



May is a time of rebirth and full of new possibilities. It's time to release the seeds of change that have remained dormant inside of you throughout winter. Take time to increase your skill level and introduce a new hobby into your life.

Park Place offers a caring and supportive atmosphere for social, recreational and educational opportunities. Recreational clubs include; woodshop, crafters, quilters, the Red Hat Society, blooming artists, and a book club. Call Park Place at 847-244-9242 for meeting dates and times.

Get your energy pumping with a yoga or soul dance class. Men can enjoy a class designed especially for you. Page 2 has the full exercise schedule.

Brush up on your computer skills with a technology class. So you've got your basic premise for a script, well now it's time to write and get the script out! Take the class, Using Your Computer To Write, Edit & Publish to translate that idea from your computer screen into print. Check out page 2 for the May computer course schedule.

If you think classic movies are slow, boring and colorless, think again. Academy Award winners The Wizard of Oz and Singing in The Rain are part of the May Park Place Classic Movie Lineup. Check out the full movie schedule on page 3.

You may have played card games and billiards your entire life, so continuing to play will enhance your spirit and activate your memory. Games keep the brain active, involve social interaction, and are a good, inexpensive form of entertainment. Studies have shown that playing games may help prevent Alzheimer's disease and dementia, so playing games could actually allow you to live longer. For many people, the amount of time spent alone is difficult, especially when a spouse passes away or when community involvement is cut back due to mobility issues. Park Place can help

with a grief support group. Call 847-244-9242 for meeting day and times.

The upcoming **card and billiards tournaments** will begin in May at Park Place. Games will include; bridge, euchre, pinochle, cribbage, spades, bid whist, chess, and billiards. The entry fee is \$5 and open to adults 55 & better. 1st, 2nd, 3rd, & 4th place **CASH** prizes will be awarded to winners. Light snacks and refreshments will be served. Contestants must register/ by calling 847-244-9242 ASAP during the first week of May.

Friday, May 29th will be about making music and having fun! Park Place is having an Open Mic & Jam Session. Join us for an evening of creativity and self-expression! Acts of all ages are welcome! From dance, poetry to live music to comedy! There is no entry fee. Raffle prizes & food will be sold! Sign-up at 4:30pm –5:00pm. Jam Session is 6:30pm to 7:00pm. If you're feeling shy, just hang out and listen for no charge. For Information call 847-244-9242.

Now that the warmer weather is finally here Park Place is ready for the beautification of our community garden. Come out May 13th from 9-11 a.m. to assist in planting our community garden.

I would like to wish a Happy Mothers Day to all the moms, grandmothers, and caregivers and special recognition to our staff and volunteers. A special Mother's Day thank you to my mother, Dorothy Armsted. How do you describe the person who taught you, mothered you, and raised you to be a decent human being all in one sentence? No words can convey how much I owe to her for raising me to be the person I am today. Mother's Day is a day you get to show your mom how grateful you are that she is in your life. Don't waste the opportunity.

Patricia Jones

Waukegan Township Supervisor
847-244-4900

pjones724@waukegantownship.com



Patricia Jones
Waukegan Township Supervisor

Trustees:

Katherine Rothwell-Francis
Percy L. Johnson
Jeff McBride
Chuck Willms
Township Clerk: Rose Staben
Assessor: Mark Stricklin

Waukegan Township Publication

May 2015

Volunteer of The Month



Aileen Tyson, has been volunteering with the Park Place Book Club and the Blooming Artist since 2009. She is a proud mother of 7. Aileen volunteered for many years to do face painting during the Walk For Seniors, Grandparents Raising Grandchildren Expo and other summer outdoor programs.



SAVE THE DATE

Annual 5K Run/Walk

September 5, 2015

Independence Grove, Libertyville, IL

Registration 7-9



Park Place's Corner Gift Shoppe will be offering Mother's Day flowers for sale on May 8th and 9th, as well as graduation gifts for your recent graduates. Stop in and get your items.

Please join us:

Men Of Distinction

June 12, 2015

Bonnie Brook



2800 N Lewis Ave, Waukegan, IL

Park Place Senior Citizen's Services Committee:

Chair: Victor Ruiz
Vice Chair: Ray Evelyn Curry
Secretary: Opal Rice
Members: Thomas Parks
Ed Buschbacher
Evelyn Bailey & Larry Eaker

Exercise Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*SeniorSize - 9:15 a.m.	*Walk Fit - 9:00 a.m.	*Advanced SeniorSize- 9:15 a.m.	*SeniorSize - 10:15 a.m.	*Zumba - 9:30 a.m.	*Walk Fit - 10 a.m.
*SeniorSize - 10:15 a.m.				Starting April 3rd!	
*Chicago Soul Dancing - 5:30 p.m.	*Country Line Dancing - 10:00 a.m.	*Yoga/Meditation - 10:15 a.m.	*Chicago Soul Dancing - 5:30 p.m.	*Men's Only Exercise - 10:00 a.m.	
*Yoga/Meditation - 5:30 p.m.					

* Advance sign up for classes & a medical release form must be on file. (renew form yearly)



Park Place health and wellness takes an integrated approach to fitness by focusing on the whole you. In addition to exercise programs we offer several Educational Programs, Support Groups, and Health Workshops.

Healthquest Homecare Screenings - Monday: May 4, 11, & 18 -
10:00a.m. - 11:00a.m. (Blood Pressure Check, Glucose and Cholesterol).
* Complimentary. @ Park Place.

Rosalind Franklin Community Care Coach Free Health Screenings - Tuesday, May 5 - 10:00a.m. @ Park Place.

Health & Wellness Workshop - Acid Reflux, Heartburn & Gerd - Wednesday, May 13 - 11:00p.m. - 12:00p.m. @ Park Place.

Park Place Workshop - An Introduction to Basic Budgeting - Wednesday, May 13 - 1:00p.m. - 2:30p.m. @ Park Place.

Scholl College of Podiatric Medicine Park Place complimentary foot care - Tuesday, May 19 - 1:00p.m. By appointment @ Park Place.

Workshop Topic: Abuse of Prescription Drugs - Wednesday, May 20 - 11:00a.m. - 12:00p.m. @ Park Place.

AARP monthly meeting - May 20th - 1:00 p.m.

**Park Place will be closed
Memorial Day -May 25th!**

Secretary of State Super Seniors On The Go - Tuesday, May 26th

* Renew your Driver's License *Need an Illinois State Identification Card? The Secretary of State will offer the following services: Rules of the Road 9:30am - 11:00am, Mobile Unit 10:00am - 2:00pm, & Vision Screening 10:00am - 2:00pm. Reservations are required in advance - Call 847-244-9242.

2nd Annual Community Wide Health & Wellness Fair

Join us for a day of family fun!

Featuring Celebrity Guests

Saturday, June 6, 2015

9:00 a.m. - 1:00 p.m.



Louis Clark "Lou" Brock

Former Major League Baseball Player for the St Louis Cardinals & Chicago Cubs. Hall of Fame 1985.



Celebrity Chef: Doreen Colondres

Scheduled Events:

Exercise Demonstration • 9:15 - 9:30 am
Lou Brock Autograph Session • 9:30 - 10:30 am
Diabetes Education & Chef Doreen Colondres 11:30 am - 12:30 pm
Presentation on Diabetes • Dr. Reginald Spears 12:30 - 1:00 pm

**Free Admission
Open to the public**

INTEREST GROUPS MEETING DATES

Book Club.....Monday 05/04 1:00 p.m.

Grief.....Friday 05/01 10:30 a.m.

Grandparents & Other Relatives...Monday 05/11 5:30 p.m. & Tuesday 05/26 11:00 a.m.

Spanish..... Friday 05/08 11:00 a.m.

Low VisionTuesday 05/12 10:00 a.m.

Red Hat Society.....Thursday 05/21 Noon

Alzheimer's.....Tuesday 05/26 10:00 a.m.

TECHNOLOGY CLASSES

Intro To Computer Basics

Tues, Wed & Thurs: May 5, 6 & 7
1:30 p.m. - 3:30 p.m. \$32.00

Using Your Computer To Write, Edit & Publish

Wed, Thurs & Fri: May 20, 21 & 22
1:30 p.m. - 3:30 p.m. \$32.00

Brain Games For Your Health

Friday, May 29th
9:30 a.m. - 11:30 a.m. \$10.00

How To use A Thumb/ Flash Drive Device

Friday, May 15th
9:30 a.m. - 11:30 a.m. \$10.00

Intro To The Internet

Wednesday, May 27th
1:30 p.m. - 3:30 p.m. \$10.00

Waukegan Residents 55 & Older Need a Ride? TRANSPORTATION HOTLINE 847-599-2936

(Please reserve 3 days in advance)

FOR INFORMATION ON WORKSHOPS & EVENTS CALL 847-244-9242

Big Band Cruise, Celebration Belle

June 11th!



Cruise the Mississippi, dine and enjoy Big Band Sounds! Take yourself on a cruise that puts you back in the time of the Big Band era. Our entertainers will be performing songs by Glenn Miller, Guy Lombardo, Louie Armstrong, and many others. Your 4-hour cruise will start off with our hot homemade sticky rolls with assorted fresh fruits and our hot lunch buffet. Depart from Park Place at 7 a.m. \$98 fee includes transportation, lunch and cruise.

...GET YOUR KICKS ON ROUTE 66...

Tuesday, June 23rd

Tour Route 66 on our excursion into the history of the "Mother Road." We will travel along Route 66 from Joliet to Pontiac with a tour guide, making 5 stops during the trip. We will dine at the Old Rt. 66 family restaurant, and all travelers will receive a historic Old Route 66 Map. \$89 per person includes transportation, lunch and museum entry fees. Trip departs from Park Place at 8:30 a.m.



Majestic Star Casino

Tuesday, May 19th

Travel with us to Gary, Indiana to check out the Majestic Star Casino, enjoy a \$5 buffet coupon and \$10 in cash after earning 25 points on your gaming card! \$35 per person. Bus departs Park Place at

9 a.m. Call 847-244-9242/



Hawaii Vacation Coming 2016!



Coming Mid May 2015

Tour Sheridan Road and down town Evanston to savor the sights and tastes of the area! Start off with a guided tour of Historic Evanston, including the Levere Memorial Temple that contains specially-designed collection of Tiffany stained glass. Enjoy a delicious soul food lunch at Chicago Chicken and Waffles and then visit the Bahai House of Worship as we work our way back to Waukegan. Fee of \$50 includes guide, tours, lunch and all transportation. To RSVP call 847-244-9242 or email lpable@waukegantownship.com.

Gospel Festival May 30th



Revel in beauty and inspiration at Gospel Fest in Millennium Park! Depart from Park Place on Saturday, May 30 to enjoy gospel music outdoors at Millennium Park. \$19 fee covers transportation and your day at the festival. Departure time from Millennium Park will be determined pending release of scheduling information.



MOVIES ARE SHOWN:

TUESDAYS AT

1:00 P.M.

CLASSICS ARE SHOWN

MONDAYS AT 1:30PM

SATURDAYS AT NOON

INTRODUCING PARK PLACE CLASSICS

Saturday & Monday, May 2 & 4

Wizard of Oz

Saturday & Monday, May 9 & 11

A Hard Days Night

Saturday & Monday,

May 16 & 18

Metropolis

- Saturday & Wednesday,
May 23 & 27

Singing in the Rain

PARK PLACE CINEMA

Tuesday, May 5

John Wick (R) - Starring Keanu Reeves

Tuesday, May 12

Annie (PG) - Starring Jamie Fox

Tuesday, May 19

Song of The Sea (PG) - Starring David Rawle

Tuesday, May 26

Horrible Bosses 2 (R) - Starring Jason Bateman

Serving the
Communities of:

Waukegan Township
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Patricia Jones
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nship.com

Waukegan, City Hall
Mayor, Wayne Motley
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Waukegan 60085
847-599-2500

North Chicago, City Hall
Mayor, Leon Rockingham
1850 Lewis Ave.,
North Chicago 60064
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Beach Park, City Hall
Mayor, John Hucker
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Beach Park, 60099
847-746-1770 Phone
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Park City, City Hall
Mayor, Steve Pannell
3355 Belvidere Road,
Park City, 60085
847-623-5030

Federal & State
Representatives:

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Dick Durbin
312-353-4952

US Senator
Mark Kirk
312-886-3506

US Congressman
Bob Dold
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PARK PLACE PREVIEW
414 S. Lewis Ave.
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Fax: 847-244-9258
www.waukegantownship.com

Park Place Hours

Monday	9:00 AM - 7:00 PM
Tuesday	9:00 AM - 4:30 PM
Wednesday	9:00 AM - 4:30 PM
Thursday	9:00 AM - 8:00 PM
Friday	9:00 AM - 4:30 PM
Saturday	9:00 AM - 3:00 PM
Sunday	Closed

**Call us for
Rental Fees:**

Need a great place to hold a
Meeting, Birthday Party,
Wedding Reception,
Anniversary, Bridal Shower
or other gathering?

If you are not currently receiving the Park Place Preview contact us at 847-244-9242 or e-mail
kwoods@waukegantownship.com

ACKNOWLEDGEMENTS & CONDOLENCES

We Remember Seniors who've passed away 03/10/15 - 04/12/15	Lula Brown 3/14/15 Herbert Daniels 3/19/15 Frederick Taylor Sr 3/20/15 LeRoy Johnson 3/21/15 Delphine McCarthy 3/25/15 Bryan Hurd 3/29/15 Michael Diehn 3/14/15 4/5/15	Peterson & Patch Funeral Home Edward Gartley 3/19/15 Thomas J. Kantala 3/26/15 Dolores Kirkegaard 3/26/15 Margaret Wade 3/17/15	Congdon & Company Edgar McShane 4/7/15 Lauris Burdick 3/27/15 Jean Chase 3/15/15 Lorraine Gonka 3/14/15 Elaine Hough 3/14/15 Lyle Ianson 3/22/15 Alice Karas 3/24/15 Richard Miholic 3/22/15 James Nottingham 3/15/15 H.G. Proctor Jr 4/7/15 Evelyn Riley 3/18/15 Rickie Smith 4/3/15 Edna A Sumonja 4/7/15 David Valentine 4/4/15 David and Paula White 3/19/15
Bradshaw & Range Funeral	Westgate Funerals and Tributes	Wenban Funeral Home	
Lula Brown 3/14/15 Forrest B. Enis 3/13/15 Ruth Harris 3/13/15 William Jones 3/28/15 Irene Copeland 3/13/15 Quincy Pyor 3/14/15	Bruce Buckle 3/14/15	James H Wilson 3/20/15 Edward J Starshak 3/24/15	

The mission of Park Place is to encourage the independence and well-being of adults age 55 and better by providing health and fitness opportunities, recreational programs, transportation options, trips, events and support services.