fit	*Advanced	*Advanced SeniorSize	*Zumba	Floor Mat Exercises
*SeniorSize -10:15 a.m.	9:00 a.m.	SeniorSize	9:15 a.m.	9:00 a.m.	9:15 a.m.
*Chicago Soul Dancing	*Country Line	9:15 a.m.	*SeniorSize -10:15 a.m.	Floor Mat	*Walk Fit - 10:15 a.m.
- 5:30 p.m. (\$2)	Dancing 10:00a.m.	*Yoga/Meditation	*Chicago Soul Dancing -	Exercises	
*Yoga/Meditation -		10:15 a.m.	5:30 p.m., (\$2)	10:00 a.m.	
5:30 p.m.					

*** Advance sign up for classes & a medical release form must be on file. (renew form yearly)**



For more information call 847-244-9242
or email jnieves@waukegantownship.com

Health & Wellness

Wednesday, December 14 - Coping with Loss During the Holiday Season - 9:30 am – 10:30 am

Speaker: Catherine Dello, LCSW - Vitas Hospice.

Grieving the loss of a loved one is a deep and difficult challenge at any time. But the holiday season can magnify your sense of loss and mourning. Family gatherings and seasonal events can be painful reminders of the absence of a loved one. At the same time, they can also be comforting rituals where you spend time with family and friends, focusing on good memories and trying to recapture your sense of joy.

Wednesday, December 14 - Gift of Life – Organ Donors Save Lives 11:00 am – 12:00 pm

Speaker: Marion Shuck, Director of Community Affairs - Gift of Hope.

Did you know one organ donor can save up to eight lives? The same donor can also save or improve the lives of up to 50 people by donating tissues and eyes. More than 120,000 people in the United States are waiting for organ transplants.



Wednesday, December 14 - Holiday Desserts & Lovely Holiday Crafts & Flowers Workshop - 1 pm – 3 pm – FREE.

Speakers: Mary Patton, Boomers Way, The Sweet Stop and The Crafting Bee will demonstrate how to make truffles and impress everyone for the Holidays with such an easy technique and recipe that all can make! The Crafting Bee will demonstrate how to make lovely holiday crafts with flowers. Light refreshments, free samples, raffle prizes and holiday gift baskets available for purchase. **RSVP at Park Place or call (847) 244-9242.

Rosalind Franklin Community Care Connection
Complimentary Health Screenings -
Tues, Dec 6th - 1:00p.m. - 3:00p.m.
At Park Place.

Scholl College of Podiatric Medicine
Park Place complimentary foot care
Tues, Dec 13th
1:00 p.m. by appointment. At Park Place.

The Illinois Department on Aging Senior Health Insurance Program (SHIP) @ Park Place

Provides assistance with any questions pertaining to Medicare Parts A, B, C, & D. Appointments will be scheduled in advance. The benefit access program hours are M-F 9:00 a.m. - 12:00 p.m.

Call 847-244-9242 for more information and appointment.
Open Enrollment Ends Dec 7th!

DID YOU KNOW?

- ◆ Only 35 – 44% of adults 75 years or older are physically active, and 28-34% of adults ages 65-74 are physically active.
- ◆ Only about one in five homes have parks within a half-mile, and about the same number have a fitness or recreation center within that distance.
- ◆ Less than 5% of adults participate in 30 minutes of physical activity each day.

Waukegan Residents 55 & Older Need a Ride? TRANSPORTATION HOTLINE - 847-599-2936
(Please reserve 3 days in advance)

Support Services



GRUPO DE APOYO EN ESPANOL
SPANISH SUPPORT GROUP
 Meets the 2nd Friday of each month
 11:00 am – 12:00 pm

This group is **facilitated in Spanish** and is for older adult's age 55 & Better! Guest speakers are invited to speak on various topics promoting wellness/good health, services and programs which are available in the community. There are also opportunities for social interaction, support & resources.

Monthly Support Group Meeting Days & Times

Book Club - Meets the 1st Monday at 1:00 p.m.

Coping With Loss - Meets the 2nd Wednesday at 10:00 a.m.

Grandparents & Other Relatives - Meets the 2nd Monday at 5:30 p.m., & the 4th Wednesday at 11: a.m.

Spanish - Meets the 2nd Friday at 11:00 a.m.

Lollie Drew Low Vision - Meets the 2nd Tuesday at 10:00 a.m.

Red Hat Society - Meets the 3rd Thursday at Noon

Alzheimer's - Meets the 4th Tuesday at 10:00 a.m.

LGBT - Meets the 3rd Wednesday at 3:00 p.m.

* During 2015-2016 over **3900** seniors benefited from support groups, addressing Low Vision, Alzheimer's, Coping With Loss, Grandparents Raising Grandchildren, Life After Stroke, Hispanic Support Group, LGBT, and Red Hats. Seniors also enjoyed community services provided to them such as, RTA reduced and ride free passes, Benefit Access Program and AARP tax services.



We've got a great range of quality Gift Wrap perfect for wrapping all of your Holiday presents. Tight for time? Let Park Place gift wrap your presents by hand!

Christmas Gift Wrapping

We can gift wrap your presents for you!

Park Place - 414 S. Lewis Ave., Waukegan, IL

Mon-Fri 9am - 4pm / Sat 9am - 2:30pm

\$1.00 - Small Boxes \$2.00 - Medium Boxes \$3.00 - Large Boxes

* Larger sized box = about 11X8X15 range. Similar to clothing boxes offered at department stores.

For more information call 847-244-9242 or email jsalazar@waukegantownship.com



Help End Elder Abuse

Failure to detect elder abuse is currently the norm in the U.S. healthcare system, with a less than 5 percent detection and reporting rate, according to the second study. To fix this, providers must develop a team-based approach that incorporates emergency medical service providers, nurses and social workers. An estimated 1 in 10 elderly patients will be the victim of neglect or abuse, according to a 2015 report in the New England Journal of Medicine. For more information visit www.fiercehealthcare.com.

PRESORT STANDARD

US POSTAGE PAID

PALATINE P & DC

PERMIT NO. 418



ACKNOWLEDGEMENTS & CONDOLENCES - Our Thoughts Are With You.

**We Remember
Seniors who've
passed away
7/29/16 - 10/23/16**

Mary Carnish 10/5/2016
Rita Chaplin 8/24/2016
Mike McKillen 9/27/2016
Hildean Davidson 8/16/2016
Marcia Ragin 10/12/2016

Ascension Cemetery
Brigid Boyle 10/17/2016

Bradley Funeral Home
Petronilla Mesec 8/18/2016
Melvin Harlow 8/30/2016
Mary Janocha 10/8/2016

**Bradshaw & Range
Funeral**
Trudy Evans 8/10/2016
John Mayfield Jr 10/6/2016
Polly Hunter 7/31/2016
Henry Turner ?
Delmore Harris 8/4/2016
Sherry Cooper 9/4/2016
Avis Moore 9/18/2016
Rena Geater 9/18/2016
Barry Cheeks 9/19/2016
Avelino Avalos 9/28/2016
Jeremiah Banks 10/13/2016

Gloria Sims 10/14/2016
Mickey Johnson 10/18/2016
David Glover 10/19/2016
Leroy Freeman 10/21/2016
Betty McKenzie 10/22/2016
Leandra Craig 10/23/2016
Vivian Holmes 10/23/2016

**Congdon & Company
Funeral**
Helen Deal 8/25/2016
Janet Koustrup 9/24/2016
Ronald Kytasaari 9/24/2016
Gloriette Schultz 9/7/2016
Carol Bachler ?
Ellen Herman 10/16/2016
Harold King 8/17/2016
Rachel Labelle 8/22/2016
Judy Ocenosek 8/10/2016
Paul Peters 8/17/2016
Arthur Polzin 8/30/2016
Martha Rebmann 9/13/16
Eleanore Riley 7/30/2016
Jean Scheve 9/7/2016
Arlene Shaffer 8/4/2016
Fern Strane 8/26/2016
Vada Welch 10/11/2016
David Clark 10/7/2016
Grady Crowe 9/5/2016
Robert Cruz 9/7/2016
Jack Ladewig 9/21/2016
Louise McWhorter
8/12/2016
Monica Meffen 9/22/2016

Mike O'neal 8/13/2016
Sylvester Pudelek
7/29/2016
William Roy 9/23/2016
Lyle Springer 9/26/2016
Kay Sussman 8/24/2016
Susan Poyer 8/29/2016
Elise Andrekus 9/1/2016
Aldene Nordmark 9/2/2016
Mark Rune 9/2/2016
Russell Turner 9/5/2016
William Kasten 9/6/2016
Mary Martin 9/17/2016

Marsh Funeral Home
Guadalupe Lopez 10/4/2016
George Ogilvie 10/6/2016
Dolores Stevens 8/20/2016
Lenore Rokosz 8/26/2016
Jacqueline Simonian
9/19/2016
Rex Beaumont 8/18/2016
Geraldine Smith 9/3/2016

Peterson & Patch Funeral
Judy Anderson 9/26/2016
Clifford Benham 10/16/16
Rolland Lauer 9/8/2016
Kenneth Majors Jr
10/9/2016
Margaret May 10/21/2016
Tommy Palbitska
10/11/2016
Daniel Lemieux 8/25/2016

Salata Gurnee Funeral
Rita Bealding 9/1/2016
William Bender 9/16/2016
Estella Ziemba 9/5/2016
Rosalind Nelson 9/8/2016
John Bernard 8/22/2016
Josephine Kaijtaniak
8/24/2016
Rita Beadling 9/6/2016
Rudolph Welsek 9/15/2016
James Rowley 9/18/2016
Ann Skarbalus 9/29/2016

Warren Funeral Home
Denny Overby 9/4/2016
Marion Patterson
10/12/2016
Isak Pederson 10/19/2016
Judy Shaide 8/29/2016
Louis Albert 8/29/2016

Westgate Funeral
Nathaniel Bell Jr 8/26/2016
Mark Turner 9/19/2016
Levester Gadson 10/6/2016
Betty Jiles 8/16/2016

Coping With Loss

Support Group

Meets the 2nd Wed of
each month
10am - 11am at
Park Place