

Waukegan Township  
can assist you with:

- ♦ Complimentary Notary
- ♦ Voter Registration
- ♦ Passport Site

# Waukegan Township Park Place Preview



Patricia Jones, M. Ed  
Waukegan Township  
Supervisor



Cancer Awareness

## September & October, 2018



### 2018 Run/Walk For Seniors

**Superhero 5K Run/Walk &  
1 Mile Kids Fun Run**  
Waukegan Sports Park,  
3391 W Beach Rd, Waukegan, IL  
**September 22, 2018**



#### Great Cause...Different Location

We are only a few weeks away from the event! The 20th annual 5K Run/Walk for Seniors takes place on Saturday, September 22nd at 9 AM in the Waukegan Sports Park. **7:00 a.m. - 8:30 a.m. - Onsite Registration.** 8:30 a.m. - Kids' 1 Mile Run. 9:00 a.m. - Adult Runners Start. 9:15 a.m. - Adult Walkers Start. This year's theme, Adult Superhero 5K Run/Walk & 1 Mile Kids' Run Fundraiser is a great opportunity to get together with friends, co-workers, or acquaintances. Invite everyone to the most philanthropic race you'll ever run. The field is US certified and there will be a professional timing service. Enjoy dancing, art, vendors, food, special dance entertainment at 10:30am, prizes, and fun for the entire family! Waukegan Township will provide shuttle bus service from Park Place to the Waukegan Sports Park. If you are unable to attend the 5K, but still would like to show your support, you can still make a donation. Donations are tax-deductible and go directly toward providing services to adults 55 and better. This year's honorary chair is Lake County Judge Reginald C. Mathews. You may register or make a donation online at [www.waukegantownship.com](http://www.waukegantownship.com), call 847-244-9242, or email [cpwhite@waukegantownship.com](mailto:cpwhite@waukegantownship.com) for more information. \*5K Dance Chorographer — Cory Ratcliff.

#### Sweet Smell of Celebration

September is **National Senior Center Month**. On Tuesday, September 18th at Noon, Park Place will celebrate with a variety of cookies and punch. We invite you to visit Park Place to learn more about our programs and services. Park Place provides a variety of services for adults 55 years of age and better and our programs attract seniors with diverse backgrounds and interests. If you are recently retired, or simply want a delightful place to remain active, healthy, and enjoy good fellowship, please stop by during National Senior Center month to check out what we have to offer.

Celebrate **Hispanic Heritage Month** in October! On Tuesday, October 2nd, enjoy tasty desserts from several Latin American countries. The sweets celebrate the histories, cultures, and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America. Join us at Park Place on Tuesday, October 2nd at Noon.

#### Honoring Veterans Who Serve or Returned Home

Park Place will honor those who have served and continue to serve our nation. Veterans Day offers a great opportunity to celebrate the sacrifice service members and their families make year-round. Please join us at Park Place on Saturday, November 3rd at 12:00 PM to 2:00 PM. Join us for this complimentary lunch and program. We will feature art created by local veterans. RSVP required. Call 847-244-9242 or email [lpable@waukegantownship.com](mailto:lpable@waukegantownship.com).

### Health is Life

Waukegan's Community Arts Series



Health is Life is a series highlighting the arts and health-themed activities that improve the well-being of our community. It is a partnership between Waukegan Township, Waukegan Arts Council, City of Waukegan, Waukegan Park District, Waukegan Public Library and the Lake County Health Department. Please join us at these upcoming Health is Life events:

#### Be A Hero, Race for Seniors Superhero 5K Run/Walk & 1 Mile Kids Fun Run September 22, 2018

Waukegan Sports Park,  
3391 W Beach Rd, Waukegan, IL

**7:00 a.m. - 8:30 a.m. - Onsite Registration.** 8:30 a.m. - Kids' 1 Mile Run. 9:00 a.m. - Adult Runners Start. 9:15 a.m. - Adult Walkers Start. \***Award Ceremony.** All participants will receive a medal. Special awards are given to oldest, youngest, & fastest in each age category. Also, Kids' 1 Mile Awards.

The \$40 fee includes t-shirt and participation medal. Register at [www.waukegantownship.com](http://www.waukegantownship.com) or call 847-244-9242. For more information email [cpwhite@waukegantownship.com](mailto:cpwhite@waukegantownship.com).

#### Arts & Wellness Fair!

Saturday, October 6th

9 AM - 4 PM

Sign of the Dove - 424 10th St,  
Waukegan, IL

Please join us for this exciting event that is free and open to the public. Meet professionals who come together to help with Health Screenings. Also, Vendors, Performances, Exercise, Drawing, Sewing, Dance, Demonstrations, Raffles, and Classes available.



Newsletters are available online. Please visit our website at [www.waukegantownship.com](http://www.waukegantownship.com)  
Or email [kwoods@waukegantownship.com](mailto:kwoods@waukegantownship.com) to be added to our email list.

# On The Move!



## Ten Chimney's Estate Tour & Lunch - Tuesday, September 25, 2018

Explore Ten Chimneys, the estate lovingly created by theatre legends Alfred Lunt and Lynn Fontanne. This world-class house museum is a national resource for theatre, arts, and arts education. The full estate tour provides the optimum Ten Chimneys experience. This tour includes the three-story Main House, the rustic Studio, the Enchanting Cottage, the restored gardens, and the exteriors of the Pool House, Greenhouse, and Creamery. Lunch will follow at the Union House. Those who are unable to walk on uneven surfaces or stairs may opt to tour the Main House only. The fee of \$87 includes transportation, tour, and lunch. The trip will depart Park at 8:30 a.m. and return after 4pm.



## Fall Color Cruise on the Mississippi - Wednesday, October 17, 2018

All aboard the Celebration Belle paddleboat to cruise from Moline, IL to Muscatine, Iowa! Enjoy a sumptuous lunch buffet, live entertainment as you cruise through two lock and dams to view fall colors on this 4-hour cruise down the Mississippi. The fee of \$147 includes transportation, cruise, buffet and light snacks on the bus. The trip will depart Park Place at 6:00 a.m. and return sometime after 6:00 p.m.



## Driehaus Museum & Eataly - Tuesday, November 6, 2018

Tour the historic home and museum of the Gilded Age! The Richard H. Driehaus Museum explores the art, architecture, and design of the late 19th and early 20th centuries with a focus on the Gilded Age. The Museum is located just steps from the Magnificent Mile within the meticulously restored Nickerson Mansion, renowned as Gilded Age Chicago's "Marble Palace." After the tour, we will visit Eataly! Eataly, is a large Italian marketplace with a variety of restaurants, food and beverage counters, bakery, retail items, and a cooking school. At Eataly you will shop and dine on your own. A fee of \$48 includes museum fees and transportation. The bus departs park Place at 8:00 a.m.



## Macy's Holiday Traditions Tour - Thursday, November 15, 2018

Beat the crowds and enjoy the flagship former Marshall Field State Street store, now Macy's dressed in holiday splendor! This tour includes the history of Macy's holiday traditions, animated store window displays, a taste of Frango® Mint Chocolates, and of course the 2-story Great Tree. A \$69 fee Includes transportation, tour, and dining in the Walnut Room.



## Ikea / Woodfield Mall - Tuesday, December 11, 2018

Depart Park Place at 8:45 a.m. for Ikea. Choose to shop both locations or spend all day at each Mall. Enjoy their bargain breakfast and shop until 1:00 p.m. Depart Ikea for Woodfield. 3:00 p.m. Depart Woodfield. \$15 fee includes transportation.

## Attention: Group Travel Meeting

Please join us for a Travel Meeting at Park Place Monday, September 17th, 5:30 p.m. Meet with Mayflower Travel representative and a **representative from the Israeli Department of Tourism**. They will discuss the Israel Jordan Tour. Advance registration required. RSVP 847-244-9242 or email [lpable@waukegantownship.com](mailto:lpable@waukegantownship.com). Presentation and light meal provided.



## Attention: Group Travel Meeting

Please join us for a Travel Meeting at Park Place Monday, October 15th, 5:30 p.m. Meet with Collette Travel representative to learn about the South Pacific Wonders and Tuscany travel opportunities. Advance registration required. RSVP 847-244-9242 or email [lpable@waukegantownship.com](mailto:lpable@waukegantownship.com). Presentation and light meal provided.

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Trips are open to adults 18 and older and residents in or outside of Waukegan Township. For more information or to register call 847-244-9242 or email [lpable@waukegantownship.com](mailto:lpable@waukegantownship.com).





## South Pacific Wonders Featuring... Fiji, Australia, & New Zealand



**Departure: May 7, 2019**  
**(Insurance \$385)**



**Book Before 11/9/18**

**Double \$6,949**

**Single \$8,549**

**Triple \$6,800**



**Book After 11/9/2018**

**Double \$7,249**

**Single \$8,849**

**Triple \$7,199**

Start in Cairns and end in Queenstown! The South Pacific is a vast expanse of ocean sprinkled with palm-fringed getaways with powder-soft beaches lapped by cyan waters. Meet Australia's wildlife up close. Discover the wonders of Aboriginal culture. Indulge in regional flavors and experience Queenstown, the adventure capital of the world. You will stay in a collection of fine luxury resorts and experience the joy of a fabulous adventure, exploring rugged rain forested island interiors and world-class reef diving, fascinating cultural experiences, and sublime seafood. Make time to get away to the Fiji Islands, Australia, and New Zealand.

## Tuscany

**Spectacular 9  
Days of Travel!**

**Departs  
3/05/20**

**Per Person Rates:**

**Double \$3,099; Single \$3,399;**

**Triple \$3,069 (Insurance \$315)**

**Highlights:** Montecatini Terme, Florence, Lucca, Gothic Line, Pisa, Cooking Class, Siena, Choice on Tour, Winery Tour, Cheese Farm, San Gimignano

There is a lot to do and see in Tuscany. It is home to some of the world's most recognizable Renaissance art and architecture, including Michelangelo's "David" statue, Botticelli's works in the Uffizi Gallery and the Duomo basilica. Its diverse natural landscape encompasses the rugged Apennine Mountains, the island of Elba's beaches on the Tyrrhenian Sea and Chianti's olive groves and vineyards. All fees are per person, double occupancy, and triple occupancy. **\$500 Deposit due at registration.** Price includes transportation to and from the airport, from Park Place, all airfare, and transfers.

## Best of Israel and Jordan

**Departure: November 6, 2019 - Double:**  
**\$4,044; Single: \$5,003 (\$199 insurance)**



Walk in the footprints of prophets. Discover the scenic beauty, fascinating culture and bountiful history of Israel. Stand in awe at the magnificent sights in the nation of Jordan. Trip includes home pick-up, airfare, transfers, attractions, 12 days and 23 meals. Advance registration is required.

## 9-Day Exciting Tour & Travel Featuring... Detroit, Philadelphia, Washington DC, & Ohio!



**Travel Dates**

**5/02/19 – 5/10/19!**

**Highlights:**

**\*Detroit:** Motown Museum, The Heidelberg Project, and Joe Lewis Monument, and Charles H. Wright Museum of African American History. **\* Philadelphia:** Rocky Statue & Stairs, Liberty Bell, Independence Hall, Famous LOVE Sculpture, and Reading Terminal Market. **\*D.C.:** White House, Capital Building, Supreme Court Building, MLK Monument, African American Arts Museum, National Cemetery, Tomb of the Unknown Soldier, Holocaust Museum, Vietnam Memorial, WWII Memorial, Washington Monument, Lincoln Memorial, and Washington National Cathedral. **\*Cincinnati:** Underground Railroad Museum and Cincinnati Zoo.

**\$2199.00 per person**



**Trips are open to adults 18 and older and residents in or outside of Waukegan Township. You can register online at [www.waukegantownship.com](http://www.waukegantownship.com) or call 847-244-9242/email [lpable@waukegantownship.com](mailto:lpable@waukegantownship.com).**

## **Foot Care and Medicare - Tues, Sept 11th - 11am - 12pm**

Learn about the proper foot care and what podiatry services Medicare covers. For more information call 847-244-9242 or email [ogarcia@waukegantownship.com](mailto:ogarcia@waukegantownship.com). Workshop at Park Place.

## **What to Expect When Your Loved One is In a Nursing Home - Wed, Sept 12th - 11am - 12pm**

Learn the expectations and the best way to protect your loved one in a nursing home. For more information please call 847-244-9242 or email [ogarcia@waukegantownship.com](mailto:ogarcia@waukegantownship.com). Workshop at Park Place.

## **Aproveche al máximo su visita al medico - Viernes, 14 de septiembre de 2018 - 11am - 12pm**

¿Aprovecha al máximo las visitas de su médico? Únase a nosotros mientras damos la bienvenida a nuestro orador invitado para explicarle qué preguntas se deben hacer en cada visita para asegurarse de que esté recibiendo la mejor información y servicios posibles. ¡con tres días de anticipación! Para información llame al (847) 244-9242 o envíe un correo electrónico a [ogarcia@waukegantownship.com](mailto:ogarcia@waukegantownship.com).

## **Understanding Medicare Part D Policy Selection - Wed, Sept 12th & Oct 10th - 11am - 12pm -**

Come with questions regarding your Medicare card. For more information call 847-244-9242 or email [ogarcia@waukegantownship.com](mailto:ogarcia@waukegantownship.com). Workshop at Park Place. Part D open enrollment is on its way. Come to learn how to properly select the Prescription Drug Plan that works best for you. This workshop is complimentary. Call 847-244-9242 or email [ogarcia@waukegantownship.com](mailto:ogarcia@waukegantownship.com).

## **Flu Shot Clinic - Wed, Sept 19th - 11am - 1pm**

Flu Season is almost here and it's time to protect yourself. Come to receive your shot and make sure you are well protected for this season. Make sure to bring your Medicare card or other insurance provider cards! For more information please call 847-244-9242 or email [ogarcia@waukegantownship.com](mailto:ogarcia@waukegantownship.com). Workshop at Park Place.

## **Preventive Visits & Yearly Wellness - Tues, Sept 25, 2018 - 11am - 12pm**

Learn the importance of visits and how they can include a review of your medical and social history related to your health and understand certain screenings, shots, and referrals for other care if needed. Take away a written plan letting you know which screenings, shots, and other preventive services you need. For more information please call 847-244-9242 or email [ogarcia@waukegantownship.com](mailto:ogarcia@waukegantownship.com). Workshop at Park Place.

## **Learn About Your Cholesterol - Tues, Oct 16, 2018 - 11am - 12pm**

Are you at risk? About one in every six adult Americans has high cholesterol. Anyone, including children, can develop it. Join us as we learn about the symptoms, causes and the best way to protect yourself. For more information please call 847-244-9242 or email [ogarcia@waukegantownship.com](mailto:ogarcia@waukegantownship.com). Workshop at Park Place.

## **Breast Cancer Awareness Month Program - Wed, Oct 17, 2018 - 5pm - 7:30pm**

The event will include: Keynote Speaker, testimonials, exhibitors on hand providing information on Breast Cancer, light refreshments, balloon release, giveaway's, raffle prizes. Wear pink and take advantage of complimentary screenings. For more information please call 847-244-9242 or email [mhartke@waukegantownship.com](mailto:mhartke@waukegantownship.com). Workshop at Park Place. Hosted by Waukegan Township and the YWCA of Lake County.

## **Eye Injury Prevention - Tues, Oct 30, 2018 - 11am - 12pm**

More than one million people suffer from eye injuries each year in the United States. Ninety percent of these injuries could have been prevented if the individual had been more informed. Come to learn how to protect yourself from serious eye injuries by taking a few simple precautions. For more information please call 847-244-9242 or email [ogarcia@waukegantownship.com](mailto:ogarcia@waukegantownship.com). Workshop at Park Place.

## **Grandparents Raising Grandchildren & Other Caregivers Summit - Saturday, Oct 27, 2018 - 10am - 1pm**

The event will include: Food Demonstrations, DCFS, Prairie State Legal, Medicare Benefits Info, North Western Illinois Area Agency on Aging, AARP, and the Secretary of State's Office. Vendors on site are Blessed 2B A Blessing, Catholic Charities, Family Services of Lake County, Family Chiropractic & Sports Rehab, Mark Drub Medical Supply, YWCA, LC Health Department, Healthcare Foundation of Northern Illinois, and many other exciting vendors. Political Panel with state and local representatives. Children activities including the Art Bus and People's Choice. Raffles and Giveaways! Complimentary Gift bags. Expo at Park Place.

## **Kidney Mobile - Monday, October 22nd - 10:00 am - 2:00 pm - Complimentary**

The Kidney Mobile team travels throughout the state, offering education and free preventive screenings for hypertension, diabetes, kidney disease and general wellness to Illinois' medically underserved communities. Tests include Urinalysis, Blood Pressure, Body Mass Index, Waist Circumference, Blood Glucose, Blood Draw, and Private Consultation.





Park Place workshops are funded in part from the healthcare Foundation of Northern Lake County grant.

**Please Join Us - September 25, 2018  
11:00am - 12:00pm**

The Healthcare Foundation of Northern Lake County will be at Park Place to hear from seniors. They want to know about issues seniors encounter in assessing health care. Refreshments and light food will be provided. Please RSVP at 847-244-9242 or email [cpwhite@waukegantownship.com](mailto:cpwhite@waukegantownship.com).

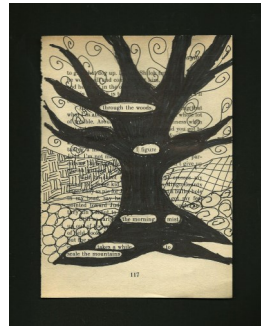


Image from Tres Teach

## Special Writers Circle Workshop! Found Poetry

**September 20th, 1:00 p.m.**

Are you interested in writing but feel stuck? Try your hand at found poetry! This fun, easy, form of poetry is created by taking words and phrases from a prewritten source and combining them into a poem. The session is complimentary, but please register in advance by calling 847-244-9242 or email [emallpable@waukegantownship.com](mailto:emallpable@waukegantownship.com).

## Enhancement Groups & Services

### Lollie Drew Low Vison

Meets the 2nd Tues of each month - 10AM

### Grupo De Apoyo En Espanol

Spanish speaking resource group

Meets the 2nd Fri of each month - 11AM

### Coping With Grief

Meets the 2nd Wed of each month - 10AM

### Readers Delight Book Club

Meets the 1st Mon of each month - 1PM

*\*No meeting in September.*

### Writer's Circle

Meets the 1st Thurs of each month - 1PM

### Red Hat Society

Meets the 3rd Thurs of each month - NOON

### Spotlight:

#### Grandparents & Other Relative Caregiver's

**Meets the 2nd Mon of each month - 5:30 PM - 7PM**

Trying to manage many roles can be overwhelming for caregivers. The Caregiver Group offers education, support, and hearing about techniques other caregivers have used.

## Technology Center

### Open Lab at the Tech Center

Park Place has six computers for use by those 55 and better during open hours when classes are not in session. Complimentary

**Trouble Shooting & More: Help Desk at the Tech Center!** Frustrations? Our skilled volunteers will be here each Monday from 1:30 p.m. - 3:00 p.m. to answer questions on your technology devices, programs, social media or applications. Drop by any time during open hours! This is a complimentary service.

The Park Place Memory Café meets every 2nd Wednesday 1:30 pm - 3:00 pm. Share your stories and socialize with others who have concerns about their memory or the memory of a loved one.

### Rosalind Franklin Community Care Connection Complimentary Health Screenings

Tues, Sept 4th, oct 2nd, & Nov 6th  
10:00 am - 1:00 pm.at Park Place

### AARP Safety Driving

Tues, Sept 11th & Wed, Sept 12th  
Tues, Oct 30th & Wed, Sept 31st  
10:00 am - 2:00 pm

### Scholl College of Podiatric Medicine

Park Place complimentary foot care  
Tues, Sept 4th & 25th / Oct 9th & 23rd  
1:00 pm - 3:00 pm by appointment

### Secretary of State - Rules of the Road

Reservations are required in advance for the "Rules of the Road." @ Park Place  
Wed, Sept 26 & Oct 24th  
10:00 am - 12:00 pm



## Park Place Bingo has a new Day and Time!

Every 2nd Thursday (Starting October 11th)  
Noon at Park Place.  
\*Food can be purchased  
11am - 3pm.

# Information you should know



The less you use your car, truck or SUV, the lower your gas and maintenance costs. Carpooling, ride-sharing and public transportation can save thousands. Think about selling your car and relying on other modes of transportation. If you need to own a vehicle, only replace it when it becomes too costly to keep. Then, consider buying a certified pre-owned vehicle that saves you thousands in initial depreciation, but still carries a warranty. If your employer allows it, work from home. Ask insurer if this lowers your auto premium.

By The Bureau of Labor Statistics

## Waukegan Township can help with your transportation needs!

### Expanding Dial A Ride For Disabled Residents (16+) & Seniors (60+)

Over 15 million people under age 55 with disabilities have difficulty getting the transportation they need. Supervisor Jones has conducted meetings to develop a plan to address these transportation needs. The collaboration resulted in the expansion of the transportation program called Dial A Ride. This program will provide a vital lifeline for people who are Seniors (60+) and disabled residents (16+) to access employment, education, healthcare, and community life. The collaboration included; Waukegan Township, Shields Township, and Pace Paratransit.

- ◆ The resident must live in Waukegan Township.
- ◆ You must register for the program at 847-244-9242.
- ◆ There is a small fee - One way \$3 & Transfers \$0.15.
- ◆ The bus operates M-F 6am to 6pm, except on major holidays.
- ◆ Reservations for rides can be made seven days in advance. Call (847) 599-2936 .

**Service area includes all of Waukegan & Shields Township and the following points:**

- ◆ Oak Street Health - Waukegan
- ◆ Erie Family Health Center - Waukegan
- ◆ The Greenleaf Medical Complex - Gurnee
- ◆ Highland Park Hospital
- ◆ Vista Hospital East - Waukegan
- ◆ Captain James A. Lovell VA Hospital
- ◆ College of Lake County - (Grayslake + Lake Shore Campus)
- ◆ Lake County Center for Independent Living - Mundelein
- ◆ Hawthorne Mall - Vernon Hills
- ◆ Wal-Mart Supercenter /Fountain Square - Waukegan
- ◆ West Lake Forest Train Station
- ◆ Sunset Foods - Lake Forest
- ◆ Search, Inc. - Waukegan
- ◆ Park Place - Waukegan



For more information call 847-244-9242 or email [lnava@waukegantownship.com](mailto:lnava@waukegantownship.com).



**New Exercise Class! Cardio Drumming**  
 Every Thursday from 11:00 am to 12:00 pm  
 Park Place - 414 S. Lewis Ave., Waukegan, IL  
 Cost: One Time Fee \$5.00!

Wear comfortable clothing. Cardio Drumming is a full body exercise but it's a lot of dancing and fun beating to the music. All participants must complete an exercise form at Park Place. **SIGN UP IN ADVANCE.**

# REMEMBER SEPTEMBER 25TH IS VOTER'S REGISTRATION DAY!



## Word Search



See how many of these newspaper related words you can find in the puzzle.  
The words can be forward, backward or diagonal.

Created by Sue Lindquist  
Grand Forks Herald 2012

- |             |                   |                |              |
|-------------|-------------------|----------------|--------------|
| 1. VOTING   | 5. PRESIDENT      | 9. DEMOCRACY   | 13. ADS      |
| 2. ELECTION | 6. LEADERS        | 10. CANDIDATES | 14. TV       |
| 3. POLLS    | 7. SENATOR        | 11. CAMPAIGNS  | 15. RADIO    |
| 4. BALLOT   | 8. REPRESENTATIVE | 12. SIGNS      | 16. POLITICS |

## SOMEONE YOU SHOULD KNOW



Frank Harris is from Rosedale, Mississippi. He has been married to his lovely wife, Kate for over 65 years and is the father of 3 children, 5 grandchildren all girls. Frank graduated from Waukegan Township High School in 1949. He worked for US Steele for eighteen years, Prudential Insurance Company for eighteen years, and was a Correctional Officer for the Lake County Sheriff Department for eight years. During his time as a correctional officer, he also spent twelve years as the Alderman of the 5th Ward for the City of Waukegan. Frank was a realtor for Mac Realty and Key Realty. He spent several years as the President of the NAACP, Waukegan Branch. His term as president for the NAACP included the time during the assassination of Dr. Martin Luther King Jr. During the Korean War, Frank was drafted and served for three years in the US Army. He has been a singer since he was seven years old and a member of Shiloh Baptist Church for sixty-five years. Frank is currently working on an autobiography of his life.

## Exercise & Fitness

Why pay expensive fitness center prices to stay healthy when you can use the Park Place Fitness Room? We have treadmills, elliptical machines, stationary bikes and weight equipment available for you.

**Please Note: Advance sign up for classes & a medical release form must be on file. Form must be renewed yearly.**

**Fitness Center Hours: Mon 9am - 7pm. / Tues, Wed, Thurs Fri 9am - 4:30pm**

Complimentary Exercise Room at Park Place. Take advantage of our Certified Exercise instructor and our exercise equipment. Train every Tuesday & Thursday 11:30am -1:30pm.

### MONDAY

\*SeniorSize - 9:15 a.m.  
\*SeniorSize - 10:15 a.m.  
  
\*Chicago Soul Dancing - 5:30 p.m. \$2

### TUESDAY

\*Walk Fit 9:00 a.m.  
  
\*Country Line Dancing 10:00a.m.

### WEDNESDAY

\*Advanced SeniorSize 9:15 a.m.  
  
\*Yoga/Meditation 10:15 a.m.

### THURSDAY

\*Advanced SeniorSize 9:15 a.m.  
  
\*SeniorSize -10:15 a.m.  
**Cardio Drumming 11:00 a.m. \$5**

### FRIDAY

\*Zumba 9:00 a.m.  
  
Floor Mat Exercises 10:00 a.m.



### SAVE THE DATE

Annual 5K Run/Walk For Seniors!

September 22, 2018  
Waukegan Sports Park  
Waukegan, IL



**Trustees:** Percy Johnson, Nathaniel Hewitt,  
Opal Rice, and Sylvestre Castellanos  
**Clerk** - Rose Staben,  
**Assessor** - Mark Stricklin,  
**Highway Commissioner** - Arthur Craigen

**Park Place Senior Citizens Services  
Committee:**

Chair: Larry Eaker  
Vice Chair: Gloria Carr  
Members: Pat Barker, Scott Grubnau, Katie  
Strawder, Jeanette Keyes, & Sandra Eaker

**Park Place Hours**

**Monday** 9:00 AM - 7:00 PM  
**Tuesday** 9:00 AM - 4:30 PM  
**Wednesday** 9:00 AM - 4:30 PM  
**Thursday** 9:00 AM - 4:30 PM  
**Friday** 9:00 AM - 4:30 PM  
**\*Saturday** Open only for rentals  
**Sunday** Closed

**PARK PLACE**

414 S. Lewis Ave.  
Waukegan, IL 60085

Phone: 847-244-9242

Fax: 847-244-9258

[www.waukegantownship.com](http://www.waukegantownship.com)

**PRESORT STANDARD**

**US POSTAGE PAID**

**PALATINE P & DC**

**PERMIT NO. 418**



**Superhero 5K Run/Walk &  
1 Mile Kids Fun Run**

Waukegan Sports Park,  
3391 W Beach Rd, Waukegan, IL  
**September 22, 2018**



**ACKNOWLEDGEMENTS & CONDOLENCES - OUR THOUGHTS ARE WITH THE FAMILIES & FRIENDS.**

**We Remember Seniors  
who've passed away**

**June 11, 2018 - July 31, 2018**

Debra K. Kiaupa 6/13/2018  
Henry Gesky 6/30/2018  
Leonard W. Huber 7/3/2018  
Lillian Lorraine Starkman 7/9/2018  
Bill Grogan 8/4/2018

**Bradley Funeral Home**

Alicia Padilla 7/19/2018

**Bradshaw and Range Funeral Home**

Owen L. Bulls Sr. 6/15/2018  
Rodney Clinkscales Sr. 6/15/2018  
Kendall Anthony 6/18/2018  
Charles Hardy 6/26/2018  
Frank Dennison 6/29/2018  
Raymond Rayburn Mayfield 6/30/2018  
Sharon Davis 7/5/2018  
Susie Fisher 7/5/2018  
Beula Ethel Lucas 7/20/2018  
Michael E. Charles, Sr. 7/22/2018  
Leon C. Williams 7/23/2018  
Idesther Brown 8/1/2018

Michael Bell 8/2/2018

**Congdon & Company Funeral Home**

Sharon A. Paglusch 7/17/2018  
Ana Ison 7/27/2018  
Russell H. LeBeau 8/2/2018  
Carole A. Ruiz 8/5/2018  
Charles E. Bareika 8/5/2018

**Marsh Funeral Home**

Antolin Meno Paulino 6/22/2018  
Doris Fallos 7/8/2018  
Rose Jones 7/8/2018  
Johnny B. Thompson 7/18/2018  
Richard A. Zahn 7/21/2018  
Betty Lou Herberger 7/23/2018  
Nick A. Lauritsen 7/27/2018  
Arlene R. Maze

**Peterson & Patch Funeral Home**

Sam Serdar 7/14/2018  
James Oliver Trick 7/19/2018  
Patrick Cisneroz Jr. 7/20/2018

**Ringa Funeral Home**

Darlene Hoffman 7/21/2018

**Salata Gurnee**

John C. Zickus 6/18/2018  
Robert M. Susman 6/30/2018  
Van Cybulski 7/13/2018  
Thomas Grampovcnik 7/30/2018  
Mary McManaman 8/3/2018

**The Memorial Chapel of Waukegan**

Isaias Guerra 6/16/2018  
Ana Maria Melendez 7/2/2018  
Ramon Hernandez 7/6/2018  
Porfirio L. Lopez 7/30/2018  
Miguelina Rodriguez 7/31/2018

**Warren Funeral Home**

Terence A. Tucker 6/25/2018  
Helen Gladue 7/14/2018  
Joseph Edward Reinhard 8/2/2018

**Westgate Funeral Home**

Martha Rush 6/12/2018  
Philip Ridgeway 7/29/2018

**Coping With Grief Group**

Meets every 2nd Wednesday a month  
10am - 11am at Park Place