



Patricia Jones, M. Ed
Waukegan Township Supervisor
847-244-4900

This season, no matter what holiday brings you together, your family will probably host a gathering. Most holiday family gatherings involve an extended meal, long conversations and often television watching. November is a great time to remind loved ones to get their eyes checked. It's easy to fill family gatherings with small talk and the latest news, but why not take a different approach as you eat together or sit down to watch a football game? If you have eye disease in your family, take the time to encourage younger family members to have

a comprehensive eye exam to check for degenerative eye disease.

American Diabetes Month takes place each November. Please join us on Tuesday, November 17, 2015 for the Annual Eddie Washington Diabetes Awareness Forum. The forum will take place at Park Place from 9:00 a.m. to Noon.

Join us on Tuesday, December 1, 2015 10:00 am for the seminar: **Know the 10 Signs: Early Detection Matters**. Hear from people who have the disease and find out how to recognize the signs in yourself and others.

Forget, "I've fallen and I can't get up!" These days, adults 55 and better have access to technology that is light years beyond the old Life Alert bracelets. Park Place offers a wide range of fun and exciting technology classes that are sure to keep you updated on today's latest trends. You can learn to use Internet to save on your holiday shopping, learn to use blogs, websites, online coupons, and other resources to scout out deals and stretch your dollar. See page two for a full list of November technology classes.



How can we say thank you for serving our country?

Please join us on Saturday, November 7, 2015 from Noon - 2:00 pm, at Park Place. We will celebrate and honor all who served in the military. This complimentary lunch and program are open to the public. Keynote speaker is Jim Stanczak, Manager of Waukegan National Airport. Guest speaker Congressman Robert Dold, who will bring greetings from Washington D.C. and the Federal Government regarding the latest legislation. Special guest Commanding Officer, Captain Jim Hawkins, Naval Station Great lakes. Captain Hawkins will bring greetings from the United States Navy. Call 847-244-9242 or email lpable@waukegantownship.com.



Meet Your Leader -
Wednesday, November 18 -1:30p.m. - 2:30p.m.

Speaker: Arthur Cobb, Executive Director of Waukegan Main Street. Waukegan Main Street's Mission is to stimulate the physical, economic and cultural vitality of downtown Waukegan and the lakefront through community and business partnerships.



Patricia Jones
Waukegan Township Supervisor

Trustees:
Katherine Rothwell-Francis
Percy L. Johnson
Jeff McBride
Chuck Willms
Township Clerk: Rose Staben
Assessor: Mark Stricklin

Waukegan Township Publication

November, 2015

Starting January 2016, the Park Place Preview will no longer be distributed on a monthly basis. The newsletter will print every other month and will feature a new look and design. You will still receive information regarding upcoming events/workshops, trips, interest groups, technology classes, movies, and obituaries. Look forward to additional pages of exciting and informative information. The Park Place Preview will include local legislative information that affect the lives of those 55 and better. If you know a business or organization who would like to purchase ad space in the Park Place Preview, please call 847-244-4900 or kwoods@waukegantownship for rates. The Park Place Preview has a distribution of over 10,000 throughout the Lake County area.

Volunteer of The Month



Moszella Jackson has been an Ambassador for Park Place since 2008. She greets patrons, answer phones, and performs general office duties. In 2009, Moszella was crowned Park Place Senior Prom Queen. She is the mother of one son.

Many thanks to our dedicated 5K For Labor Day Gold Sponsors; **NRG Energy, Inc., NorStates Bank, Park City, Gurnee Mills, and Adspace Digital Mall Network**. If you weren't able to attend the 5K For Labor Day, but still want to show your support, you can still make a donation. Call 847-244-9242 for more information. Proceeds go toward providing services to adults 55 and better. We can't wait to see everyone at next year's 5K For Labor Day in September 2016!

Park Place Senior Citizen's Services Committee:

Chair: Victor Ruiz
Vice Chair: Ray Evelyn Curry
Secretary: Opal Rice
Members:
Ed Buschbacher
Evelyn Bailey & Larry Eaker

Health & Wellness

Exercise Class Schedule

Monday

*Couch to 5K -
7:00 a.m. @Park Place
*SeniorSize - 9:15 a.m.
*SeniorSize - 10:15 a.m.
*Chicago Soul Dancing -
5:30 p.m.
*Yoga/Meditation -
5:30 p.m.

Tuesday

*Walk Fit -
9:00 a.m. @Field
House
*Country
Line Dancing -
10:00 a.m.
@Park Place

Wednesday

*Couch to 5K -
7:00 a.m. @Park Place
*Advanced SeniorSize-
9:15 a.m.
*Yoga/Meditation -
10:15 a.m.

Thursday

*Advanced SeniorSize -
9:15 a.m.
*SeniorSize -
10:15 a.m.
*Chicago Soul Dancing -
5:30 p.m.

Friday

* Couch to 5K -
7:00 a.m. @Park Place
*Zumba -
9:00 a.m.
Step Up Aerobics -
10:00 a.m.

Saturday

*Advanced SeniorSize -
9:15 a.m.
*Walk Fit - 10:00 a.m.

*** Advance sign up for classes & a medical release form must be on file. (Renew form yearly)**

*** All events located at Park Place unless otherwise noted.**

Seminar on Hearing Loss and Hearing Aids - Tuesday, November 3 - 10:30a.m. - 11:30a.m.
Audibel Hearing Aid Center. Speaker: Specialist Ray Wenc, will discuss the latest and most innovative advances in the hearing healthcare industry. Complimentary Coffee and Pastries!

Eddie Washington Diabetes Awareness Month Forum - Tuesday, November 17 - 9:00a.m. - 12:00p.m. Featuring Speakers, Complimentary Health Screenings, Exhibitors, Food Demonstration, Light Refreshments, Raffle Prizes, and more.

Handling Stress Workshop - Tuesday, November 17 - 11:00a.m. - 12:00p.m. Speaker: Cheryl Mueller, Season's Hospice & Palliative Care.

Alzheimer's - Know The 10 Warning Signs/Early Detection Matters - Tuesday, December 1 - 10:00a.m. - 11:30a.m. Speaker: Gene Kuhn, Manager - Education & Outreach for the Alzheimer's Association.

AARP Monthly Meeting - Wednesday, November 18 - 1:00pm

Complimentary Health Screenings - Monday,
(Health Quest Home Care)
November 9 & 23 -
10:00a.m. - 11:00a.m.
(Blessed 2 B a Blessing - Friday, November 13 -
10:00a.m. - 11:30a.m.
(Blood Pressure Check, Glucose and Cholesterol).
@Park Place

Rosalind Franklin Community Care Coach Free Health Screenings -
Tuesday, November 3 -
10:00a.m.
@ Park Place.

AARP - Safety Driving
- Tuesday and
Wednesday, November
3 & 4 - 10:00a.m. -
2:00p.m. - \$15 member
fee / \$20 non member
fee. @ Park Place.

Understanding Medicare Basics
Monday, November 16th
- 1:00 p.m. - 2:30 p.m.
RSVP 847-244-9242

NOVEMBER INTEREST GROUP SPOTLIGHT

Lollie Drew Low Vision Meets
Tuesday 11/10 10:00 a.m.



The Lollie Drew Vision group takes a field trip to The Chicago Lighthouse for People Who Are Blind or Visually Impaired.

TECHNOLOGY CLASSES

Trouble Shooting & More: Help Desk at the Tech Center!

Every Monday - 1:30 p.m. - 4:30 p.m.
Our skilled volunteers will answer questions on technology devices, programs, social media or applications.

This is a complimentary service.
No registration - Walk-in

Bang for your Buck: Black Friday Deals & Cyber Monday Deals!

Friday, November 19th
11:00 p.m. - 12:30 p.m.

Learn to use Internet to save on your holiday shopping! Learn to use blogs, websites, online coupons, and other resources to scout out deals and stretch your dollar. **This is a free session, but registration is required!**

Lollie Drew Low Vision Support Group - November 10 & Grandparent's / Other Relatives Raising Children- November 9 - 5:30 pm & November 24 - 11:00 am

Speaker: Loretta Pable Park Place will speak on Benefit Access Program & Senior Health Insurance Program (SHIP)

FOR INFORMATION ON WORKSHOPS, EVENTS, OR RSVP FOR TECH CLASSES CALL 847-244-9242



The
Broadway
Musical

Saturday, December 5, 2015!

One of the most loved holiday movies is now a full grown Broadway musical. Join Buddy the Elf in his larger than life quest from the North Pole to New York City to find his true identity. This heartwarming and hilarious musical is breaking box office records around the county, and arrives at the Marriott Theatre just in time for the holidays. Audiences from 8 to 80 will get wrapped up in this warm and funny new holiday classic. Bus departs Park Place (414 S. Lewis Ave) at 3:30 p.m. for the 4:30 p.m. Marriott Lincolnshire matinee show. \$45 per person.

Eddie Washington Diabetes Awareness Forum



Park Place 414 S. Lewis Ave

Tuesday, November 17, 2015

9:00 a.m. - Noon

Complimentary Health Screenings • Informational Booths • Raffle Prizes

- Blood Pressure Check
- Glucose—2 Hour Fasting Required
- Body Mass Index
- Cholesterol
- Vision
- Flu & Pneumonia Vaccines
- Bring Medicare Or Insurance Card

Did you know?

- 29.1 million people in the United States have diabetes, 8.1 million of whom may be undiagnosed and unaware of their condition.
- In adults 20 and older, more than one in every 10 people suffers from diabetes, and in seniors (65 and older), that figure rises to more than one in four.

For Info 847-244-9242 Jnieves@waukegantownship.com



Turn the clocks
back one hour on
Sunday, November 1st

**Coming January 9, 2016
Lion King at the Cadillac Palace!**



Tickets \$125 per person. Bus departs Park Place at 12:30pm.
Call 847-244-9242 to RSVP.

WAUKEGAN TOWNSHIP

Invites You To...



Sunday, December 13, 2015

4:30PM - 6:30PM

Park Place 414 S. Lewis Ave., Waukegan, IL

Complimentary Dinner Live Music!

Please call 847-244-9242 or

email lpable@waukegantownship.com to RSVP by 12/11/15

Free shuttle pickup and dropoff at:

- | | |
|-----------------------|-----------------------|
| Thompson Manor 3:15pm | Onan Suites 4:05pm |
| Kukla Towers 3:25pm | Amory Terrace 4:10pm |
| Poe Manor 3:35pm | Chapel Gardens 4:15pm |
| Ravine Terrace 3:40pm | Cinnamon Lake 4:20pm |
| Lilac Ledge 3:45pm | |
| Sunset Village 4:00pm | |

Tuesdays At The Movies - Nov 17th!

Join us once a month for a great outing at Marcus Theatre in Gurnee! \$7 includes round trip transportation, ticket for an early afternoon show at the theater, and popcorn. Call 847-244-9242 for the movie selection, departure time or phone registration. Advanced registration is required!

Movies at Park Place Cinema - For More Info 847-244-9242

NEW MOVIES ARE SHOWN: TUESDAYS 1:30 P.M. & SATURDAYS AT 12:30 P.M.

CLASSICS ARE SHOWN: MONDAYS AT 4:30 P.M. & WEDNESDAYS AT 1:30 P.M.

Serving the
Communities of:

Waukegan Township
Supervisor

Patricia Jones
847-244-4900

pjones724@waukegantow
nship.com

Waukegan, City Hall
Mayor, Wayne Motley
100 N. MLK, Ave
Waukegan 60085
847-599-2500

North Chicago, City Hall
Mayor, Leon Rockingham
1850 Lewis Ave.,
North Chicago 60064
847-596-8600

Beach Park, City Hall
Mayor, John Hucker
11270 W. Wadsworth
Beach Park, 60099
847-746-1770 Phone
847-746-1797 Fax

Park City, City Hall
Mayor, Steve Pannell
3355 Belvidere Road,
Park City, 60085
847-623-5030

Federal & State
Representatives:

US Senator
Dick Durbin
312-353-4952

US Senator
Mark Kirk
312-886-3506

US Congressman
Bob Dold
847-380-7605

Illinois State
Senator
Terry Link
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PARK PLACE PREVIEW

**414 S. Lewis Ave.
Waukegan, IL 60085**

Phone: 847-244-9242

Fax: 847-244-9258

www.waukegantownship.com

Park Place Hours

| | |
|-----------|-------------------|
| Monday | 9:00 AM - 7:00 PM |
| Tuesday | 9:00 AM - 4:30 PM |
| Wednesday | 9:00 AM - 4:30 PM |
| Thursday | 9:00 AM - 8:00 PM |
| Friday | 9:00 AM - 4:30 PM |
| Saturday | 9:00 AM - 3:00 PM |
| Sunday | Closed |

**Park Place will be closed: Veterans
Day, November 11 & Thanksgiving,
November 26 & 27**



We are continuing the
Couch to 5K training at Park
Place. Please join us M-W-F
at 7:00am until Nov 27th,
weather permitting.

ACKNOWLEDGEMENTS & CONDOLENCES - Our Thoughts Are With The.

**We Remember
Seniors who've
passed away
09/14/15 - 10/14/15**

Gerrit De Koning Jr.
9/21/15
Cabell Lucian Williams
9/21/15
Robert Metten 9/26/15

**Bradshaw & Range
Funeral Home**

Jeffrey Bankston
9/26/15
Veola Deniece Carter
9/29/15
Stretha Van Alston
9/16/15
Sandra Phifer 9/19/15
Josephine Jackson
9/21/15

Michelle Sanders
9/28/15
Charles Berry 9/28/15
Hattie Brown 10/2/15
Marjorie Jackson
10/6/15

Joseph Turner
10/10/15
Norman Coley Sr.
10/11/15

**Salata Gurnee
Funeral Home**
Florence Cunningham
10/3/15

**Bradley Funeral
Home**
Barbara Thrall 9/15/15

Marsh Funeral Home
Ray F. Devall 10/3/15
Dorothy Ogilvie
9/27/15

**Peterson & Patch
Funeral Home**
Kathryn E. Kilponen
9/15/15

Mt. Olivet Cemetery
Linda Anne Lynch
9/27/15

**Casey Family
Options Funerals
and Cremations**
Harry McKenzie
9/19/15

**Salata Gurnee
Funeral Home**
Annie Niemietz
9/15/15

Warren Cemetery
Frank Price Jr. 10/6/15
Dorothy Smith 9/19/15
Virginia Stinnette
9/16/15

**Congdon & Company
Funeral Home**

Cindy Reiman 9/28/15
Marianne Ricks
9/23/15

June Cermak 9/28/15
Lila Lehman 9/15/15
Dennis Lueck 9/30/15
Paul Richardson
10/2/15

Jacqueline Waldron
9/14/15
William Capp 9/21/15
Westgate Funeral and
Tributes
Annie Threats 9/27/15

The mission of Park Place is to encourage the independence and well-being of adults age 55 and better by providing health and fitness opportunities, recreational programs, transportation options, trips, events and support services.