

Please join us: A 5K For Labor Day –Run/Walk For Seniors Saturday, September 3, 2016 Independence Grove in Libertyville, IL



Patricia Jones, M. Ed
Waukegan Township
Supervisor

Dear Friends,

The summertime is a time of fun and relaxation for most people. But for seniors, if the proper precautions aren't taken the heat and sun can be dangerous. Here are some great tips that can make sure you have a fun, safe summer: Stay hydrated, make sure your medications are not affected by the heat, speak to your doctor, stay cool, stay in touch with your family/friends, wear the correct clothing for the heat, protect your eyes, know the risks of hyperthermia, wear sunscreen, apply bug spray, and exercise smart. During normal business hours Park Place is a **Cooling Center**. After hours, Park Place will remain open when the temperature is above 90 degrees. Feel free to join us at Park Place, 414 S. Lewis Ave.

We are only a few weeks away from our annual 5K event! There's still time to register to support this family fun fundraising event. This year will be our 17th year! A huge thank you goes to the community for your continued support. Remember, another way to show support is by making a donation by mail or on-line at www.waukegantownship.com. Donations are tax deductible and go directly toward providing services to adults 55 and better. Shuttle bus service will be provided from Park Place to & from the race site. The shuttle will depart Park Place at 8am and continue to pickup and drop-off at Independence Grove every 15 minutes, up until 9am. After 9am, the shuttle will continue to pickup and drop-off at independence Grove every 30 minutes until noon.

Joining a support group can make a tremendous difference in how well you cope. In support groups people share personal strategies and techniques on how to cope and better their lives. You can benefit from interacting with others in your situation and your participation can strengthen compliance with some physicians' recommendations. Park Place offers the following Support Groups:

- ♦ **Alzheimer's Support** meets the 4th Tuesday of each month - 10am-11am
- ♦ **Grandparents & Other Relative Caregivers Support** meets the 2nd Monday of each month - 5:30pm-7pm & the 4th Tuesday of each month - 11am-12pm
- ♦ **The Lollie Drew Low Vision Support** meets the 2nd Tuesday of each month - 11am-12pm
- ♦ **Grupo De Apoyo En Espanol Support** meets the 2nd Friday of each - 11am-12pm
- ♦ **Coping With Loss Support Group** meets the 2nd Wednesday of each month - 10am-11am.

Park Place takes an integrated approach to focus on the whole you. The facility offers Educational Programs, Support Groups, and Health Workshops.

A 5K For Labor Day Run/Walk For Seniors! September 3, 2016

**At Independence Grove 16400 W
Buckley Rd, Libertyville, IL**



**Finish Line Celebration
Medal to every participant
Trophy to winners in
each category!**

**Register In Person:
5K for Labor Day Headquarters,
Park Place 414 S. Lewis Ave., Waukegan, IL**

**Registration day of event at race site:
7:00 a.m. - 8:45 a.m. / 9:00 a.m. - Race**

**US Track &
Field Certified!!**



**Register online:
www.waukegantownship.com**

Register early \$25 before July 15th * Fee will increase to \$35

Fee includes T-shirt

**Professional
Timing Service!**

Waukegan Township will provide shuttle bus service from Park Place to and from the 5K Labor Day location. Free of charge. All proceeds from A 5K For Labor Day go directly toward providing services to adults 55 and better. For information or sponsorship opportunity call 847-244-9242 or email lpable@waukegantownship.com.

Fantastic Shows & Great Getaways!



The Ravinia Season is here! Enjoy easy access to the park. Leave the driving, parking, and traffic to us. Gourmet box meals are available for an additional price. For specific show times/dates and information call **847-244-9242**, or email lpable@waukegantownship.com



July 24 - Kenny Rogers: Final World Tour / Nitty Gritty Dirt Band / Linda Davis \$35 (Lawn) \$93 (Pavilion A)

July 27 - Diana Ross \$62 (lawn)

August 7 - Dolly Parton \$56 (lawn)



August 13 - Tony

Bennett \$51 (lawn)

September 17 - Los Tigres del Norte / Mariachi Flor de Toloache \$40 (lawn) & \$88 (Pavilion/Center)



Bonnie Raitt & Richard Thompson Trio- Saturday, September 3, 2016

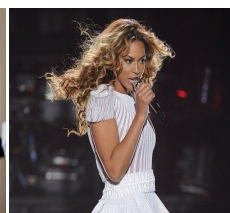
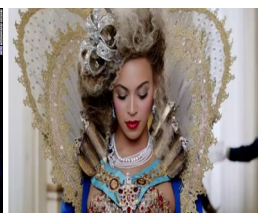
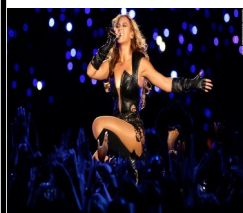
Listen to the Richard Thompson Trio and Bonnie Raitt in beautiful Ravinia Park! All participants must ride our vehicle to enjoy the show at this budget price of **only \$12** per person! Gourmet box meals are available for an additional \$13.



Beyonce In Concert!



Travel to St Louis September 10th - September 11th



- **\$400 fee includes:**
- **Roundtrip shuttle bus transportation**
- **Tickets to concert**
- **Hotel**
- **Lunch at Sweetie Pies.**



Interested? Call 847-244-9242 or email cpwhite@waukegantownship.com.

Chicago Air and Water Show - Saturday, August 20, 2016



This year the Chicago Air and Water Show will celebrate 56 years of daredevil thrills in the air and on the water at North Avenue Beach, along Chicago's magnificent lakefront on Lake Michigan. With Chicago's Skyline as a backdrop, audience numbers reach 2.2 million annually. \$19 fee covers round trip transportation to the Festival. There is no entry fee. You may bring lawn chairs. Gourmet Box Lunches are available for an additional \$12 fee. Shuttle will depart Park Place - 414 S. Lewis Ave 9:00 am & depart air show at 3:00 pm to return.

1893 World's Fair Tour Friday September 9, 2016

Hope on this comfortable motor coach for an expert guided tour into history! We will take a close look at one the most important events in Chicago history. With Visual guides and a local historian, we will explore the famous Midway and then continue to the mail buildings in Jackson Park. You will hear the stories behind Daniel Burnham, Frank Lloyd Wright, Buffalo Bill Cody, HH Holmes (Devil in the White City), and many others. We will take a break at the Rockefeller Chapel on the University of Chicago campus and view the Osaka Gardens on the Wooded Isle. Lunch will be at the Piccolo Mondo and Italian restaurant in Hyde Park. Fee is \$79 per person and includes transportation and lunch. Shuttle will depart Park Place - 414 S. Lewis Ave at 8:00 am. To reserve your place call 847-244-9242 or email Lpable@waukegantownship.com



Piccolo Mondo

**Mayflower
Tours**
Life Enriching Experiences

Explore Travel Opportunities - Monday, July 25, 2016 at 5:30 p.m. at Park Place
Explore new horizons! Join us for an evening of worldwide discovery at our next Travel Preview. Learn about the variety of travel styles featured in "Mayflower Tour's" holidays in North America and around the World. Includes outstanding NEW holidays, amazing travel offers, prizes and more! RSVP Today at 847-244-9242 or email lpable@waukegantownship.com.

A 5K For Labor Day - Run/Walk For Seniors
Saturday, September 3, 2016
Independence Grove in Libertyville, IL
Fun event for the whole family!



Volunteer of The Month



Ms. Janakimala Srinivasa has been a part of the monthly Marketing distribution assembly team for one year. This team assists Waukegan Township in distributing over 2000 newsletters, flyers, and other information on a monthly basis. Ms. Srinivasa is the mother of one son and one daughter.

**Park Place is looking for Volunteers for a New CDT
 (Community Disability Transportation) Committee:**

The new transportation program will provide a vital lifeline for people who are under 55 with disabilities to access employment, education, healthcare, and community life. The transportation services allow individuals with disabilities to live independently within their communities. We are looking for 7 volunteers to form an advisory committee and help define the specifics of this new transportation initiative. Please contact Supervisor Patricia Jones at 847-244-4900 or email pjones724@waukegantownship.com.

Park Place Introduces An Intergenerational Support Group Initiative.

Park Place is seeking males to volunteer and mentor young males grades 6th-8th. Senior mentors will teach pool and ping pong to the young males. There are some lessons and bits of wisdom that can be imparted to young males. Please contact Cheri White at 847-244-9242 or email cpwhite@waukegantownship.com.



How to Use Technology in Your Job Hunt
Wednesday, July 13, 2016 - 1:00 p.m. – 2:00 p.m.

Everything is online including job hunting! Join us and learn strategy and methods for conducting your job search using technology with Chris Liske from the Lake County Jobs Center. This session is complimentary; please call 847-244-9242 to register in advance. Workshop at Park Place 414 S. Lewis Ave, Waukegan, IL.

Learn How to Play an Instrument
Wednesday, August 10, 2016 -1:00 p.m. – 2:00 p.m.

Grow your brain and improve your mental health by learning to play an instrument! Explore your creative side at Family Piano in this creative workshop. Learn how to start playing piano and explore other musical options in this exciting program. This session is complimentary, but space is limited. Please call 847-244-9242 to reserve your space. This session will be held at Family Piano on Genesee Street. Curbside parking is available.



Stress Relieving Coloring Contest
July 18, 19, & 20, 2016 - 9:15 a.m. – 10:15 a.m.

Feeling a little stressed? Join us for a stress relieving coloring contest. 1st & 2nd place cash prize winners. You are not required to attend all three days. The contest will end on July 20th at 10:15am. * \$50 - 1st place * \$25 - 2nd place. \$5.00 entry fee. Contest for adults 55 and better. For more information call 847-244-9242 or email rmcdonald@waukegantownship.com.



Habitat Walk for Seniors
Wednesday, August 03, 2016

Explore some of the many habitats found in Lake County, learning as you walk. Walks are paced to the group's ability. No fee. Complimentary shuttle service from Park Place to the walking site (Grant Woods, Lake Villa). Shuttle will depart Park Place at 8:30am. Walk starts at 9:00 am - 10:00 am. For more information call 847-244-9242 or email rmcdonald@waukegantownship.com.



Health & Wellness



Wednesday, July 13, 2016

11:00 a.m. – 12:00 p.m. At Park Place

Topic: Colon Polyps, Exams, Tests & Bowel Incontinence

Speaker: Dr. Amit Kalra, MD



**Gastroenterologist
Vista Physician Group**

Screening tests play a key role in detecting polyps before they become cancerous. Screening methods include:

- ♦ Colonoscopy - If polyps are found, your doctor may remove them immediately or take tissue samples (biopsies) for analysis.
- ♦ Virtual colonoscopy (CT colonography) - If a polyp is found, you'll need colonoscopy to have it removed.
- ♦ Flexible sigmoidoscopy - If a polyp is found, you'll need colonoscopy to have it removed.

RSVP by calling 847-244-9242 or email jnieves@waukegantownship.com.



Tuesday, July 19, 2016

9:00 a.m. - 1:00 p.m.

Hearing and Vision Bus. By appointment only.

Call Park Place (847) 244-9242 to schedule your appointment.

The Lions of Illinois Foundation & Lions of Illinois are proud to offer complimentary screenings to detect hearing and vision loss. At Park Place.

Tuesday, July 26, 2016

10:00 a.m. – 11:00 a.m.

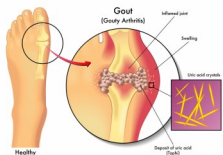
Hoarding: When Stuff Takes Over a life

Speaker: Martha M. Kern, Chief Marketing Officer, Lifecare Innovations, Inc.

Everyday life is complex. For those individuals and families affected by disability, disease or age related vulnerabilities, everyday life isn't just complex, it's overwhelming, debilitating, and at times completely unmanageable. Learn the signs and how to offer help to those in your life who suffer. At Park Place.



HELP



Wednesday, August 10, 2016

11:00 a.m. – 12:00 p.m.

Gout Symptoms & Gouty Arthritis Treatment

What is Gout? A disease in which defective metabolism of uric acid causes arthritis, especially in the smaller bones of the feet, deposition of chalkstones, and episodes of acute pain. Learn About the symptoms of gout and the latest treatments.



Tuesday, August 16, 2016

10:00 a.m. – 11:00 a.m.

Adjustment To The Aging Process:

Speaker: Mary Patton – Boomers Way

This workshop will discuss ways to maximize quality of life through the aging process. Review of the physical and emotional changes and needs as we age. Tips will be shared to increase independence and maintain wellbeing. At Park Place.

**Rosalind Franklin Community Care Coach
Free Health Screenings -**

Tuesday, July 5th - 10:00a.m. - 1:00p.m.

Tuesday, August 2nd - At Park Place.

AARP Safety Driving

Tuesday, July 19th and Wed, July 20th

10:00a.m. - 2:00p.m. RSVP - 847-244-9242. At Park Place.

AARP Members \$15 Non Members \$20

Scholl College of Podiatric Medicine

Park Place complimentary foot care

Tuesday, July 19th, Tuesday, August 2nd, Tuesday, August 16th, & August 30th

1:00 p.m. by appointment. At Park Place.

Rules of The Road - Single Session

Wednesday, August 24th 10:00a.m. - 12:00p.m. At Park Place.

The Illinois Department on Aging Senior Health Insurance Program (SHIP) @ Park Place

Provides assistance with any questions pertaining to Medicare Parts A, B, C, & D. Appointments will be scheduled in advance.

The benefit access program hours are M-F 9:00 a.m. - 3:00 p.m.

Call 847-244-9242 for more information and appointment.

License Plate Sticker Notices



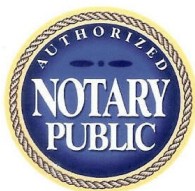
In response to Illinois' current budget impasse, the Illinois Secretary of State is no longer mailing license plate sticker renewal notices to Illinois drivers. Failure to renew license plate stickers on time can leave drivers with a \$20 late fee and/or a \$120 traffic ticket should they be pulled over with expired sticker. Visit www.states.aarp.org for more information.

Best Simple Smartphones for Seniors



In the fast changing world of personal technology devices, there's a new crop of simplified smartphones that have recently hit the market that are better than ever for tech-shy seniors. Here are three top options:

- ♦ Doro 824 SmartEasy - The Doro 824 is sold online at ConsumerCellular.com, over the phone at 888-532-5366, or at any Target or Sears store for \$200 with no contract.
- ♦ Smart Phone - Available online at GreatCall.com, or at Best Buy, Rite Aid, Sears and Walmart stores for \$150 with a one time \$35 activation fee and no contract.
- ♦ Samsung Galaxy Note5 - The Note5 is available with 32 and 64 GB of storage from the major carriers (AT&T, Sprint, Verizon, T-Mobile) and some smaller carriers at prices ranging between \$615 and \$840 without a contract. For more information visit SavvySenior.org.



Notary Public Service

Did you know that Waukegan Township offers free Notary Public Service? Simply bring your unsigned document to Park Place, the Eddie Washington Center, or the Supervisor's office during regular business hours along with at least one form of identification.

Choosing an Appropriate Walking Cane



When it comes to choosing a cane for balance and support most people don't give it much thought, but they should. Walking canes come in hundreds of different styles, shapes and sizes today, so you need to take into account your needs and preferences to ensure you choose one that's appropriate for you. Once you decide on the type of cane, you need to make sure it fits. Stand up with your arms hanging straight down at your side. The top of the cane should line up with the crease in your wrist, so your arm is slightly bent at the elbow when you grip the cane. When using a cane, it should always be held in the hand opposite of the leg that needs support. For example, if your knee pain is on your left side, you should use the cane in your right hand. The cane should then move forward as you step forward with the bad leg. For more information visit <http://www.mayoclinic.org>. Search keyword 'canes'.

Credit for Caring Act - H.R. 4708



The Credit for Caring Act supports America's family caregivers by offering a federal tax credit of up to \$3,000 for those who qualify, has won the support of AARP. AARP issued a news release commending the bipartisan introduction of H.R. 4708. In a news release the organization said, "AARP urges Congress to pass the Credit for Caring Act." This tax credit would provide eligible family caregivers caring for loved ones of all ages with some financial relief and help them pay for services such as home care, adult day care, respite care, and other supports. For more information visit <http://seniorjournal.com/NEWS/Politics>



A 5K For Labor Day - Run/Walk For Seniors Saturday, September 3, 2016

Technology Classes

Tablets 101: Basics of Tablet Use and Operation:
Tuesday, July 20, 9:30 a.m. – 11:00 a.m. Wednesday
August 3, 1:00 p.m.- 2:30 p.m.

See what the fuss is about! Delve into tablet use with your own device or using the Amazon Fire. Learn how to connect to popular apps, e-mail, and e-books using these portable wireless devices. **This session is \$10.** Pre registration is required and seating is limited. Call 847-244-9242 to register with a credit card or stop in to Park Place to pay in person.

**Smart Phone 101: Understanding and
Using your Device:**

Wednesday, July 13, 1:00 p.m. – 2:30 p.m.,
Thursday, August 25, 9:30 a.m.- 11:00 a.m.

Roaming? 4G? Confused about your phone? Come to this session to explore the basics of using and enjoying your cell phone. **This session is \$10.** Pre registration is required and seating is limited. Call 847-244-9242 to register with a credit card or stop in to Park Place to pay in person.

iPad 101: Basic Use:

Friday, August 19, 9:30 a.m. – 11:00 a.m.

There is a fee \$10 and registration is required. We will use first generation iPad's. iPads will be provided for students use. Once trained, students can check out and use the iPads while they visit Park Place.

Trouble Shooting & More:
Help Desk at the Tech Center!

Every Monday from 1:30 – 4:30 p.m. Complimentary.

Open Lab at the Tech Center

Park Place has six computers for use by those 55 and better during open hours when classes are not in session.

**Technology Classes at Park Place - 414 S. Lewis Ave
To Register Call 847-244-9242 or Email lpable@waukegantownship.com**

Exercise & Fitness



Coach to 5K - M,W,F, 6:30 a.m. @Park Place.

Please join our exercise training program at Park Place. Get fit and ready to finish a 5K Run or Walk. Certified trainer and the class is complimentary! This is another item you can cross off your bucket list! For more information call 847-244-9242 or email rmdonald@waukegantownship.com.

Exercise Can Help Improve Your Health!

Complimentary Exercise Room at Park Place. Take advantage of our Certified Exercise instructor and our exercise equipment. Train every Tuesday & Thursday 11:30am -1:30pm.

Fitness Center Hours: Mon 9am - 7pm. / Tues, Wed, Fri 9am - 4:30pm. / Thurs 9am - 8pm & Sat 9am - 3pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Coach to 5K - 6:30 a.m.	*Walk Fit - 9:00 a.m.	Coach to 5K - 6:30 a.m.	*SeniorSize - 10:15 a.m.	Coach to 5K - 6:30 a.m.	*Walk Fit - 10 a.m.
*SeniorSize - 9:15 a.m.		*Advanced SeniorSize- 9:15 a.m.		*Zumba - 9:00 a.m.	
*SeniorSize -10:15 a.m.	*Country Line Dancing 10:00a.m.		*Chicago Soul Dancing - 5:30 p.m., (\$2)	*Step Up Aerobics - 10:00 a.m.	
*Chicago Soul Dancing - 5:30 p.m. (\$2)		*Yoga/Meditation 10:15 a.m.			
*Yoga/Meditation - 5:30 p.m.					

*** Advance sign up for classes & a medical release form must be on file. (renew form yearly)**



Top Box Foods Express is a community-based non-profit that sells a variety of high-quality and healthy boxes of food at up to 40% off retail prices.

Top Box Foods Express es una organización sin ánimo de lucro de la comunidad que vende cajas de comida sana y de calidad alta a una descuento de 40% del supermercado.

(312) 527-7890 topboxfoods.com



Pickup Locations and Dates 2016

Sat Aug. 13th, Sept. 10th, Oct. 8, Nov. 12, & Dec. 10. -

Round Lake: Magee Middle School (500 N. Cedar Lake Rd.) 9-10:30am

Wed Aug. 17, Sept. 14, Oct. 12, Nov. 16, & Dec. 14.

Zion: Shiloh Center (2600 Emmaus Ave) 12:30pm - 2pm. &

North Chicago: North Chicago Public Library (2100 Argonne Dr.) 4pm - 5:30pm.

Thurs July 14, Aug. 18, Sept. 15, Oct. 13, Nov. 17, & Dec. 15. - Waukegan: Erie Family Health Center (2323 Grand Ave)

Illinois FREE Discount Prescription Card for 18 years or older & Lake County Resident. Receive 65% on prescriptions - 59,000+ Pharmacies, no paperwork to fill out, no hidden fees, & no health restrictions. Everyone is accepted. Brand or generic drugs. Save 50% to 80% on lab/imaging. Pick up your card today and start saving! RX cards available at Supervisor's Office 149 S. Genesee Street or Park Place 414



Book Signing and Network Event.

You are invited to meet the Author of "The Journey of My Life", by Mr. Leonard Francis on Wednesday, August 24, 2016 - 1:00 p.m. at Park Place. Come hear his life story as he travels from Jamaica to Britain and finally the United States.



Waukegan Township's Park Place Banquet Hall

Celebrate your special event at our facility located in Park Place Center, 414 S Lewis Ave, Waukegan. Reasonable rates – call (847) 244-9242 today to

reserve! \$45.00 per hour (during business hours) \$65.00 per hour (when closed) \$95.00 per hour (holiday) Commercial Kitchen Flat Rate \$50.00 with room rental only. Deposit to reserve the room \$100.00. *Chair covers, Chair Bows, and Table Cloths available for rental.



Have you ever wanted to be part of a band? Here is your chance. Become a member of the Park Place Band. Open to ages 55 and better. Band will meet at Park Place every Wednesday at 2:00pm starting August 24, 2016. Come share your talent with us!



Let's Learn & Play Pokeno: Wednesday, July 27, 2016 – 1:00 p.m. – 2:30 p.m.

Hosted by: Addus HomeCare

Pkeno is bingo played with a sheet that has playing cards on it. It is a hybrid of the rules of poker and keno and is played with a standard 52-card deck. A dealer gradually uncovers and announces each card of the deck, with players attempting to complete a row of five cards. Raffle Prizes for winners. At Park Place.



Meet Your Leader: Wednesday, August 17, 2016 – 10:00 a.m. – 11:00 a.m.

Speaker: Jason Crockett, Clinical Support Specialist

You can come to Erie HealthReach Waukegan for everything from free cholesterol checks, diabetes management and dental check-ups for your children. Our bilingual staff speaks Spanish and can connect you to interpreters speaking other languages. We partner with Northwestern Lake Forest Hospital, Advocate Condell Medical Center and Vista Health System. At Park Place.



Patricia Jones
Waukegan Township
Supervisor

Trustees:

Katherine Rothwell-Francis
Percy L. Johnson
Jeff McBride
Chuck Willms
Township Clerk: Rose Staben
Assessor: Mark Stricklin

**Park Place Senior Citizen's
Services Committee:**

Chair: Victor Ruiz
Vice Chair: Ray Evelyn Curry
Secretary: Opal Rice:
Ed Buschbacher,
Evelyn Bailey, Larry Eaker &
Gloria Carr

Park Place Hours

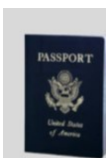
Monday 9:00 AM - 7:00 PM
Tuesday 9:00 AM - 4:30 PM
Wednesday 9:00 AM - 4:30 PM
Thursday 9:00 AM - 8:00 PM
Friday 9:00 AM - 4:30 PM
Saturday 9:00 AM - 3:00 PM
Sunday Closed

PARK PLACE PREVIEW

414 S. Lewis Ave.
Waukegan, IL 60085

Phone: 847-244-9242
Fax: 847-244-9258
www.waukegantownship.com

Our newsletter is published every two months and sent out to our mailing list. If you would like to receive the newsletter via e-mail please call 847-244-4900 or email kwoods@waukegantownship.com



The Township
office is a
certified
Passport site



PRESORT STANDARD

US POSTAGE PAID

PALATINE P & DC

PERMIT NO. 418

ACKNOWLEDGEMENTS & CONDOLENCES - Our Thoughts Are With You.

**We Remember
Seniors who've
passed away
4/11/16 - 6/16/16**

Leo Presley (ukn)
Mellerna Wells (ukn)
Phyllis Zupec 5/22/16
Winifred Caraway
5/10/16

**Congdon &
Company Funeral
Home**

Oveal Anderson
5/10/16
Anna Dorian 4/12/16
William Kucera
5/11/16
Edward Ridgway
6/12/16
Rick Best 5/29/16
Kenneth Gillespie
5/8/16
Marjorie Guy 5/9/16
Joellen Kelley 6/2/16
Stuart McCreary
4/20/16
Margaret Potthast
5/31/16

Brenda Prater 5/16/16
Harry Townsend
5/16/16
Raymond Zukley
5/7/16
Thomas Dunigan
5/14/16
Mildred Engh 4/24/16
Troy Haines 5/31/16
Herman Holcomb
5/4/16
Kenneth Kelter 4/9/16
Camille Pudelek
4/30/16
Robert Sproul 4/28/16
Delores Zorc 4/27/16

**Salata Gurnee
Funeral Home**

Grace Bigger 5/2/16
Shirley Jackson
6/4/16
Robert Ralston
4/27/16
Freddie Tegel 5/29/16
Gerald Vecchio 6/8/16
Robert Billsten
4/25/16
Yvonne Taylor 4/9/16

**Bradshaw & Range
Funeral Home**

Mattie Cooper 4/15/16
Gladys Hicks 6/8/16
Mary Houston 5/19/16
Sally Owens (ukn)
Frances Payne
4/15/16
James Snow 4/23/16
Rufus Brown Jr.
4/27/16
Idalia Escobar
4/29/16
Lewis Myles, Sr
4/29/16
Gregory Holley, Sr
5/4/16
David B. Garcia
5/16/16
Shirley O'Neal
5/25/16
Geraldine Boddie
6/8/16
Lola Diane Crump
6/11/16
Mel Eugene Dorsey
6/12/16

Marsh Funeral Home

Richard Dietmeyer
5/10/16

Raoul Geary Sr.
4/17/16
Ruth Gustafson
5/23/16
Cheryl Ptasienski
5/29/16
Adela Alvarez 6/7/16
Doris M. Paugel
4/27/16
Nesim Sifton 4/22/16

**Peterson & Patch
Funeral Home**

James Gallagher
5/18/16
Violette Van Pelt
5/21/16
Frances Hiner 5/21/16
Nicholas A.
Camacaris 5/31/16

**Bradley Funeral
Home**

Patricia Kesser
4/12/16

Coping With Loss
Support Group

Meets the 2nd Wed of
each month
10am - 11am at
Park Place

The mission of Park Place is to encourage the independence and well-being of adults age 55 and better by providing health and fitness opportunities, recreational programs, transportation options, trips, events and support services.