



Annual mammogram testing can help find breast cancer early



Dear Friends,

Waukegan Township and hundreds of our friends, family, and supporters stepped out into the chilly morning on Saturday, September 13 for our 15th Annual Run/Walk For Seniors. We had an unbelievable time, and because of your generosity, we were able to raise funds to promote the mission of providing high quality services to senior citizens. Thanks to everyone for being such rock stars during this event. We would like to thank our Senior Citizen's Service Committee members and our Honorary Chairpersons Barbara Thomas, Greg Petry, Larry Eaker, Sylvestre Castellanos, and Maria LaCour. Our thanks go out to our dedicated sponsors who are listed on page 4. Thank you to our many vendors for their participation and especially to the hundreds of seniors who donated so generously to support Walk For Seniors! In addition to our sponsors, all the food was donated by Grub N Go. Thank you to the owner Orlando Cruz for helping to feed our participants. This year we were able to raise \$20K! And we can't wait to see you at the 16th Annual Run/Walk For Seniors on September 12, 2015!

We've always enjoyed the month of October; it marks the end of summer and the start of fall. This year, October will probably be even more exciting because of upcoming events and activities scheduled for Park Place. We celebrate Hispanic Heritage month from September 15 to October 15, which started in 1968. On Saturday, October 11 - Park Place will celebrate Hispanic Heritage month with Taste of Latin America. Be sure to come hungry, as Taste of Latin America will feature several vendors serving your favorite Latin dishes! The month of October is also special because of National Breast Cancer Awareness and Park

Place will honor the memory of family, friends and loved ones who have passed away due to this disease. Did you know that breast cancer is the second most common kind of cancer in women? About 1 in 8 women born today in the United States will be diagnosed with breast cancer at some point. The good news is that many women (and men) can survive breast cancer if it's found and treated early. Annual mammogram testing can help find breast cancer early and it's easier to treat. On October 8th, Park Place will feature local health experts who will speak on several topics like: "What to do about an abnormal mammogram" and "How to take care of a loved one with cancer?" Remember that eating healthy can reduce your risk for cancer and you have the power to change your eating habits.

Our country has always enjoyed Freedom and we haven't had to live under a dictatorship because thousands upon thousands over the life of this country and even to this day, have been willing to serve in America's Armed Forces, fight and die to ensure we never loose our FREEDOM. Who are these people who have given so much? They are VETERANS, men & women from all walks of life who have & will continue to answer their country's call. So join us on November 8th - Noon at Park Place to Honor & Celebrate our VETERANS and those men & women who currently serve in this nation's Armed Forces. This is a complimentary event for veterans and their families. Lunch will be served. Also, bring in your new or gently used winter coats to Park Place for our Veterans Coat Drive Starting October 15th. November 8th will be a day of reflection and celebration.

Patricia Jones

Waukegan Township Supervisor
pjones724@waukegantownship.com
847-244-4900

Exercise Classes

Monday

SeniorSize-9:15 a.m.
SeniorSize-10:15 a.m.
Chicago Soul Dancing-5:30 p.m.
Yoga/Meditation-5:30 p.m.

Tuesday

Walk Fit-9:00 a.m.
Country Line Dancing-10:00a.m.

Wednesday

Advanced SeniorSize-9:15 a.m.
Yoga/Meditation 10:15 a.m.

Thursday

SeniorSize -10:15 a.m.
Chicago Soul Dancing -
5:30 p.m., \$2

Friday

Zumba-9:30 a.m.

Saturday

Walk Fit-10 a.m.

Learn to Step-1:00 p.m., \$2

Wellness Programs

Scholl College of Podiatric Medicine

Park Place complimentary foot care
Tuesday, October 7 & 21 - 1:00 p.m.
by appointment.

Rosalind Franklin

Community Care Coach

Free Health Screenings

Tuesday, October 7, 10:00 a.m.

Sew Independent Class

Tuesdays, October 7, 21 &
November 4 - 9:30am - 11:30am

Polly Abbott, Certified Vision Rehabilitation Therapist from Second Sense. Do you love to knit or crochet, but can't see your stitches? Are you having difficulty threading a needle or sewing on a button? Ms. Abbott will teach you techniques you can use right away. Limited Space! Please call 847-244-9242 to RSVP

Diabetes Forum

Eddie Washington Diabetes Forum
"What Is Diabetes?
Facts & Information
Date: November 12, 2014
1:00 pm - 3:00 pm
Location: Park Place
Feet, Eye, & Oral Health Info

Breast Cancer

Awareness Month

Wednesday October 8 - 1:00 pm
Park Place cordially invite you to Breast Cancer Awareness Day & Candle Lighting Ceremony. Learn, share and honor the memory of family, friends and loved ones and those who have survived or are facing the challenges of Cancer. Guest speakers, followed by giveaways, light refreshments, and raffle prizes.

Find us on the web at

www.waukegantownship.com

ACKNOWLEDGEMENTS & CONDOLENCES

We Remember

Seniors who have passed away in Aug 18 - Sep 14:

Bradshaw & Range

Arthur Terry 8/26
Floyd Adams 8/13
Phillip Stackhouse 8/13
William Wjtaker 8/27
Velma Gordan 8/30
Willma Wells 8/30
Jessie Mae Jones 8/31
Charles Jones 9/3
Willie Sales Jr. 9/8

Congdon & Company

Bradley Akins Sr. 9/2/14
Robert Hanna 9/4/14
C.V Humphres 9/10/14
LCDR Robert P. "Bob" Neal
9/3/14
Anton Visocnik 8/28/14
William Swanger 8/23/14
Walter Stapleton 8/29/14

Gurnee Funeral Home

James Grazier 8/23/14
Quintin W. Guerin 8/20/14

Marsh Funeral Home

Margaret Kristan 8/29/14
David O'Brien 9/8/14

Memorial Chapel of Waukegan

David Oglesby 8/30/14
Donna Sinsun 8/26/14

Peterson & Patch

Thaddius Carvis 9/9/14
Alice Clark 9/10/14
Catherine E. Daley 8/24/14
Stephen R. Johnson 8/26/14
Margaret (Archibald) Melius
9/7/14
Barbara Ann (Brassick)

Nelson 9/7/14

Bill D. Ramsey 9/4/14
Eugene Snarski 9/2/14
Ramon Sotomayor 8/18/14

Salata Gurnee Funeral Home

Silas J. Johnson 8/7/14
James McGee 9/8/14

McMurrough Funeral Chapel

Patricia Karen (Paulson
Kehoe) 9/10/14

Symonds-Lakes Funeral

Christine Leonard 9/6/14

INFORMATION PROGRAM & SUPPORT GROUPS

TRANSPORTATION HOTLINE 847-599-2936

Congressman Brad Schneider's Office

Tuesday, October 28

Congressman Schneider's office will be holding Neighborhood Office Hours, Tuesday, October 28, 2014 from 10:00 a.m. to 12:00 noon to answer any questions and assist you. If you need help with a federal agency or have questions about your benefits or what's available to you, Congressman Schneider's office is here to help cut through the red tape.

Secretary of State Super

Seniors On The Go

Wednesday, October 22

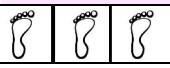
If you need to renew your Driver's License or need an Illinois State Identification Card, the Secretary of State will be at Park Place and will offer the following services:
Rules of the Road 9:30am - 11:00am
Mobile Unit 10:00am - 2:00pm Vision Screening 10:00am - 2:00pm
Reservations are required in advance for the "Rules of the Road."

SUPPORT GROUPS MEETING DATES

Low Vision	Tuesday 10/14 10 a.m.
Grandparents & Other Relative Caregivers.....	Tuesday 10/25 11:00 a.m.
Alzheimer's.....	Tuesday 10/28 10 a.m.
Grief.....	Friday, 10/03 10 a.m.
Spanish.....	Friday 10/10 11:00 a.m.
Book Club.....	Monday 10/06 1:00 p.m.
Red Hat Society.....	Thursday 10/16 12 Noon
Hearing Loss	Wednesday 10/22 1:00 p.m.

TRIP INFORMATION

You will find on each trip description, **feet**. These **feet** will indicate how much walking is involved on each trip we offer. One **foot** will indicate minimal walking. An example of minimal walking would be theatre shows, restaurants and casinos. Two **feet** will indicate moderate walking. An example of moderate walking would be Ravinia concerts and some museums. Three **feet** will indicate extensive walking. An example of extensive walking would include ball games, walking tours and overnight trips. We hope this new feature will give you a better indication of the amount of walking required on our trips.



Long Term Travel 2015!

Myrtle Beach Melodies
March 2015



Las Vegas, Grand Canyon, Arizona
October 2015



Come hear more information and explore these fabulous travel opportunities with Park Place in 2015! Join us October 27, 5:30 p.m. to learn what adventures await you! Special discounts will be available to those who attend! Call 847-244-9242 to RSVP.

TECHNOLOGY CLASSES SENIOR MOUSE CLUB



Intro To Computers

October 7, 8, 9 - 9:30am - 11:30am
Cost \$15

Using Your Computer to Write, Edit & Publish

October 14, 15, & 16 - 9:30am - 11:30am
Cost \$15

Intro to The Internet

Monday, October 20 - 1:30pm - 3:30pm
Cost \$5

Storage in a Flash! How to Use a Flash/Thumb Drive

Thursday, October 23 - 1:30pm - 3:30pm
Cost \$5

Call 847-244-9242
for information on renting the Park Place Dining Room.



SMOKEY ROBINSON AT THE GENESEE THEATRE

Friday, October 3

Leave the driving and parking to us! Once pronounced America's "greatest living poet," acclaimed singer-songwriter Smokey Robinson career spans over 4 decades of hits. During the course of his 50-year career, Robinson has accumulated more than 4,000 songs to his credit, which includes "Shop Around", "Tears of a Clown" and "I Second that Emotion". Cost is \$85 per person, main floor seating. Bus departs Park Place at 7:15 pm. Show begins at 8:00 p.m.



2014 5K Run/Walk For Seniors



Meet your Leader

Wednesday, October 15

10:00am - 11:00am



Come and hear about the services offered by Teen & Single Mother Resource Center. Meet Dr. Michele Vaughn, Founder & Ceo. Through her personal struggles and set-backs as a single mother, it is her hope that the center will inspire others. The Teen and Single Mom Resource Center's mission is to empower single mothers to become a role model to their children through the power of advanced education.

CAMELOT

Thursday, November 6

Enjoy a sumptuous feast on your choice of entrees and an afternoon of fine theater at Drury Lane. Adapted from T.H. White's novel The Once and Future King, Camelot is a valiant Broadway musical that will transport audiences to the magical and mythical days of medieval England. The classical production features a lush, romantic score including "If Ever I Would Leave You," "Camelot," "How to Handle a Woman" and "Follow Me." Your fee of \$76 includes a delicious lunch, performance tickets and transportation. Depart from Park Place at 9:30 a.m. Register in person at Park Place or via credit card at 847-244-9242 for more information.



Waukegan Township

Celebrates our Veterans

Saturday, November 8

Join us at 12 noon for our amazing Annual Veterans Day Celebration. We will pay tribute to the men and women of the Armed Services! Also, bring in your new or gently used winter coats to Park Place for our Veterans Coat Drive Starting October 15th. Please RSVP your attendance by November 3rd. This is a complimentary event for veterans and their families. Lunch will be served.

Call 847-244-9242.

MOVIES ARE SHOWN:
TUESDAYS AT 1:30 P.M.
SATURDAYS AT 12:30 P.M.

PARK PLACE CINEMA



Saturday & Tuesday October 4 & 7
Draft Day : PG13

Saturday & Tuesday October 11 & 14
They Came Together: R

Saturday & Tuesday October 18 & 21
Mom's Night Out: PG

Saturday & Tuesday October 25 & 28

PARK PLACE PREVIEW

414 S. Lewis Ave.

Waukegan, IL 60085

Phone: 847-244-9242

Fax: 847-244-9258

www.waukegantownship.com

PRESORT STANDARD

US POSTAGE PAID

PALATINE P & DC

PERMIT NO. 418

Patricia Jones

Waukegan Township Supervisor

Trustees:

Katherine Rothwell-Francis

Percy L. Johnson

Jeff McBride

Chuck Willms

Township Clerk: Rose Staben

Park Place Senior Citizen's Services Committee

Chair: Victor Ruiz

Vice Chair: Ray Evelyn Curry

Secretary: Opal Rice

Members: Thomas Parks,

Ed Buschbacher,

Evelyn Bailey &

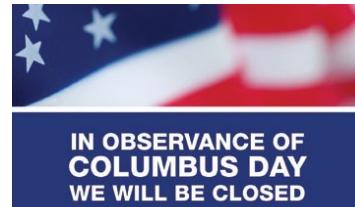
Larry Eaker

Park Place Hours

Monday	9:00 AM - 7:00 PM
Tuesday	9:00 AM - 4:30 PM
Wednesday	9:00 AM - 4:30 PM
Thursday	9:00 AM - 8:00 PM
Friday	9:00 AM - 4:30 PM
Saturday	9:00 AM - 3:00 PM
Sunday	Closed



2014 5K Run/Walk For Seniors



October 13, 2014

PARK PLACE CAFÉ

11:30 am - 1:30 pm

Fried Catfish & Baked Tilapia
Specials every Friday.

Do You Need A Passport?



Township office is a Certified Passport site, including pictures.

847-244-4900
149 S. Genesee Street, Waukegan, IL



Thank you to our Sponsors/Donors for the 15th Annual 5K Run/Walk For Seniors



Platinum



Gold



ILLINOIS
BONE & JOINT
INSTITUTE

Move better. Live better.



It is not too late to donate! Walk for Senior proceeds go towards and support the many programs that are offered at Park Place.



Join us this year for our Grandparents Spooktacular Halloween Bash! We are having a fun Halloween Event filled with Free Toy Giveaway, Candy, Book Giveaway, Face painting, Spooky Storytelling, Best Costume Contest, Free Gifts and More!...Great time for grandparents to reconnect with their grandchildren...tell your friends and family to come. No Charge - October 25 at two locations! 149 S. Genesee St and Park Place, 414 S. Lewis Avenue - Noon - 2:00pm

Reminder!

Park Place Gift Shoppe

20% Off All Items for the month of October

The mission of Park Place is to encourage the independence and well-being of adults age 55 and better by providing health and fitness opportunities, recreational programs, transportation options, trips, events and support services.